

OUR VILLAGE



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Volume XVII

www.OurVillageChicago.com

P.O. Box 31391, Chicago, IL 60631

Issue 3 March 20, 2013





from the staff of

VILLAGE PUBLICATIONS

Holocaust Remembrance Day (Yom HaShoah)

begins in the evening of Sunday, April 7, 2013 and ends in the evening of Monday, April 8, 2013

ORTHODOX LENT BEGAN MARCH 18TH

CELEBRATE NATIONAL ARBOR DAY, APRIL 26th (See page 11 for more information)



NORWOOD PARK SENIOR CENTER MEMBERS MAKE DONATION TO NEW HOPE COMMUNITY FOOD PANTRY



Nell Thijssen, a member of Norwood Park Senior Center, 5801 N. Natoma Ave. in Chicago, presents a check and cash totaling \$75 as a special St. Valentine's Day donation from its members to New Hope Community Food Pantry volunteer Mike McGowan. The donation, collected at the senior center, will help the non-profit emergency agency at 7115 W. Hood in Chicago, to purchase food at seven cents per pound from the Greater Chicago Food Depository to meet the needs of about 200 people per week. The food pantry also receives support from local churches, businesses, schools, elected officials, and scout troops. New Hope has been serving impoverished residents for the past eight years, primarily in the Edgebrook, Edison Park, Gladstone Park, Jefferson Park, Norwood Park, and Oriole Park neighborhoods of Chicago. A three-to-four day supply of food items are distributed every Tuesday to needy families once a month.

March 23 Earth Hour Observation

The Village of Skokie encourages the community to participate in the 2013 Earth Hour, sponsored by the World Wildlife Fund. From 8:30 to 9:30 p.m. on Saturday, March 23, people around the world will turn their lights off for one hour – Earth Hour. The goal is for one billion people, in more than 1000 cities, to join together in a global effort to show that it's possible to take action on global warming.

The event aims to demonstrate in participating cities the connection between energy usage and climate change, proving the broader community can make positive changes through simple actions.

If using candles as a lighting alternative, please keep candles in proper containers away from children and pets and never leave lit candles unattended.

The Earth Hour mission is to show that, together, small actions can make a difference to global warming. Find out more about global warming and the Earth Hour initiative by visiting www.earthhour.org.

THE IMMACULATE CONCEPTION 8TH GRADE RUMMAGE SALE

Saturday March 23rd 9:00 a.m.–3:00 p.m. School Cafeteria



Donations will be greatly appreciated. Books, Holiday decorations, gently used clothing, toys, household items, furniture, tools, etc.

Drop off at the School Cafeteria: Thursday, March 21: 3:00 p.m.-7:00 p.m.; Friday, March 22: 8:00 a. m.-7:00 p.m.

Proceeds will go to the 8th grade activities and gift to the Church and School.

For Information Contact the Parish Center @ 773/775-3833

Our Lady of the Resurrection Medical Center Offers April Health Programs

Our Lady of the Resurrection Medical Center, 5645 W. Addison St., Chicago, will offer the following health events in April.

The Arthritis Support Group will meet Thursday, March 28, from 1 p.m. to 2:30 p.m., in the seventh floor Centennial Conference Center. These free sessions aim to provide mutual support and education. Registration is not required.

Free **foot screenings** will be offered Tuesday, April 2, from 10 a.m. to 1 p.m. Podiatrist Eymard Silva, D.P.M., will perform the foot screening and will advise on foot treatments. No prescriptions or treatments will be given at the screening. Participants should wear easy to remove shoes and socks. Advance registration is required by calling 877-737-INFO (4636).

The Diabetes Support Group will meet Tuesday, April 2, from 6:30 p.m. to 8 p.m. The free support group aims to provide mutual support and education. For more information, call 773-794-8329.

Diabetes screenings will be administered Friday, April 5, from 8 a.m. to 9:30 a.m. No fasting is required for this blood draw that will test for HbA1C, glycohemoglobin. The screening is for anyone who wants to know personal blood sugar average during the past two-to-three months. Test results will be mailed. Advance registration is required by calling 877-737-INFO (4636). There is a \$10 fee payable at the screening.

