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P.O. Box 31391, Volume II Chicago, IL 60631

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**Issue 13** April 3, 2009

### OUR NEW ONLINE EDITION WILL BE AVAILABLE BY APRIL 15TH

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OUR ONLINE EDITION WILL JOIN OUR VILLAGE AND STREET LEVEL NEWSPAPERS AS YOUR LOCAL, GRASSROOTS, FAMILY-FRIENDLY, NEIGHBORHOOD COMMUNICATORS. WE INVITE YOU TO SHARE YOUR THOUGHTS, SUBMIT YOUR EVENTS AND HAPPENINGS OF INTEREST, AS WELL AS STORIES FROM YOUR CHICAGOLAND COMMUNITIES.

PICK UP THE NEXT EDITION OF THIS PAPER FOR CONTACT INFORMATION. THANK YOU,

THE EDITOR

# **\$PEND LOCALLY AND \$AVE!**

It is possible to pinch pennies and still have a good time! One easy way to trim budget bulge is to dine, shop, and play in our own neighborhood. A visit to your favorite local boutique, bowling alley, movie theater, and restaurant saves gas money and is more affordable than a trek to a downtown counterpart. Best of all, spending locally is a vote of confidence and an investment in the future health of our neighborhoods.



# ATTEND A FREE ESTATE **PLANNING SEMINAR**

by noted speaker and author

**CHESTER M. PRZYBYLO** 

at one of these five convenient Northside locations. Seating is Limited. Reserve your place now through our 24 hour hotline 1-800-638-7878

#### **5 NORTHSIDE LOCATIONS**

Chicago

Tuesday, April 28 7:00 p.m. Stardust Banquets 5688 North Milwaukee Ave. Use Bank Parking South of Hall (Refreshments)

Wednesday, April 29 2:00 p.m. Hampton Inn and Suites 5201 Old Orchard Road (Refreshments)

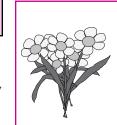
Skokie



# Happy Laster and Passover

from the staff of

# VILLAGE PUBLICATIONS



Street Cleaning **Begins on April 1st** Watch for signs in your neighborhood.



# **President Bill Clinton to Keynote** Illinois Holocaust Museum & **Education Center Public Grand Opening, Weekend April 17-19**

Illinois Holocaust Museum & Education Center leadership today announced that President Bill Clinton will be the featured speaker at the institution's highly anticipated Public Grand Opening on Sunday, April 19, 2009 in Skokie, Illinois. President Clinton will join Illinois Governor Pat Quinn, foreign dignitaries, Holocaust survivors and several thousand members of the general public as the new museum officially opens its doors for the first time.

Likely the last international institution of its type to be built with the active participation of Holocaust survivors, the Illinois Holocaust Museum will be the largest institution in the Midwest dedicated to preserving the memories of those lost in the Holocaust and to teaching current generations to fight hatred, indifference and genocide in today's world.

The Illinois Holocaust Museum & Education Center is a project of the Holocaust Memorial Foundation of Illinois. Founded by Holocaust survivors nearly 30 years ago, the organization is dedicated to teaching about the Holocaust and the dangers of unchallenged hate. The organization has taught school and community groups through a small storefront museum and speakers' bureau since 1981. To learn more, visit www.ilholocaustmuseum.org.

Niles Thursday, April 30 10:00 a.m. Howard Leisure Center 6676 West Howard Street (Continental Breakfast)

**River Grove/Chicago Des Plaines** Thursday, April 30 Saturday, May 2 2:00 p.m. 10:00 a.m. Hanging Gardens Banquets Comfort Inn O'Hare 8301 West Belmont Avenue 2175 East Touhy Avenue **River Grove, Illinois** (Continental Breakfast) (Refreshments)

All Attendees become eligible to be awarded a FREE copy of the Estate Planning Book "Your Life, Your Legacy" By Chester M. Przybylo

SEATING IS LIMITED. Call our 24 Hour Reservation hotline at 1-800-63-TRUST (1-800-638-7878) To reserve your place and attend our seminar!

#### CHESTER M. PRZYBYLO COUNSELOR AND ATTORNEY AT LAW

5339 N. MILWAUKEE AVE., CHICAGO, ILLINOIS OTHER OFFICE LOCATIONS

## **Evanston Arboretum Egg Hunt, April 11**

Celebrate the arrival of spring with a family egg hunt. The Evanston Ecology Center, 2024 McCormick Blvd., hosts its annual Arboretum Egg Hunt on Saturday, April 11. Choose from four "hunt" times: 10 a.m., 11:30 a.m., 1 p.m. or 2:30 p.m. Children search for eggs in the Ladd Arboretum and then exchange them for small prizes. A special area is reserved for children age 11/2 to 4

years. Bring a basket or a bag to hold the eggs. Activities follow the egg hunt. The cost is \$4.50/person with pre-registration required. Please call 847-448-8256.

# FREE PROGRAM APRIL 22nd WORKS THROUGH THE MAZE OF INFORMATION ON GLOBAL WARMING

On Earth Day, Evanston residents will have a unique opportunity to learn more about the facts surrounding global warming from Peter Fotos, director of government relations for the Chicago-based Heartland Institute. The program will take place at 7 p.m. on Wednesday, April 22, at the Evanston Public Library, 1703 Orrington Avenue.

"Given the numerous and contradictory reports about climate change, it is hard to separate fact from fiction," said Stephanie Hitt, Evanston resident and coordinator of the event. "Our speaker will examine and discuss the current research on climate change, identify and clarify the terminology used by scientists and help evaluate what is verifiable and what is political."

Mr. Fotos recently transferred to Chicago after serving for more than eight years on Capitol Hill in Washington, D.C., in legislative capacities for several U.S. senators and members of congress. His organization, the Heartland Institute, is a Chicago-based think tank that promotes public policy based on limited government, free markets and individual liberty.

Mr. Fotos' presentation is sponsored by the Republican Club of Evanston and is the second in a three-part lecture series held this spring at the Evanston Public Library. On Thursday, May 14, the club will present its final spring lecture with Dr. Eric Wallace, publisher and editor-in-chief of Freedom's Journal magazine. Dr. Wallace, who is past chairman of the African-American Republican Council of Illinois and is co-chairman of the Cook County Republican Party, will discuss minority participation in politics.

Persons interested in these events may contact the Republican Club of Evanston at 847 491-9190 or by email at republicanclubofevanston@gmail.com.

# **Check Child Car Seats April 21**

Oakton Community College, 1600 E. Golf Road, Des Plaines, hosts a free child car seat check, 4 - 6 p.m., Tuesday, April 21, to celebrate "The Week of the Young Child."

Inspections will be conducted in Parking Lot C by certified officers of Oakton's Public Safety and the Des Plaines Police Department. According to the National Highway Traffic Safety Administration, more than 80 percent of infant car seats are installed incorrectly.

The Week of the Young Child, April 19–25, is sponsored annually by the National Association for the Education of Young Children, to spotlight the needs of young children and their families and to recognize early childhood programs and services that meet those needs.

For more information about the inspection, contact Joan Nebel at 847-635-1883 or jnebel@oakton.edu.

# STREET LEVEL

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### **Skokie Announces Important Collection of Grass Clippings Discontinued for 2009 Season**

At the March 16, 2009 Village Board meeting, the Village Board authorized discontinuing collection of grass clippings for the 2009 season. The policy change was approved to provide both cost savings and environmental benefits to the community. This year, Skokie residents are asked to just let grass clippings lay on the lawn after mowing. Residents who wish to bag their grass clippings will need to contact a private landscaper for disposal.

Brush collection, and limited collection of other yard debris, begins on Wednesday, April 15, 2009 and continues each Wednesday on a call-in basis through October 14, 2009. Other yard debris includes bush trimmings, thatch from raking (in spring only) and old flower or vegetable plants. Leaves remaining from fall 2008 also will be collected in spring only. The fall leaf collection program remains in effect.

Public Works will establish an automated phone request system for brush and yard debris collection. Beginning in April, residents can call 847/933-3333 by noon on Monday of each week to request collection of brush and/or other yard debris for the coming Wednesday. Beginning in April, residents also will be able to request collection on www.skokie.org, also by Monday at noon for collection the coming Wednesday. Residents who do not request collection will not receive service.

Residents who request brush collection are asked to bundle the brush with rope, string or twine. Branches must not exceed 5 feet in length and 3 inches in diameter. Residents must make arrangements with a private landscaper or tree service for collection of brush, branches or logs larger than 5 feet in length or 3 inches in diameter, and also for dirt and sod.

The Village has strong anti-dumping ordinances, and violators will be ticketed. Also, garbage and recycling containers that contain grass clippings, ranches or other yard debris will not be collected as state law prohibits landfilling these materials.

In 2008, an average 11.71% of homeowners utilized weekly yard waste collection service. The annual financial savings of eliminating weekly grass pick up by Public Works crews is approximately \$90,000.

Skokie is the first municipality in metro Chicago to adopt this green concept. The extra fuel consumption and the diesel emissions from the refuse trucks commuting each Wednesday to collect the yard waste not only pollutes the air, but also is a waste of fuel, equipment and manpower. The May edition of NewSkokie will include information about rebate programs for residents who purchase battery or "people-powered" lawn mowers. The rebates and discounts included in the programs are offered by private firms.

For more information, please contact Max Slankard of the Public Works Department at 847/933-8271 or www.skokie.org.

#### Evanston Yard Waste Season Begins, April 6 The City's weekly yard waste pickup begins on Monday, April 6 and con-

The City's weekly yard waste pickup begins on Monday, April 6 and continues on regular refuse/recycling collection days through Thursday, December 3, 2009. To comply with state laws, yard waste must be collected separately from the rest of household waste. Residents are required to use any these three options to dispose of yard waste: (1) fill 30-gallon Kraft paper bags, which are available in packs a local stores; plastic bags will not be collected; (2) compost and mulch to recycle the Earth's nutrients or (3) fill a City of Evanston 95-gallon yard waste cart, which are available for purchase.

To order a cart, complete the form on the City's Web site: www.cityofevanston.org/departments/publicworks/streets and return it with your payment to the City Collector.

# We Can Save Your Business Money

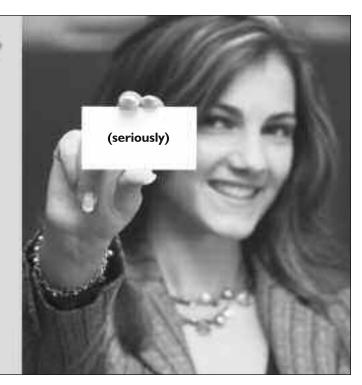
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# KICKS Against Breast Cancer Comes To Soldier Field

Soldier Field, 1410 S. Museum Campus Dr., will play host on Sunday, April 26, 2009 to the inaugural Soldier Field KICKS Against Breast Cancer collegiate soccer invitational showcasing the best in women's soccer. Athletes from seven regional universities including University of Illinois, Northwestern University, Northern Illinois University, Notre Dame, University of Wisconsin (Madison), Marquette University, and DePaul University will participate in the unique event to raise awareness and funds for breast cancer research and treatment.

The intercollegiate play will begin at 8:30 a.m. and continue throughout the day. Admission price is \$10/person (general admission seating) and includes access to the Soldier Field Fan Zone, which gives fans of all ages the opportunity to interact with coaches, players, sponsors, and spokespersons. A "Soccer Moms" clinic will also be held at 11 a.m. and 3 p.m. to teach the basics of soccer and provide inside tips to parents, aspiring coaches and players.

For further information on the event, including schedule, sponsorship and volunteer opportunities, Soccer Mom Clinic Registration, donations, and ticket purchases, please contact Emily Brown at 312-235-7148 or at ebrown@soldierfield.net. For more information on KICKS Against Breast Cancer, please email KICKS Founder, Louise Waxler at louise.waxler@kicksagainstbreastcancer.org.

### Evanston Pays Tribute to Mother Earth

Celebrate Earth Day and Arbor Day together starting at 1 p.m. Saturday, April 25, at the Evanston Ecology Center, 2024 McCormick Blvd. and the nearby Ladd Arboretum. This free, family-friendly afternoon includes nature crafts and games, music, organic food and information stations to help guide residents to reduce their environmental footprint. Back by popular demand is the "Stump the Arborist" game, featuring Evanston's arborist, Mark Younger. Bring your tree-related questions and see if you can stump the pro. For more information, call 847-448-8256.

# Village of Skokie Blood Drive

The Village of Skokie Health Department will host a blood drive on Wednesday, April 8, 2009 from 2 to 7:30 p.m. This program is provided by LifeSource Blood Services, and is held at Village Hall, 5127 Oakton Street, Skokie. Registration is not required for this event.

Individuals are eligible to donate blood if they:

- Weigh at least 110 pounds;
- Are in good physical health;

Are at least 17 years old (there is no upper age limit); and

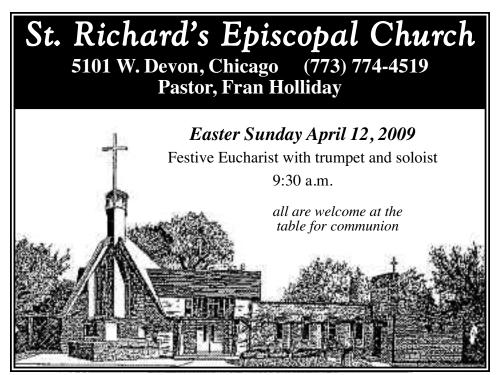
Have not given blood in the past eight weeks (56 days).

Please note that other limitations may apply on an individual basis. A pre-screening interview is conducted at the drive. For more information, please contact the Skokie Health Department at 847/933-8252.

# Evanstons Spring Break Is Time for Fun, April 6-10

Whether it's sports or the arts that captures a child's imagination, there is always something fun to do at the many Spring Break Camps held during District #65's week off, April 6-10. Full-day and half-day camps are offered for students aged 4 to 14. New this year is a drop-in evening Basketball Skills Camp for middle school students at Fleetwood-Jourdain Center. For more details about any of the camps, call 847-866-2900 or see the spring "Arts + Recreation" magazine online at www.cityofevanston.org.







# Jo-Anne Hirshfield Memorial Poetry Awards in Evanston

The 31st Annual Evanston Public Library Jo-Anne Hirshfield Memorial Poetry Awards will be given out on Sunday, April 19 at 2:00 p.m. in the Library's Community Meeting Room. The ceremony will feature the winning poems and a poetry reading by this year's competition judge, Janet Wong. Her books have received numerous awards and honors, such as the International Reading Association's "Celebrate Literacy Award" for exemplary service in the promotion of literacy and the prestigious Stone Center Recognition of Merit, given by the Claremont Graduate School. Join us for an afternoon of poetry.



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# GREAT OUTDOORS

### Soldier Field Invites Boating and Fishing Enthusiasts to Get Hooked on a New Annual Event: the Boat & Tackle Market

Soldier Field, 1410 S. Museum Campus Dr., hosts the annual Boat and Tackle Market, Saturday, May 9 from 9 a.m. – 3 p.m. in the South Festival Lot. Boating and fishing enthusiasts are invited to buy, sell or check out new and used equipment.

Admission is \$5 for ages 12 and up, free for children 11 and under. Free parking is available in the Waldron parking deck. Call 312-235-7243 for more information or visit www.soldierfield.net.

All kinds of vendors, companies and organizations will showcase great deals and offerings for boating and fishing. Everything from fishing boats, canoes, boat accessories as well as new and used fishing tackle will be sold.

Games and activities for all ages will also be featured throughout the day, such as a fishing contest, climbing wall and remote-control boat regattas. A picnic area, food and beverage for purchase and music add to the festival atmosphere.