Free cataract and glaucoma screenings will be offered Monday, April 8, from 9 a.m. to noon. Ophthalmologist Kathleen Scarpulla, M.D., and staff will perform eye examinations for cataracts and glaucoma. Do not wear contact lenses but bring eyeglasses. Advance registration is required by calling 877-737-INFO (4636).

Free **hearing screenings** will be administered Wednesday, April 10, from 9 a.m. to noon. Audiologists Steven Wolinsky, Au.D., and Marie Vetter, Au.D., will perform screenings in a soundproof booth in the second floor Audiology Department. Advance registration is required by calling 877-737-INFO (4636).

A free **Healthy Aging Program** will be held Friday, April 12, from 1 p.m. to 2:30 p.m. This program for individuals aged 55 and older consists of social time, health topics and guest lectures. Chasity Mayes, Presence Life Connections, will discuss the Lifeline medical response program. Registration is not required.

Free **blood pressure screenings** will be offered Friday, April 12, from 9 a.m. to 10 a.m., in the hospital's main lobby. A health care professional will perform screenings and answer questions about blood pressure readings. Registration is

The **Arthritis Support Group** will meet Thursday, April 25, from 1 p.m. to 2:30 p.m., in the seventh floor Centennial Conference Center. These free sessions aim to provide mutual support and education. Registration is not required.

A free presentation entitled 'Be Balanced' will be given Tuesday, April 30, from 2 p.m. to 3 p.m. A balance disorder makes an individual feel unsteady or dizzy, and can be caused by certain health conditions or medications. Lauren Berndt, P.T., will present an overview of balance disorders, including those related to inner ear problems, and treatment options. Refreshments will be served. Advance registration is required by calling 877-737-INFO (4636).

Free parking is available in the hospital's parking facility on Addison Street.

KIWANIS CLUB OF RAVENSWOOD

The Kiwanis Club of Ravenswood meets every 2nd & 4th Thursday (with some exceptions) at the Hilltop Restaurant, NW corner of California & Foster Avenues, Chicago. Plenty of FREE PARKING is available in the lot west of the restaurant, on the north side.

UPCOMING MEETINGS – MARK YOUR CALENDARS!

March meetings are on the 14th and 28th. Our guest speaker on March 28 will be Major Darlene Harvey from The Salvation Army Ray & Joan Kroc Corps. March 20 – First Day of Spring! "Flowers say the first "hello" to Spring!

March 31 – Happy Easter! April dates are: April 1 – April Fools' Day April 11 – Board Meeting April 25 – Club Meeting featuring our own Herb Miller as guest speaker.

April 26 – Doug & Rose Gordon's Wedding Anniversary

SERVICE PROJECTS UPDATE: Paper and plastic shopping bags for the Mount Sinai Hospital Resale Shop - Many thanks to Dr. Douglas Gordon, Herb Miller and Dr. Anton Rittling for bringing a very generous supply for this project. Some aluminum pull tabs were donated by a member of the Austrian Mixed Chorus. These will be delivered to the Ronald McDonald House. Thanks, Kiwanians, and keep up the good work!

Dr. Ronald Heiderman, DDS, at 773-561-0455.

Jefferson Park Neighborhood **Association Meeting**

The JPNA, Jefferson Park Neighborhood Association, will hold its next meeting on Wed. March 27, at 7:00 p.m. at the lower level of the Jefferson Park Congregational Church, 5320 W. Giddings. The guest speaker will be Illinois State Representative Robert

F. Martwick of the 19th District of the House. He is on 7 legislative committees including Police and Fire, transportation and public safety, trade and commerce, economic development, public safety, and business and occupational licensing. After he tell of current issues in the House, there will be a question and answer period. All meetings are open to the pubic and free with light refreshments. Food cans donations can always be left at the Church on meeting nights. For more information call 773-282-3879 or jpna@earthlink.net.

Make a Connection: "Connecting Communities to Illinois Business Opportunities"

You are invited to join us at a community workshop Make a Connection: "Connecting Communities to Illinois Business Opportunities."

The goal of this workshop is to promote the economic development of small businesses. You will learn about: contracting with State, certifications, prompt vendor payment, loans, grants, and gain access to one-one guidance.