There is still availability for individuals, companies, and marinas wishing to rent display space. Booth and display fees begin at \$25 for a 10x10 display area. For more information or to purchase a booth, call 312-235-7243 or email bstein@soldierfield.net.

### **<u>Urban Wildlife Coalition</u> Planting to Attract Wildlife**

Plan your summer garden now to attract wildlife to your backyard. The next issue of Our Village will include humane and natural tips for those who wish to keep animals out of their gardens.

Lose the lawn (or at least part of it). Most animals (with the exception of Canada geese and a few others) prefer a more natural landscape, weeds and all. In addition to welcoming urban wildlife neighbors, you save time on landscaping!

Avoid chemical pesticides and herbicides.

Plant berry- or seed-bearing bushes and shrubs.

Include a small pond or bird bath.

Create habitats and hiding places around the perimeter of your yard, such as hedges, rock and brush piles.

Plant hummingbird-friendly flowers (columbine, jewelweed, native phlox, honeysuckle, and others). Place the flowers near a tree so the birds can easily hide from predators.

Encourage butterfly visits with plants like milkweed, aster, purple coneflower, blazing star, black-eyed Susan, joe-pye weed, and ironweed. Some of these plants also attract other animals, such as deer and rabbits.

Outdoor cats pose a serious threat to urban wildlife – encourage neighbors to keep cats indoors if possible, or entice them away from your backyard wildlife sanctuary.

Urban Wildlife Coalition is a community-based organization founded to help preserve our treasured urban wildlife. Special thanks to Michael Repkin, co-founder of Urban Habitat Chicago for sharing his expertise on landscaping to attract or deter animals. For more information about urban animals and tips for living in harmony with them, visit

www.urbanwildlifecoalition.org. Questions? Call 773-545-8136 or e-mail urbanwildlifecoalition@gmail.com.

Legends of the Lake

by Tracy Seglin

March 20 was World Water Day... who knew? This year the commemoration focused on "transboundary" waters or waters that cross borders – waters like our own Great Lakes.

Here in Chicago, clean drinking water seems more an entitlement than a gift – we don't give it much thought. We should.

The Great Lakes make up one-fifth of the world's fresh surface water. Each year, less



than one percent of this water re-cycles as clean water. Prompted by fear that millions of gallons of water could potentially be diverted and sold to other regions or countries, a concerted effort began to keep Great Lakes' water in the Great Lakes region.

It took a decade of tough negotiation, but last year, Minnesota, Wisconsin, Illinois, Indiana, Michigan, Ohio, New York, and Pennsylvania agreed to the Great Lakes-St. Lawrence River Basin Water Resources Compact, and it was signed by President George Bush in October. The Compact is a legal agreement that prohibits most major diversions of water from the Great Lakes basin and requires improved management, conservation, and quality standards. The Compact has been heralded as a major success, a model for freshwater protection and regional collaboration.

But some say it does not go far enough -- it still allows for diversion of water sold in containers smaller than 5.7 gallons (e.g. bottled water), and luckily for Chicago, it permits what has been coined "the mother of all diversions," our nearly 2.1 billion-gallon-per-day drain. Remember when we reversed the flow of the Chicago River? That's a tall drink of water!

Others, like residents of New Berlin, Wisconsin, say the compact goes too far. They can see Lake Michigan from atop their hills, but 70% of New Berliners live on the wrong side of the watershed, technically outside of the Great Lakes boundaries. Their groundwater is partially contaminated by radium, and they are only allowed to tap into lake water if they treat it and give it back.

Most everyone can agree that the Compact is an important step in the right direction. With a global population explosion and limited clean water supply, every day has to be Water Day. From Lake Michigan to Las Vegas, from policy makers to shower takers, we all need to focus more attention on protecting and conserving water.

### **National Wildlife Federation** Why Garden For Wildlife?

Whether you are hiking, camping or enjoying a sporting event, spring is the perfect time of year to get outside and enjoy nature. When it's time for your next outdoor adventure, make sure you're prepared with National Wildlife Federation's handy survival pack!

This useful kit includes NWF's stainless steel bottle and multi-purpose tool. The durable stainless steel bottle holds 16.9 ounces and has a removable safety loop closure. Its compact design lets it easily fit in most cup-holders, bike racks and backpacks. And NWF's multi-purpose tool includes all the gadgets you'll ever need on-the-go — including scissors, a knife, pliers and more. It's incredibly handy yet small enough to carry on a key chain or in your pocket. For a limited time, you are eligible to receive BOTH the stainless steel bottle and handy multi-purpose tool FREE with your gift of \$30 or more! Respond by April 2 to take advantage of this special offer\*.

# **Chicago's #1 Car Washes**

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\* Please allow 4-6 weeks for delivery. Supplies are limited, substitutions may apply.

Contact us at info@nwf.org | 1-800-822-9919 | National Wildlife Federation, 11100 Wildlife Center Drive, Reston VA, 20190.

National Wildlife Federation Adapted from materials provided by USDA/Agricultural Research Service. Contact us at info@nwf.org, 1-800-822-9919, National Wildlife Federation, 11100 Wildlife Center Drive, Reston VA, 20190. © 2008 National Wildlife Federation. All rights reserved.

#### Skokie Theatre Music Foundation 847-677-7761 7924 N. Lincoln Ave. Skokie, IL60077 www.skokietheatre.com

Plenty of free parking! Group Rate Available Ticket prices do not include service fees Buy tickets online at www.skokietheatre.org

#### FOR KIDS - Summer Youth Program

Summer Youth Program Tickets are \$4 in advance and \$5 at the door. Niles Township residents only \$2 unless otherwise listed.

April 4, 11 Cirque Da Uno All Shows at 2pm Tickets are \$15 for adults, \$10 for kids 16 and under. Magic, juggling, unicycle, balancing, puppetry, ventriloquism, audience participation, physical comedy....all by one guy!!! Jeffery the Great brings his talents, as well as his great sense, of humor to the Skokie Theatre in a world premiere. A show that is sure to amaze and amuse the whole family!!

#### **POP/JAZZ/FOLK**

April 4, at 8pm and April 5, at 2pm This One's For You - The Songs of Barry Manilow starring 3Girls3. Tickets are \$25 in advance and \$30 at the door.

April 5, at 7:30pm MUSIC OF THE WORLD starring Eddy Patay Tickets are \$20 in advance and \$25 at the door.

April 8, at 1:30pm Tribute to Nat King Cole starring Marcus Gentry Tickets are \$10 in advance and \$15 at the door. Seniors and Niles Township residents \$10 advance and door.

April 15, at 1:30pm Dean Martin Songbook starring Peter Oprisko Tickets are \$10 in advance and \$15 at the door. Seniors and Niles Township residents \$10 advance and door.

April 17, at 8pmChuck Salvo Tickets are \$20 in advance and\$25 at the door.

April 18, at 8pm West End Jazz Band Tickets are \$20 in advance and \$25 at the door.

April 19, at 2pm & 7:00pm Kate The Great: The Music and Times of Kate Smith Tickets are \$20 in advance and \$25 at the door.

April 22, at 1:30pm The chairman and his board starring Peter Oprisko - The Music of Sinatra and friends Tickets are \$10 in advance and \$15 at the door. Seniors and Niles Township residents \$10 in advance and at the door.

April 24, at 8pm "COLE PORTER MADE ME GAY - AGAIN" starring John Van Keulen Tickets are \$20 in advance, \$25 at the door.

April 25, at 8pm Charlene Brooks presents: Side By Side by "Gersheim" Performing original arrangements from George Gershwin and Stephen Sondheim. Think of the fun, the beauty, the drama, as the versatile consummate singer and story teller, Charlene Brooks creates an evening of humor and beautiful music by blending the talents of two of America's most brilliant song writers. Tickets are \$20 in advance and \$25 at the door.

### **SKOKIE ART GUILD**

#### **CALL FOR ARTISTS:**

Skokie Art Guild's 48th Annual Art Fair. July 11/12, 2009. Fine Art. Prizes and Awards. \$150.00 Booth Fee. 75 Exhibitors. Held on the beautiful Village Green, downtown Skokie, IL., 5211 W. Oakton. APPLY NOW! Contact: skokieart@aol.com Tel. 847-677-8163

### Bike the Drive Festival Lineup Announced

What: The eighth annual Bike the Drive's post-ride festival will bring the bicycle utopia from Lake Shore Drive to Grant Park May 24, 2009. After participants breeze along eight lanes and 15 miles of a car-free Lake Shore Drive, they will have the chance to convene for post-ride family-friendly revelry.

Chicago's own Funkadesi will headline the festival, treating the audience to reggae, Latin and African music with some soul and funk added to the mix. Opening for Funkadesi is an all-you-can-eat pancake breakfast from Goose Island. Tickets for the festival (included with event registration) are available at www.bikethedrive.org.

When: 5:30-9:45 a.m. May 24, 2009

Where: A car-free Lake Shore Drive. Participants are required to start in downtown Chicago at Columbus and Jackson in Grant Park.

Why: Bike the Drive benefits the non-profit Active Transportation Alliance (formerly the Chicagoland Bicycle Federation) and its mission to improve biking, walking and transit in Chicagoland. Bike the Drive is grateful to Bank of America for their support of this fundraiser.

Register: Sign up by Apr. 4 and save \$2. Sign up online at www.bikethedrive.org.

### **Call for Artists for Evanston Festivals**

The City of Evanston is seeking artists for its two summer arts festivals, the Ethnic Arts Festival, July 18-19, and the Lakeshore Arts Festival, Aug. 1-2. Set against the scenic backdrop of Evanston's lakefront, both festivals are held in Dawes Park, Church St. and Sheridan Road.

The Ethnic Arts Festival is a juried festival open to all ethnic, folk and fine artists whose work expresses the heritage of a national, regional, tribal or language group. Exhibitor fees are \$240 and the nonrefundable jury fee is \$35. The deadline for submitting applications is Monday, April 6.

Always held the first weekend in August, the Lakeshore Arts Festival continues to earn its reputation as one of the North Shore's premiere fine arts summer festivals. Also a juried event, it is open to all fine visual artists and crafters. Exhibitor fees are \$310 and the nonrefundable jury fee is \$35. Applications for the Lakeshore Arts Festival must be received by Friday, March 6.

Artist applications for both festivals are now available online at www.cityofevanston.org/arts. For more details, call 847-448-8260. The Ethnic Arts Festival and Lakeshore Arts Festival are produced by the City of Evanston's Cultural Arts Division and are partially supported by a grant from the Illinois Arts Council, a state agency.

April 26, at 2pm Randy Sabien & Mike Dowling Tickets are \$20 in advance and \$25 at the door.

April 29, at 1:30pm Come to the Cabaret Tickets are \$10 in advance and \$15 at the door. Seniors and Niles Township residents \$10 advance and door.

April 30, at 8pm The Andreas Kapsalis Trio Tickets are \$15 in advance and \$20 at the door.

#### STAGE

April 11, at 8pm and April 12, at 2pm and 7pm AND THEN THEY CAME FOR ME...

Remembering the world of Anne Frank by James Still Tickets are \$20 in advance and \$25 at the door.



DISCOUNT CIGARETTES All kinds of pipes Hookah Cell Phone Accessories 4019 Oakton St. Skokie, IL 60076 847-674-4160 cell 773-699-7247

# **Evanston Public Library**

#### 1703 Orrington Ave. 847-448-8610

#### The April Family Film "Bolt" (96 minutes, 2008 Rated PG)

Bolt is a spoiled German Shepherd who is the star of his own action TV show and is living the good life. One day he is accidentally abandoned in his trailer but he truly believes he still has the superpowers from his show. Along the way, he meets some friends who are trying to find their homes and they help him discover his true self. Join us in the Barbara Friedberg Room in the Children's Room at the Evanston Public Library, 1703 Orrington Avenue at 2:00PM on Saturday, April 4 and 2:00PM on Sunday, April 5.

**The African American Literature Book Discussion Group** will be discussing Shimmy Shimmy Like My Sister Kate: Looking at the Harlem Renaissance through poems, edited by Nikki Giovanni. This is a remarkable collection of poetry from the Harlem Renaissance and beyond. The discussion will be held in the Community Meeting Room at 7:00PM Wednesday, April 8 at the Main Library located at 1703 Orrington Avenue. Register and pick up copies of the book at the 2nd floor Reader's Services desk, or call 847-8620.

**Evanston Public Library offers a basic drop-in Internet class.** The session is designed for people who have used the Internet before, are comfortable with the basics of using a mouse and keyboard, and wish to have practice time on the Internet. Use this time to set-up an Email account or review Internet class exercises. An instructor will be present to answer questions and provide assistance, but no formal instruction will be given. If you are not comfortable with the basics of the Internet, please sign up for our Introduction to the Internet class first. No registration necessary. Drop in for Internet instruction on Wednesday, April 8 at 6:00PM in the computer lab on the third floor of the Main Library.

**Monday Movies at the Evanston Public Library** will feature Under the Bombs (2008, 98 min., France/Lebanon/UK) on Monday, April 13 at 7:00PM in the Community Meeting Room at the Main Library. During a cease-fire in the Lebanon-Israel conflict of 2006, a Christian taxi driver brings an untraditional Shiite woman from Beirut to the heart of the conflict in the country's south. While they scour the rubble of local towns for her son, they discover that despite their very different backgrounds they have much in common. And during their trip through the desolate countryside, the two travelers develop a deep bond as a response to the death striking all around them. The film was shot entirely on location during the summer of 2006, in the middle of the ruins of war-torn Lebanon.

**Reeltime Film Series** continues on Wednesday, April 15, 7:30 pm in the Community Meeting Room at Evanston Public Library. Billy the Kid, by Jennifer Venditti (2007, 85 min.) will be the feature. Remember those adolescent years--all the confusion and naivete? Fifteen-yearold Billy is the focus of this sensitive coming-of-age film that follows him confronting life in a small town, his first love, and his own demons. This is a humorous and intimate portrait--one that has you hoping for a Billy the Adult sequel.

ceived numerous awards and honors, such as the International Reading Association's "Celebrate Literacy Award" for exemplary service in the promotion of literacy, and the prestigious Stone Center Recognition of Merit, given by the Claremont Graduate School. Join us for an afternoon of poetry.

Tax forms are available at the library. Look for the tax form rack in the lobby of the Main Library. If you don't find the forms you need, just go to the third floor and use one of the Reference Workstations to find and print them.

#### **Friday Films**

Friday, April 10, 3 pm, Community Meeting Room, Main Library Easter Parade (1948, 103 min, unrated)

The music and lyrics of Irving Berlin excel in this diverting film. Songs such as "Steppin' Out with My Baby" and the incredible Fred Astaire dance number "Drum Crazy" frame a story of the main characters' (Astaire and Judy Garland) rise to stardom. Ann Miller co-stars.

Monday, April 13, 7 pm, Community Meeting Room, Main Library Under the Bombs (2008, 98 min., France/Lebanon/UK) During a cease-fire in the Lebanon-Israel conflict of 2006, a Christian taxi driver brings an untraditional Shiite woman from Beirut to the heart of the conflict in the country's south. While they scour the rubble of local towns for her son, they discover that despite their very different backgrounds they have much in common. And during their trip through the desolate countryside, the two travelers develop a deep bond as a response to the death striking all around them. The film was shot entirely on location during the summer of 2006, in the middle of the ruins of war-torn Lebanon.

# Friday, April 17, 3 pm, Community Meeting Room, Main Library Apollo 13 (1995, 140 min, rated PG)

It seemed to be a perfect mission--another trip to the moon for three of NASA's finest astronauts. But when Apollo 13 pilot Jim Lovell (Tom Hanks) uttered the simple, heart-stopping words, "Houston, we've got a problem," across the vastness of space, Mission Control and the rest of the world learned that something had gone horribly wrong.