More workshops will be scheduled at different venues throughout the year. Presentations will be given by the Bureau of Strategic Sourcing (BOSS), Business Enterprise Program (BEP), Vendor Payment Program (VPP), Department of Commerce and Economic Opportunity (DCEO) and Procurement Technical Assistance Centers (PTAC).

Monday, March 25, 2013 at 8:30 AM - 1:00 PM

Riis Park, 6100 W. Fullerton

For more information call: 773-647-1644.

Save the Date! The Skokie Fire Department Citizens Fire Academy New Schedule for 2013

The Skokie Fire Department invites you to attend the 2013 session of the Citizens Fire Academy. The program takes place on Tuesdays April 2 through June 11, 2013 from 6:30 to 9:30 p.m. at Skokie Fire Station 17, 8157 Central Park Avenue in Skokie.

You must be eighteen (18) years of age or older to participate and live or work in the Village of Skokie. This program is offered free of charge.

Some of the topics covered include Fire Department History, fire prevention/education, CPR, fire tactics, emergency medical services, specialty teams, fire suppression and much more.

Applications for academy are available online at www.skokie.org or at the Fire Department Headquarters, 7424 Niles Center Road and are due by March 16, 2013. Space is limited. For more information, please contact the Fire Prevention Bureau at 847/982-5344.

Spring Fitness Classes Hit the Lincolnwood Community Center

Get fit with the Parks and Recreation Department this spring! New class sessions of Tai Chi, Zumba, R.I.P.P.E.D, and Bill's Boot Camp will have you toning up and dropping pounds in no time!

Relax after work or late morning with Tai Chi. Tai Chi consists of fluid, gentle movements that are slow tempo. It improves strength, flexibility, balance, well-being and overall fitness. This form of exercise is especially ideal to free up stiff joints and muscles. Spring classes are offered on Wednesdays at 11:00 A.M. and 6:30 P.M. from March 27 through May 15. Not sure if Tai Chi is right for you? Join us Wednesday March 20, 2013 for a free demonstration class from 11:00 to 11:30am or 6:30 to 7:00 P.M. Pre-registration is preferred.

Have you tried Zumba yet? Zumba Gold is a beginner class for those just starting out on their fitness journey or the older active adult. Zumba Gold offers modified moves with zesty Latin music in a fun, easy to follow dance-fitness format. Classes will be offered on Tuesday mornings from 10:00 to 10:45 A.M. from March 19 through May 21. Traditional Zumba classes will be offered on Sundays from 9:00 to 10:15 A.M. and Tuesdays from 6:45 to 7:45 P.M.

R.I.P.P.E.D. stands for Resistance, Intervals, Power, Plyometrics, Endurance, and Diet. This one-hour class uses free weights, resistance tubing and body weight to work out every muscle group. Spring classes will be held on Thursday evenings from March 21 through May 23 from 6:45 to 7:45 P.M.

DANK-HAUS GERMAN AMERICAN CULTURAL CENTER

4740 North Western Avenue, 5th floor, Chicago, IL 60625 773.561.9181 www.dankhaus.com

Upcoming Events

22 Mar German Cinema NowKnall-

14 Apr Recital Hugo Wolf's Ital-

enisches Liederbuch 18 Apr Cold War Presentation

"The Polar Bear Expedition" 19 Apr New in Town

19 Apr Stammtisch

19 Apr Gallery Post Income Tax

Day Reception

22 AprKulturküche Birnen, Bohnen & Speck

26 Apr German Cinema Now Das Lied in mir

28 Apr Bach & Beyond Spring Concert

Heimat Films

Kaffee, Kino, & Kuchen Feature at 1:45 pm Doors Open at 16 Mar Saison in Salzburg

23 Mar Tausend Melodien

no Kino, Kaffee & Kuchen on 30 March Happy Easter!

Admission Free Kaffee & Kuchen \$4-\$6

German Cinema Now

22 March 7:30 pm Knallhart (2006) 26 April 7:30 pm Das Lied in mir

Beer, Wine, Pretzel and Landjaeger

for purchase! (2010)

Clerk Mendoza Introduces Ordinance to Start Transition to Year-Round City Vehicle Sticker Sales

First phase to focus on education, outreach

City Clerk Susana A. Mendoza introduced legislation into City Council today to begin the first major overhaul of City Vehicle Sticker sales in 100 years.