#### **April Family Films**

Little Despereaux the mouse is born tiny, wheezy and with comically oversized ears and is very different from his family. His love for a princess leads him on adventures which involve him with an unhappy rat who schemes to leave the darkness of his dungeon and a bumbling servant girl with cauliflower ears in this beautifully crafted animated film. (2008) Families are invited to share this adventure in the Barbara Friedberg Storytelling Room at the Main Evanston Public Library at 2:00PM on Saturday, April 18.

#### Evanston Public Library will be closed Sunday, April 12.

The Main Evanston Public Library, located at 1703 Orrington Avenue, and South Branch Library, located at 949 Chicago Avenue, will open at 10:30AM on Friday, April 17. North Branch is regularly closed on Fridays.

**Take advantage of Financial Literacy for College** on Saturday April 18th, 2:00PM in the Community Meeting Room at Evanston Public Library.

The Illinois Student Assistance Commission offers this workshop on the financial resources available for anyone wishing to pursue a college education. Knowing the importance of understanding the full cost of college, grants vs. loans, alternatives to private loans and what FAFSA and FERPA involve are among some of the highlights of this presentation. Given the current economic climate, this program will provide you with the knowledge to make wise decisions concerning financing your higher education.

**The Thirty-first Annual Evanston Public Library Jo-Anne Hirshfield Memorial Poetry Awards** will be presented in the Evanston Public Library Community Meeting Room on Sunday, April 19 at 2:00 p.m. The ceremony will feature the winning poems and a poetry reading by this year's competition judge, Janet Wong. Janet and her books have re-

# Have Diabetes? On Medicare?



# **Remember That Animals Must be Restrained in Public**

Once warmer weather begins, pet owners are anxious to enjoy Evanston's public areas and parks with their pets. However, this month, the Evanston Parks/Forestry and Recreation Department has received increased reports of dog bites; people and other dogs have been injured.

Please remember that City ordinance requires dogs and cats to be on leash while in public playgrounds and in public parks. In addition, even if animals are on leash, dogs and cats are not allowed on school property or upon a path or sidewalk extending through or within any school premises. They also are not allowed on public bathing beaches at any time. The ordinance does not apply to service animals, such as dogs leading blind persons.

Any person violating the provisions of City Ordinance Title 9, Chapter 4, which addresses restraint of animals, shall be fined not less than ten dollars (\$10.00) nor more than five hundred dollars (\$500.00) for each offense, and a separate offense shall be deemed committed upon each and every day such violation continues.

The City operates a dog beach and dog park (Pooch Park). An annual pass is required for admission to these facilities. More information on the City ordinance, dog beach and dog park is available at www.cityofevanston.org or by calling 847-866-2900.

# **Bark in the Park 15**



A 5k/3.2 mile walk (with or without your dog) to raise funds and awareness for The Anti-Cruelty Society, Chicago's comprehensive, open-door humane society.

When: Saturday, May 2nd, 9:00 am to 12 noon Where: Montrose Harbor (exit 4400 north Lake Shore Drive, Chicago, head east to the Lake and look for the tents).

Who: Approximately 3,300 animal lovers-most with their dogs!

Activities: Include canine obstacle and agility courses, demonstrations, exhibits, and free product samples from our small business sponsors, family fun in the Arts & Education tent -- plus free snacks, souvenir photos, 50/50 raffle, contests with prizes awarded, and much more!

Cost: \$25 adults, \$20 children in advance (\$30 & \$25 day of event) Register now or sign up for the Corporate Team Challenge by visiting www.barkinthepark.org or email khanson@anticruelty.org.

### **Lincolnwood Social Club (55+) Chicago History Museum Trip**

Discover Chicago's transformation from a smelly swamp to a thriving metropolis touring highlights of our permanent exhibition, Chicago: Crossroads of America. Experience the city's greatest triumphs and trials. Immerse yourself in the sights and sounds of the past as you climb aboard 'L' Car No. 1. Feel history come alive as you explore innovations in fashion, entertainment, and architecture. Discover how the city changed with each crisis-from the Great Chicago Fire of 1871 to the riots of 1968. Celebrate the city's love affair with its sports teams.

Tuesday, April 21, 11:15am Bus Departs

Location: Chicago History Museum, 1061 N. Clark St., Chicago, IL Fee: \$55 Members, \$69 Non-Members Registration is required, for

more information contact the Lincolnwood Parks & Recreation Office at (847) 677-9740.

### **Pet Owner's Etiquette**

The Village of Skokie would like to remind all pet owners to be sure to clean up after their animals and deposit any animal waste in the appropriate refuse receptacles. If a person is caught not properly cleaning up after their dog, the Village can issue a citation in the amount of \$50 for the first offense. Repeated offenses could result in fines ranging from \$100 for the second offense and upwards of \$750 for multiple offenses. Proper disposal of animal waste will not only assist the Village in keeping alleyways and sewer inlets clean, but also will reduce rodent infestation and potential street flooding.

Good pet-owner etiquette not only helps neighborly relations, it also can benefit the pets. For more information on pet owner's etiquette and being a good pet owner, please contact the Skokie Health Department's Animal Control Division at 847/933-8484.

## Hand Made Prints, Exhibit **Continues at Noyes Gallery**

Printmaker Julian Cox, director of One Horse Press, is curator of the exhibit, Hand Made Prints, which features a wide variety of prints from across the United States and Canada. It will be on display on both floors at the Noyes Gallery through April 30.

The Noyes Gallery, at 927 Noyes St., is open Monday through Saturday, from 10 a.m. to 7 p.m. and Sunday, from 10 a.m. to 6 p.m.; admission is free.



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# Trustee: an Honor and a Responsibility



Chester M. Przybylo

You are named as Successor Trustee in your parent's, sibling's, or other loved one's Trust. This is an honor and a responsibility. Of course, it is an honor because they have chosen you to carry out the wishes closest to their heart. It is a responsibility because the actions you make can have serious legal and tax consequences.

As Successor Trustee, when the initial Trustee (usually the "grantor" or owner of the Trust) dies, you become Trustee. As Trustee, it is your responsibility to administer the Trust. In other words, you must gather all the assets, manage them, and distribute them ac-

cording to its terms. In doing so, you have many decisions to make. When will you make distributions to subtrusts or beneficiaries? Are any estate taxes owed? Are any income taxes owed by the Trust grantor or the Trust itself? If the Trust directs you to create subtrusts, which assets should you put in which subtrust? What valuation date do you use, the date the grantor died or the date you are funding the subtrust? These choices could have income and estate tax consequences for the beneficiaries of the Trust for years to come.

Answers to some of these questions may seem deceptively simple. For example, how should you invest the assets? Depending on the terms of the trust and state law, you may have different duties. Let's say you simply leave the assets the way they were invested before the initial Trustee died. This may not be prudent, especially in a down market, and you may be held responsible for losses the Trust and its beneficiaries suffer as a result.

The answer to each of these questions varies depending upon the unique circumstances of your case and state and federal law. While it is typically easier and less expensive to administer a Trust than to administer a probate estate under a Will, you need professional advice to complete the Trust administration process. Consulting a qualified estate planning attorney helps prevent errors in Trust administration--errors which would have cost the Trust and its beneficiaries in increased taxes and forgone opportunities.

Take a couple weeks to grieve. But, then act quickly. There are deadlines for tax and other filings and the clock is ticking.

Chester M. Przybylo has been elected to the Board of Governors of the prestigious American Academy of Estate Planning Attorneys and has been engaged in the practice of law for the last 40 years.

# For Information About Our Upcoming Seminars, Please Refer to Our Ad on Page 1 of This Issue.

## Liberty Bank for Savings Hosts Trip to Chicago Financial Institutions

The public is invited to join Liberty Bank for Savings for a trip to downtown Chicago to visit the Chicago Mercantile Exchange Visitors Center and the Federal Reserve Bank. The day-trip will take place on Wednesday, Apr. 15. Call 773-489-4458 for departure locations and times.

After witnessing Chicago business' impact up close and personal and rubbing elbows with the corporate elite, guests will then enjoy a meal at Manny's Cafeteria and Delicatessen. Space is limited. The cost is \$57 per person. Advanced payments and reservations are required.

Liberty Bank for Savings has been providing safe and secure banking service since 1898. The community bank, with offices on the northwest side of Chicago, in Park Ridge and Lincolnwood, celebrated its 110th anniversary in 2008. To make a reservation for an event or for more information on times, cost or location, call Susan Andrews at 773-489-4458 or visit www.libertybank.com.

## Skokie Observes National Public Health Week

In conjunction with National Public Health Week, April 6 through April 12, 2009, the Skokie Health Department is offering Cholesterol, Lipid Profile and Body Composition Analysis screenings at 50 percent off the regular fee. To be eligible for the reduced fee, appointments must be made prior to the end of National Public Health Week.

**Cholesterol screening** fee is reduced from \$5 to \$2.50 Available: Monday, April 6 from 9 a.m. to 1 p.m., Wednesday, April 8 from 5 to 8 p.m., Thursday, April 9 from1 to 4 p.m.

**Lipid Profile** testing fee is reduced from \$12 to \$6

By appointment only from 9 a.m. to noon, Monday, April 6, Thursday, April 9

**Body Composition Analysis** fee is reduced from \$4 to \$2 by appointment only on: Monday, April 6 from 2 to 4:30 p.m., Wednesday, April 8 from 5 to 8 p.m., Thursday, April 9 from 9 a.m. to noon.

For more information or to schedule an appointment, contact the Skokie Health Department at 847/933-8252.

### April 9 Lecture: Chicago 2016's Legacy on Parks, Transportation, and Local Sports

Chicago could land the 2016 Olympics. Beyond paying for the games, some advocates are curious about the Games' legacy on transportation, park space and local sports. Barcelona, for example, used the 1992 Olympics as a springboard to launch a world-class transportation system and draw attention to its parks, open space, and neighborhoods.

A panel discussion April 9 will include a presentation from Chicago's 2016 Committee on this vision, followed by responses from Chicagoland park, transportation, and sports advocates on possible outcomes of a Chicago Olympics and strategies on how our region can best use the boon of the international games. The lecture is free and open to the public.

What: Creative Living in the City Lecture: Chicago's 2016 Legacy When: 12:15 to 1:15 p.m. April 9, 2009

Where: Claudia Cassidy Theater, Chicago Cultural Center, 78 E. Washington Blvd., Chicago

Who: Active Transportation Alliance, Friends of the Parks, Chicago 2016 Committee.

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# "A Theatre Review"

#### "A Perfect Wedding" Circle Theatre 7300 West Madison Avenue Forest Park, Illinois

Reviewed by Richard Allen Eisenhardt

Circle Theatre in Forest Park under the first rate leadership of Kevin Bellie and Bob Knuth gives its audiences a wide variety of theatre from musicals, dramas, comedies, reviews as well as shows for young audiences. Knuth and Bellie do a first rate job of selecting their shows. After "A Perfect Wedding" they have on their agenda the "Who's Tommy" to be followed by Tennessee Williams "Cat on a Hot Tim Roof" and then it will be the "Pajama Game."

While I had problems with their current show, "A Perfect Wedding," I must give Charles Mee's play an E for effort as well as Circle's production.

Joanie Schultz is the show's director and she has a huge cast of 20 actors for the show and it is staged in the small studio theatre.

Some of the actors in this production are Toni Lynice Fountain, Darci Nalepa, Stephanie Sullivan, Kelli Walker, Blake Williams, D'Wayne Taylor and Ramon Madrid.

Mee's story deals with love, romance and marriage and how it can all fall apart in the woods on an early summer as the show takes place in a cottage and then the forest when they believe the groom has gotten lost. In the second act of the two and a half hour show the two gay wedding planners decide to get married which causes everyone' faith in the institution of marriage to be restored.

The story is told in dialog, song and dance and it is amazing how Schultz makes the cast fit comfortable on the stage.

"A Perfect Wedding" runs until May 3. Performances are 8:00 p.m. on Friday and Saturday and 3:00 p.m. on Sunday. Tickets are \$20-\$24. There is a \$2 discount for seniors and students. For reservations call 708-771-0700.

#### Skokie Theatre Offers Free Tickets to Men and Women in the Armed Forces, Veterans and Families

Tickets will be distributed through organizations like the Cook County Veterans Assistance Commission, VA hospitals and veterans groups in the Chicagoland area. We welcome your help in directing us to any related organization you feel would benefit from this program. We want to offer tickets for our weekday programming and selected weekend shows. Please check our website www.skokietheatre.org to learn more about our shows.

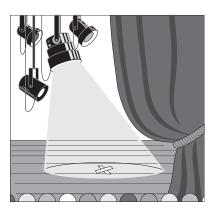
A donation in any amount will help us make this program a reality. Please direct your donations to: Skokie Theatre Music Foundation, 7924 N Lincoln, Skokie, IL. 60077

# The Aisle Seat

by Richard Allen Eisenhardt

The early bird comes early and it is a good thing that theatres make patrons aware of what they can see in the 2009-1020 theatre season.

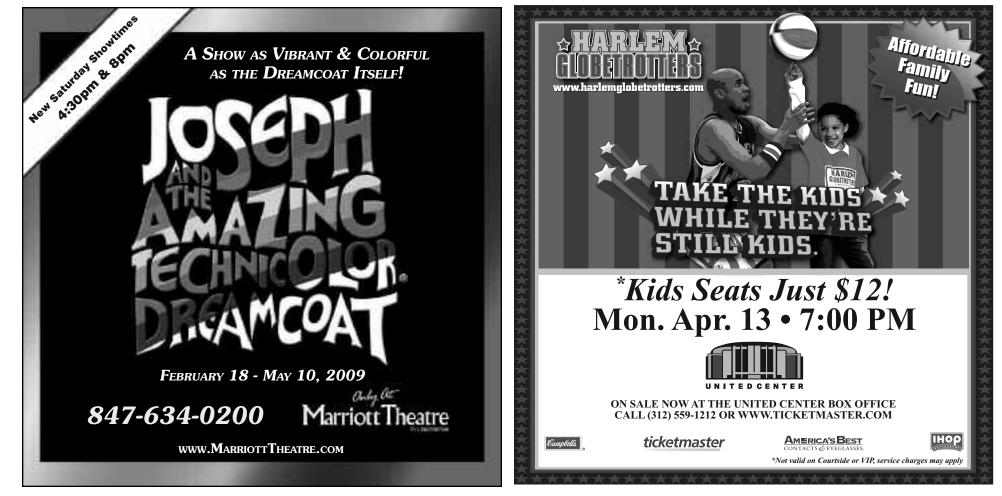
Northlight theatre in Skokie has a blockbuster season lined up with two Tony winning Chicagoans and one Tony nominee and a veteran actor who is Mike Nussbaum.



Opening their season from September 17 through October 25 is "The Marvelous Wonderetes" a musical revue featuring the songs of the girl singers of the 1950's and 1960's, followed by "Souvenir" based on New York socialite Florence Foster Jenkins, followed by "Awake and Sing: that will star Chicago actress and Tony winner Rondi Weed and stage veteran Nussbaum and it will be directed by Tony Nominee and Chicago actress Amy Morton and "A Life" featuring John Mahoney with one more to be announced.

Remy Bumpo Theatre will open their season on October 14 with "Heroes" by Gerald Sibleyras and translated by Tom Stoppard that features David Darlow, Mike Nussbaum and Roderick Pepples. It will run through November 29. Following will be Anthol Fugard's "The Island" opening January 27 and closing on March 7, and closing out their season will be Les Laison's "Dangereuses" by Christopher Hampton and directed by David Darlow and featuring one of Chicago's most promising young actors Greg Matthew Anderson with veterans Annabel Armour, Linda Gillum and Nick Sandys.