Clerk Mendoza said her office will be taking every opportunity to educate the public about the new Year-Round City Vehicle Sticker Sales Program before drivers are put on their new expiration dates in 2014. The summer 2013 City Vehicle Sticker season will be the last time residents receive a June-to-June sticker renewal.

"This legislation is the start of phase one of the Year-Round Sticker Sales Program, an unprecedented educational outreach effort to every Chicago driver. One aspect of this will be the 1.3 million renewal forms we will send out this spring notifying Chicagoans of the upcoming changes to City Vehicle Sticker sales and how it will impact them," said Clerk Mendoza.

In 2013, the Clerk's Office will be asking residents on their renewal forms for their email and VIN, or Vehicle Identification Number.

"This vital information will help us as we upgrade our technological infrastructure and streamline the transition to a new system," Mendoza said. "The changes coming are big and we are taking the necessary steps now to notify everyone of how they will be affected to ensure this is a smooth transition."

In 2014 — during the second phase of the transition to Year-Round sales — City vehicle owners will be assigned a new sticker expiration month based on a vehicle's Illinois State License Plate Registration expiration.

There will be a six-month offset between the expiration of license plate registrations and Vehicle Stickers to help households budget for vehicle costs, Mendoza said.

Senior motorists over the age of 65 will not be affected by these changes and will remain on a June-to-June schedule.

Clerk Mendoza said this historic legislation is aimed at improving customer service.

"This marks the beginning of a transition to a sensible system that will deliver a better customer service experience to the people of Chicago. Seasonal sales are rooted in the horse and buggy era. This is an opportunity to show residents how smart policies and the application of technology make government more efficient. This is a goal I set before I took office and I'm proud to lead this initiative," she said.

Residents will further benefit from an intergovernmental collaboration with Illinois Secretary of State Jesse White who has partnered with us to provide real-time vehicle data. This is an unprecedented intergovernmental cooperation between our two offices and helps ensure all Chicago drivers are notified and in compliance with the wheel tax. Ultimately these changes and intergovernmental cooperation allow Chicago drivers to budget better for vehicle expenses and improve customer service through shorter in person purchase lines and faster mail and online sticker order processing.

Since 1908, millions of Chicagoans purchased stickers during a short, seasonal window. Last year, nearly 1.3 million transactions were completed in about two months.

Each year the Office generates about \$115 million in revenue. Costs for City Vehicle Stickers remain unchanged this year, with passenger vehicles stickers costing \$85 and large passenger vehicle stickers costing \$135.

Mitchell Museum Exhibit Digs Deep Into Modern Native Art

"Another View of American Indian Fine Art" on View March 16 to September 1, 2013 Curator tour at 2 p.m. on March 16

A major new temporary exhibition at the Mitchell Museum of the American Indian in Evanston offers a sweeping survey of regional styles and trends in modern Native American art while tracing its evolution from ancient times to the present day.

Organized by the Mitchell Museum, "Another View of American Indian Fine Art" will open March 16 and will remain open through September 1, 2013.

The independent, nonprofit Mitchell Museum is at 3001 Central St., Evanston. Phone (847) 475-1030. Website: http://www.mitchellmuseum.org.

The organization is partially supported by a grant from the Evanston Arts Council, a city agency supported by the City of Evanston, and the Illinois Arts Council, a state agency.

Cermak Road Tour

Explore the history of Cermak Road and its importance to the Chicago Czech community. We will visit the Hawthorne Works Museum, the Olympic Theatre, the TG Masaryk School and enjoy presentations from Teddy Polashek, president of the CCACC and Alberta Adamson, President of the Eastland Historical Society. A continental breakfast and lunch are included.