Goodman theatre has an interesting season and will open with George S. Kaufman and Morrie Ryskind musical "Animal Crackers" with music and lyrics by Bert Kalmar and Harry Ruby and based on the Marx Brothers musical after which Brian Dennehy will return in January after the holiday show "A Christmas Carol" closes, in two one act plays O'Neill's "Hughie" and Beckett's "Krapp Last Tape." In March it will be Rebecca Gilman's world premier of "A True History of the Johnstown Flood" and Harry Godinez will direct "The Sins of Sor Juana' with one more show to be directed by Chick Smith to be selected. The studio will offer "Joan D'Arc," Allan Gross "High Holidays' and The Long Red Road" to be directed by Phillip Seymour Hoffman.



## **Best Friends/Companion Pets**

## **Evanston Dog Beach Opens May 1**

Evanston's dog beach, located north of the Church Street boat launch facility, opens for the 2009 season on Friday, May 1, and will remain open through Oct. 31. Hours are 7 a.m. to 8 p.m. daily. All dogs using the beach must have a pass. The fee for a 2009 dog beach pass is \$50 per dog owned by an Evanston resident and \$100 per dog owned by a nonresident. Applications for dog beach passes as well as dog beach rules and regulations are available at the Civic Center, 2100 Ridge Ave., or on the City's Web site at www.cityofevanston.org. Before obtaining a dog beach pass, owners must show written proof that their dogs are current on their vaccinations and have been examined within the past year for any communicable diseases. In addition, dogs must be currently licensed in Evanston or the city where the dog lives. For more information, call 847-866-2900.

## **Easter Poodle**

By Bosley

Ok, I have a bone to pick with these humans of ours. Why do us dogs have no howliday? Why do the Bunnies, Chicks, and Lambs get to be mascots for a howliday? Aren't we man's best friend? If so, why do they not have us as mascots for a howliday? I have attempted to get the word out about my good friend Santa Paws, but there are still the unbelievers. Plus, he is only one pooch; the rest of us deserve some time in the limelight to be celebrated!

The Easter Howliday will soon be here and we dogs are again neglected. The Easter Bunny deliveries a goodie

basket to all the small humans, who do they think lets him in? Without us dogs our humans would miss out on a lot. Instead the Bunny is celebrated for being soft, fuzzy, and cute. Well so AM I!! Plus, we are smarter, more fun, and don't just visit for one day! But, are we celebrated, no! I believer we are taken for granted. We should have a National Howliday where we are celebrated. There is a National Pet Week in March, but why should we share with other pets? I know that I am being a little selfish (but that isn't often), but I am thinking of all CanineKind! We deserve to mascot a day where all Canines are loved, admired, played with, and adored. (Yes, this should happy daily, but we deserve a day to be special). We can call it The Canine Day of Independence or maybe Pooch Party day! At any rate, since our silly humans have yet to come up with an idea, we must. We have to come up with some plan to get out special day! So, everypup please chew on this idea for awhile and see what we come up with!

Until then, don't let that Bunny in this year!! Well only if he has some goodies for you too!

Submitted by Bosley's mom, Nicole Carfora, CMG, owner of Canine Corral.



Peter S. Sakas DVM, MS

One of the most important responsibilities of pet ownership is to recognize when your animal is sick. Most people can tell when dogs and cats are ill, but sickness in birds is not easily recognized. One of the greatest frustrations that face avian veterinarians is that by the time a pet bird owner brings a sick bird into the veterinarian the disease condition is usually well-advanced, making treatment difficult, if it can be treated at all.

The failure to recognize illness in birds is not due to the negligence of the bird owners but rather the unfamiliarity with the subtle signs of early disease, which when addressed promptly result in effective treatment of the condition. Anyone can tell that a bird on the bottom of the cage, with ruffled feathers and partially closed eyes is indeed very ill.

Birds hide their illnesses very well as it is part of their natural defenses. A bird that is obviously sick in the wild will be subject to predator attack or harassed by other birds. Therefore, a bird that has been sick and ruffled all day may perk up when someone walks into the room thus appearing normal in an effort to mask their illness. When birds are no longer to effectively conceal their illnesses, they are usually seriously ill.

Many people believe that birds are frail creatures and the slightest draft could prove fatal. Birds are actually very hardy animals and tolerate conditions as well as any other animal. Unfortunately, the bird that "suddenly got sick and died" had probably been sick for some time; the disease changes unrecognized, so that even the healthiest bird would eventually succumb.

Outlined below are some basic signs to evaluate in the assessment of a bird's condition. The secret of success is to develop a feel for what is "normal" for your bird. After you are familiar with normal activity, attitude, appetite, etc., changes from the norm may serve to indicate early signs of disease.

#### **General Appearance**

Feathers - A healthy bird should be bright-eyed, alert and have clean, nicely preened, sleek feathers held closely to the body. Sick birds will usually ruffle (puff up) their feathers for extended periods of time. When a bird ruffles it is chilled and its ruffled feathers trap a layer of warm air around the bird. The bird will also close its eyes in a sleepy fashion. Birds that huddle on the bottom of the cage and are extremely ruffled are critically ill.

Dirty tattered feathers may indicate lack of preening due to illness, mechanical damage due to poor housing, or "emotional upset." Staining of the feathers above the nares (nostrils) indicates rhinitis (nasal discharge). Pasting of head feathers is usually seen with vomiting. The feathers around the vent should be clean. If droppings are stuck to the vent it could indicate an intestinal tract infection or abdominal enlargement.

Posture - The bird should maintain an erect position on the perch, weight evenly distributed on the feet, wing tips crossing over the back and the tail feathers maintaining a straight line with the back. Sick birds will sit with either one or both wings drooped and its tail directed downward. A bird that has their tail directed downward may have a res-





piratory tract disturbance or abdominal discomfort (infection or enlargement). Tail bobbing/flicking also can occur.

Unsteadiness on the perch, wobbliness or low posture on the perch are signs of abnormality. Birds with severe respiratory or abdominal disease may maintain a horizontal position on the perch. Restlessness, shifting of body weight or favoring of one leg may indicate pain or dysfunction due to disease or injury. In budgerigars paralysis or weakness in one leg may be due to kidney tumors.

Attitude - Changes in a bird's attitude may indicate a problem. A decreased activity level, the bird that is no longer playful, talking less or not singing may be indications of early disease. Personality changes may also provide early clues, such as the aggressive bird, that you could never handle easily, suddenly becoming passive or the normally friendly bird that becomes aggressive/irritable and wants to remain alone.

#### Continued next issue

Niles Animal Hospital & Bird Medical Center. 7278 N. Milwaukee Ave. Niles

## Lincolnwood Social Club (55+) Movie & Lunch, now showing "The Notebook"

An epic love story centered around an older man who reads aloud to an older, invalid woman whom he regularly visits. From a faded notebook, the old man's words bring to life the story about a couple who is separated by World War II, and is then passionately reunited, seven years later, after they have taken different paths. Though her memory has faded, his words give her the chance to relive her turbulent youth and the unforgettable love they shared. Individual sized pizza with a side salad will be served to those who register for the lunch.

Tuesday, April 7, 2009, 11:30am – Lunch Noon – Movie
Location: Lincolnwood Community Center, 6900 N. Lincoln Ave.,
Lincolnwood, IL \$10 Club Member \* Movie & Lunch / \$4 Movie Only

\$13 Non-Members \* Movie & Lunch / \$6 Movie Only Registration is required, for more information contact the Lincol-

nwood Parks & Recreation Office at (847) 677-9740.

# Mix N' Mingle

Come to our monthly gathering and catch up with all your friends! This will be a cozy atmosphere and just a time to relax and socialize. Coffee and refreshments will be served.

Friday, April 17, 2009 11:00am - 12:30pm

Location: Lincolnwood Community Center, 6900 N. Lincoln Ave., Lincolnwood, IL \$2 Club Member, \$3 Non-Members Pagistration is required, for more information contact the Lincolnwood

Registration is required, for more information contact the Lincolnwood Parks & Recreation Office at (847) 677-9740.