Sponsor: Czech and Slovak American Genealogy Society of Illinois Date: April 20, 2013 Time: 9:15 AM – 3:00 PM

Departure Location: Klas Restaurant, 5734 West Cermak Road, Cicero, IL 60804 Cost: \$40 for CSAGSI members, \$50 for non-members

For further information or to register: Samantha Chmelik, 312-955-0276, schmelik@yahoo.com

A Concert For Peace and Reconciliation Commemorating the 70th Anniversary of the Warsaw Ghetto Uprising

Featuring Jewish & Polish Music presented by The Lira Ensemble Artist-in-Residence at Loyola University Chicago, Lucyna Migala, Artistic Director & General Manager, featuring The Lira Singers, Mina Zikri, Conductor and Members of Chicago a cappella with Jonathan Miller Founder, Artistic Director & Conductor performing Holocaust Memorial Cantata by Marta Ptaszynska and a Hebrew Cantata by Max Janowski

Saturday, April 6, 2013 at 8pm K.A.M. Isaiah Israel Congregation 1100 East Hyde Park Boulevard in Chicago

ADMISSION IS FREE Free Will Donation Welcome Free Reception Will Follow

This concert is presented with the sponsorship of Consulate General of the Republic of Poland in Chicago, The Crain-Maling Foundation, Chicago's Independent Jewish-Polish Dialogue, The Catholic-Jewish Studies Program, The Cardinal Bernadin Center, Catholic Theological Union, Fundusz Michaela H. Traisona dla Polski, Ms. Carole Bilina and other donors

The Lira Ensemble is located at 6525 North Sheridan Road, #CH-052 ~ Chicago, Illinois 60626, 773-508-7040 ~ lira@liraensemble.org ~ www.liraensemble.org

Call for Nominations - 2013 Award for Artistic Excellence

The Skokie Fine Arts Commission is inviting nominations from the community for individuals and groups who have made significant contributions to the visual, performing, musical or literary arts in the community. New this year - the Fine Arts Commission will award one individual and one group for the award.

Award judging criteria include: visibility in the Skokie community; scope of artistic talents; breadth of impact - number of people reached; recognition and awards the artist has received; and demonstration of artistic excellence.

Nomination packets are available online at www.skokie.org/FineArtsCommission.cfm, or hardcopies are available at Skokie Village Hall, 5127 Oakton Street, Skokie. Nominations are due by April 3, 2013.

The 2013 Skokie Award for Artistic Excellence will be presented by Mayor George Van Dusen at the June 3, 2013 Village Board meeting.

For more information about the Award for Artistic Excellence or the Skokie Fine Arts Commission please call 847/933-8257 or visit www.skokie.org.

Representative McAuliffe Responds to the Governor's Budget Address

In light of the Governor's Budget Address this afternoon, State Representative Michael McAuliffe (R-Chicago) took a moment to give his thoughts:

"Today, the Governor stressed the need to pass pension reform as our unfunded pension liability will reach around \$100 billion. The pension system, along with \$9 billion in unpaid bills, will continue to be a burden on us all until comprehensive reform is agreed upon," explained Rep. McAuliffe. "Yesterday, the House adopted a resolution that estimated the state's general revenue at \$35.081 billion for the 2014 fiscal year, around \$600 million lower than the Governor's estimate."

"Like the state legislature did last year when approving Medicaid restructuring, we need to see the administration continue to implement reform. There are plenty of areas in our budget where the state can save money by eliminating waste," continued Rep. McAuliffe. "As all families are sacrificing, so must the state government. I look forward to working towards passing a balanced budget for the upcoming fiscal year."

Representative McAuliffe represents Illinois' 20th House District, which includes all or portions of the northwest side of Chicago, Park Ridge, Des Plaines, Niles, Harwood Heights, Norridge, Schiller Park, Rosemont, and Franklin Park.

State Representative, 20th District

Michael P. McAuliffe

Happy Holidays To All Of Our Friends And Neighbors

5515 N. East River Road Chicago, IL 60656 Phone: 773-444-0611



SCHOOL, LIBRARY AND PARK EVENTS

LAW AT THE LIBRARY INFORMS CHICAGOANS ON TODAY'S LEGAL ISSUES

The Chicago Public Library and the Chicago Bar Association partner to present Law at the Library, a free monthly lecture series focusing on today's hot and timely legal issues. Law at the Library invites participants to talk with a licensed and experienced legal professional, ask general questions, and check out materials on a variety of legal topics – at no charge!

The topic of the March 2013 Law at the Library seminar is Buying and Selling a Home. Discussion includes the legal aspects of selling or purchasing a residential property. A question and answer session follows the discussion. The seminar takes place on Monday, March 25 at 12:15 p.m. in the Chicago Authors Room, 7th Floor at the Harold Washington Library Center, 400 S. State Street

Law at the Library programs are free and open to the public. Registration is not required. In addition, all Chicago Public Library locations serve as community centers which provide access to books, databases and journals that can help Chicagoans learn more about legal issues. Law at the Library programs will be recorded for later podcasting by Illinois Legal Aid Online.

USER'S GUIDE TO THE CHICAGO LIBRARY

In the continuing effort to assist patrons at the Chicago Public Library and offer a more productive and enjoyable visit, the Library's Information Center presents User's Guide to the Chicago Public Library, a series of free, 40-minute orientation workshops.

The User's Guide to the Chicago Public Library workshop will take place Tuesday, March 26 at 1 p.m., in the Video Theater, Lower Level, at the Harold Washington Library Center (HWLC), 400 S. State St. Beginning Friday, April 5 at 1 p.m., and Tuesday, April 22 at 1 p.m., all workshops will be held in Room 3N-6 on the Library's 3rd Floor. A question & answer session follows each workshop.

Performing a website catalog search, identifying resourceful reference data-bases and finding hidden gems on the Library's website will become a lot easier and less stressful after attending the User's Guide to the Chicago Public Library workshops. Patrons can get a better understanding of what the Library offers and how to search for items, as the orientation covers:

Getting a library card

Navigating the Library's website
Exploring the Harold Washington Library Center

Finding a book, movie, CD and more Using the Library's databases

Penny Park Improvement Project

The City of Evanston and Second Ward Alderman Peter Braithwaite invite the Penny Park neighborhood to participate in a community meeting to discuss potential improvements to Penny Park on Thursday, April 4, 2013 (NOTE: this meeing has been changed from March 28, 2013). The meeting will be held at 7:00 p.m. at Perla Café, 1813 Dempster Street.

City staff and Alderman Braithwaite are interested to hear community ideas and concerns related to improvements at this park and playground, which are tentatively scheduled to occur in 2014. Penny Park is located at the intersection of Lake Street and Ashland Avenue.

CHILDREN K-8 DANCE CLINIC

Auroris Dance Company will conduct its fourth annual Dance Clinic for children in grades K through 8 on Saturday, April 6 from 9 a.m. to 12 noon at Niles North High School, 9800 Lawler, Skokie. Participants will choose to learn a hiphop or jazz dance routine and will be placed in the appropriate level by grade and experience. At the conclusion, children will perform on stage in the Niles North High School Auditorium, along with members of the Auroris Dance Company. The cost is \$30 per child and includes clinic, snack and T-shirt or water bottle. Please register by Friday, March 15. Contact Deanna Sortino, Niles North Auroris Dance Company Sponsor, at deasor@d219.org or download a registration form at: https://sites.google.com/site/aurorisdance/auroris-dance-clinic-k-8

Let Your Kids Experience German in a Playful Way!

DANK Haus offers the new "Spielkreis", an after school German program for children between 5-9 years old.

Let your kids experience a fun afterschool program with an emphasis on German culture and introduction to vocabulary! Previous German experience is not required and program is fully bilingual. Instructors are native speakers, child to instructor ratio held 1:10. The program also includes a snack during every session. Convenient drop off and pick up zone in front of Center. The Office and Classrooms are on the 3rd floor of the DANK Haus German American Cultural Center. The building is elevator equipped.

Thursdays 3:45 pm - 5:15 pm

Program fee \$110.00 for 11 weeks - ask about prorating options

- 11 Apr 1st Session, 20 June Final Session
- German is the most widely spoken language of the EU with 90 million people speaking German as their first language.
- Germany is one of four primary trading partners of the United States, which has the largest concentration of German speakers outside of Europe.
- Preserving German culture and language enriches families and communities. Contact Heidrun Balzarek/Keith Vogel at DANK Haus German American Cultural Center, 4740 North Western Avenue, Chicago, IL 60625; 773.561.9181. www.dankhaus.com. mailto:dankhauskinderschule@gmail.com

CHICAGO PARK DISTRICT IS GIVING YOU A SPRING BREAK; GET SWIMSUIT READY WITH TWO WEEKS OF FREE FITNESS CLASSES

New Class Offerings Include Fitness Boot Camp, Sports Conditioning & More March 18-30

Did you drop your New Year's resolution to work out this year? The Chicago Park District wants to give you a break this spring and a chance to get back in shape with two weeks of free fitness classes March 18-30. Click here to watch a video.