# **Monthly Lunch Bunch**

This month's lunch bunch is going to be a late lunch, or an early dinner, it is a Fundraising Benefit Night for our club. 25% of what the group spends on dinner, the restaurant will donate back to our organization. Make sure to go out and support our group! Not only will this help our organization, but the food is great too! All those who attend will be responsible for transportation to and from the restaurant. Each member will also be responsible for paying for their own lunch.

Wednesday, April 29, 5:00pm

Location: Graziano's, 5960 W. Touhy Ave., Niles, IL

Fee: FREE – Lunch & Transportation are on your own

Registration is required, for more information contact the Lincolnwood Parks & Recreation Office at (847) 677-9740.

# **Blue Man Group Trip**

Blue Man Group is a creative organization dedicated to creating exciting and innovative work in a wide variety of media. Blue Man Group is best known for their wildly popular theatrical shows and concerts which combine music, comedy and multimedia theatrics to produce a totally unique form of entertainment. The blissful party atmosphere created at their live events has become the trademark of a Blue Man Group experience.

Date:Wednesday, May 6, 2009, 11:00am Bus Departs

Location: Briar Street Theatre, 3133 N. Halsted, Chicago, IL

\$65 Members, \$80 Non-Members

Registration is required, for more information contact the Lincolnwood Parks & Recreation Office at (847) 677-9740.

# **Village Cooking Corner**

#### Ham, Turkey or Chicken Timbale

2 tablespoons butter

1 cup ground cooked ham (may substitute

turkey or chicken)

2/3 cup milk

pepper 1/4 cup stale bread crumbs

1 tablespoon parsley flakes

2 eggs

Melt butter, add crumbs, milk, meat, parsley and eggs. Season. Turn into buttered baking dish. Bake 20 minutes, or until firm, at 350 degrees.

Recipe: "From the Kitchens of Nantucket"

#### Lamb with Green Beans (Arni Me Fasolakia)

3 lbs. lamb shoulder - boned 1 large onion, grated

2-3 medium tomatoes, chopped

3 Tablespoons cooking oil

1 1/2 lbs. green beans, pinch off stems and cut in half

Salt and pepper to taste

1 cup water

Trim excess fat from boned lamb and cut into 2" cubes. Saute onions with oil in large saucepan, then add the meat and saute until brown. Add remaining ingredients, except for green beans. Cover and simmer together for about 45 minutes or until meat is almost tender. Add the green beans and continue to cook together occasionally stirring gently. Cook until both meat and beans are tender.

Note: Excellent substitutes for green beans are okra, artichokes, zucchini, eggplant or peas.

Recipe: "The Greek Flavor"

# Tour de France Expert Gives Inside Scoop on Racing, Training and More

Tour de France commentator and racing expert Robbie Ventura will share his behind-the-scenes racing stories 7-9 p.m. April 16 at his Trek Store at 1925 Skokie Valley in Highland Park. Active Transportation Alliance members get in free, and non-members can join at the door for only \$25.

A VIP pre-event training session from 6-7 p.m. is a chance to members to spend time with the pro and his cycling advice. VIP tickets are available for \$25 at http://activetrans.org/trekstore/vip

Party-goers will enjoy light snacks and drinks and can bid on coveted

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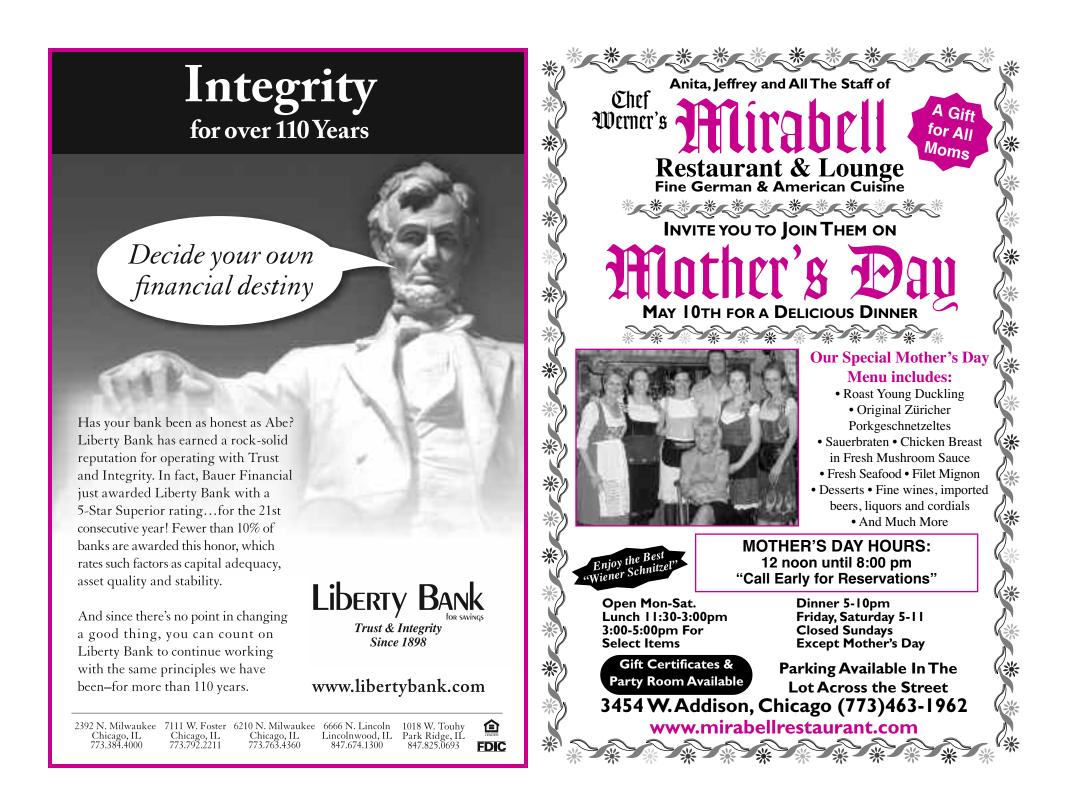
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goodies. And don't overlook the merchandise – Members get discounts on store products at the event. When: 7-9 p.m. April 16; \$25 VIP pre-event 6-7 p.m. Where: Trek Store 1925 Skokie Valley in Highland Park Cost: Free to Active Trans members!

RSVP: http://www.activetrans.org/trekstore/rsvp Cost: Free to Active Trans members, \$25 for non-members.

The Active Transportation Alliance is a non-profit, member-based advocacy organization that works to make bicycling, walking and public transit so safe, convenient and fun that we will achieve a significant shift from environmentally harmful, sedentary travel to clean, active travel. The organization builds a movement around active transportation, encourages physical activity, increases safety and builds a world-class transportation network. Formerly the Chicagoland Bicycle Federation, the Active Transportation Alliance is North America's largest transportation advocacy organization, supported by more than 6,000 members, 1,000 volunteers and 35 full-time staff. For more information on the Active Transportation Alliance, visit www.activetrans.org or call 312.427.3325.



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 Assist you daily with your personal care and grooming.



A Caring Concept, Inc.

Homemaker - Companions • Nurse's Aides Private Duty Aides • Live In & Hourly Services

DENNIS LEMKE LAURA HARTLEY 3601 W Devon Ave., Suite 300 Chicago, Illinois 60659

773-539-6600 • Fax 773-539-1028 Visit our web site at www.acaringconcept.com

- Assist you with ambulation and other activities of daily living.
- + Prepare meals
- Do light housekeeping
- Accompany you away from home.





### WE PROVIDE

Homemaker/companions certified nurses aides, private duty aides.

### MOST IMPORTANT

We place caregivers who share our concern for the comfort, well being, and happiness of those we serve

#### MEMBER OF:

Lincolnwood Chamber of Commerce Edgebrook Sauganash Chamber of Commerce Skokie Chamber of Commerce



### WE'RE AVAILABLE

Short or long-term basis by hour or day, day/night/7 days a week at an affordable rate.

# Agency is Licensed, Bonded and Insured.

No Contract Required.