During this two week period, select parks will offer a variety of fitness classes for all ages. One of the highlights of the new class offerings includes fitness boot camp. Certified fitness instructors use interval, resistance and strength training in this intense full-body workout.

Additional new class offerings include sports conditioning and teen power training plus popular classes such as cardio kickboxing, strength and training, mommy and me yoga, yoga and Pilates, kids fitness, senior fitness and nutrition and much more.

Once regularly scheduled classes begin April 1, patrons will have the opportunity to pick select classes taught by former military personnel. Patrons can also rally their friends to register together for small group personal training. These custom-designed workouts will combine the expertise of one-on-one personal fitness training with the motivation and familiarity of exercising in a non-intimidating environment with friends or neighbors.

Classes are conveniently located in a variety of Chicago communities and are also affordable alternatives to commercial gyms. Offerings and schedules vary per location; click here for details.

All classes are part of the Park Families Wellness Initiative, which is supported by The Coca-Cola Foundation, and offers fitness and nutrition education classes for Chicagoans of all ages. The program aims to impact 125,000 patrons and to increase a family's minutes of physical activity as well as its knowledge of a healthy lifestyle by emphasizing nutrition, dietary habits and exercise.

The Chicago Park District encourages residents to enjoy two weeks of free classes at any of the following locations. Check with each individual park for schedules.

Haas Park, 2402 N. Washtenaw Ave., 312.742.7552

Hamlin Park, 3035 N. Hoyne Ave., 312.742.7785

Hiawatha Park, 8029 W. Forest Preserve Drive, 312.746.5559

Independence Park, 3945 N. Springfield Ave., 773.478.3538

Margate Park, 4921 N. Marine Drive, 312.742.7522

Norwood Park, 5801 N. Natoma Ave., 773.631.4893

Shabbona Park, 6935 W. Addison St., 773.685.6205 Welles Park, 2333 W. Sunnyside Ave., 312.742.7511

For more information, visit www.chicagoparkdistrict.com or call 312.742.PLAY, 312.747.2001 (TTY).

RUN FOR RES 5K FUN RUN/WALK

All community members are welcome to participate in the Run for Res 5K Fun Run/Walk on Saturday, April 20, 2013. The chip-timed 5K will start at 9 am beginning at the Resurrection College Prep High School parking lot and the route will be in the neighborhood surrounding Resurrection. A course map is available at www.reshs.org. Advance registration fees are \$30 per adult and \$10 for students (ages 6-18) through April 19. Registration may be completed on-line at www.reshs.orghttp://www.reshs.org or in-person by visiting the school during regular school hours (7:30 am to 3:30 pm). On the morning of the event the onsite registration fees will be \$35 per adult and \$15 per student. Children age 5 and under are free with a registered adult.

Walkers, runners and children are all welcome, and strollers and baby joggers are permitted. Runners will start the 5K ahead of walkers. There will be nine awards - 1st, 2nd, & 3rd place awards for men, women & students. Awards will take place at 10 am and raffles will take place at 10:30 am. Winners will need to be present. All proceeds from the Run for Res 5K will benefit the students of Resurrection College Prep High School.

DISTRICT 219 PLANS ONE OF THE LARGEST COLLEGE FAIRS IN THE AREA

High school students in Niles Township will have an opportunity to investigate future educational possibilities at one of the largest post-high school planning nights in the area. The 2013 District 219 College Night will be held from 6:30 p.m. to 8:30 p.m. on Wednesday, April 10 at Niles West High School, 5701 W. Oakton, Skokie. Representatives from more than 270 colleges, universities, technical schools and the military will be in attendance.

Students and their parents will be able to discuss entrance requirements, special programs, admission procedures and course offerings with representatives from a diverse array of colleges and technical schools. All Niles Township students and their parents are invited to participate, regardless of whether they attend a District 219 school. For additional information, please contact College and Career Counselors Daniel Gin at (847) 626-2682 or Allegra Giulietti-Schmitt at (847) 626-2170.

Chicago park district

All classes taught by certified fitness instructors, select classes taught by former military personnel!

Get fit in a safe, fun and non-intimidating exercise class. No matter your age or ability, we offer a fitness class that is right for you.



Fitness Boot Camp

Our team of both trained former military personnel and certified fitness instructors lead focused sessions of push-ups, squats, jumping jacks and running drills that maximize calorie burn, increase energy and tones your entire body.

Small Group Personal Training

Follow custom designed workouts that combine the expertise of one-on-one personal fitness training with the motivation and familiarity of exercising in a group with others just like you.

Chicago Park District fitness classes offer a high-quality, low cost alternative to commercial gyms. Class offerings, schedules and class fees vary per location; check the website www.chicagoparkdistrict.com/wellness for details. There are 10 classes per session.

- Teen Power Training
- Sports Conditioning

Returning popular favorites:

- Cardio Kickboxing
- Strength & Conditioning
- Yoga & Pilates

Moms and Dads too will be interested in:

- Aerobics
- Fun with Food
- Mighty Fit Family
- Mommy & Me Yoga
- Step Aerobics

Kids can get involved in:

- Kids Fitness
- Mighty Fit Kids

Seniors are encouraged to stay fit:

Senior Fitness & Nutrition

Spring session registration begins Monday, February 25th (for parks located west of California Ave. (2800 W.) and Tuesday, February 26th (for parks located east of California Ave. (2800 W.)

The Spring session begins April 1st. Registration remains open until class size is full.

For more information about your Chicago Park District visit: www.chicagoparkdistrict.com or call 312.742.PLAY or 312.747.2001 [TTY].





SCAN THIS CODE

for participating fitness class locations, fitness classes offered, fitness tips and more information.



City of Chicago Rahm Emanuel, Mayor Chicago Park District Board of Commissioners Chicago Park District Michael P. Kelly, General Superintendent & CEO



HAPPY EASTER AND PASSOVER

Pesach Seder

Let our family host yours for an enchanting Passover Seder! Relive the Exodus, discover the eternal meaning of the Haggadah, and enjoy a family seder complete with hand-baked matzah, wine, and a delicious home-made dinner. Please join us on March 25th, 2013 at 7:30pm and/or on March 26th, 2013 at 7:30pm for an unforgettable meal by reservation only.

For more information or to make a reservation please call us at 847-677-1770 or visit us online at www.SkokieChabad.org.

St. Paul Lutheran Church

Through the course of the centuries much ink has been spilled in the theological world over one individual. His name is Jesus of Nazareth. The Word of God reveals to us how, why, and where Jesus broke into the course of human history and accomplished a feat that we still celebrate. He was physically dead for three days and came back to life again.

C.S. Lewis, Christian apologist, and author of books like "The Chronicles of Narnia" and "Mere Christianity" wrote this about the Resurrection of Jesus Christ.

"Christ had defeated death. The door which had always been locked had for the very first time been forced open. This is something quite distinct from mere ghost-survival. I don't mean that they disbelieved in ghost-survival. On the contrary, they believed in it so firmly that, on more than one occasion, Christ had had to assure them that He was not a ghost. The point is that while believing in survival they yet regarded the Resurrection as something totally different and new. The Resurrection narratives are not a picture of survival after death; they record how a totally new mode of being has arisen in the universe. Something new had appeared in the universe: as new as the first coming of organic life. This Man, after death, does not get divided into "ghost" and "corpse". A new mode of being has arisen. That is the story. What are we going to make of it"? C.S. Lewis, "What Are We to Make of Jesus Christ?"

St. Paul in writing to the Christians at Corinth writes this: "And if Christ has not been raised, your faith is futile and you are still in your sins. Then those also who have fallen asleep in Christ have perished. If in Christ we have hope in this life only, we are of all people most to be pitied. But in fact Christ has been raised from the dead, the firstfruits of those who have fallen asleep. For as by a man came death, by a man has come also the resurrection of the dead. For as in Adam all die, so also in Christ shall all be made alive." (1 Corinthians 15:17-22)

For Christians, then, the Resurrection of Jesus Christ is key and central to our faith. Easter Sunday is a reminder to us that the hope of something greater, something eternal is waiting for us. It is a reminder to us that Jesus has forged a path to the Father's house through His defeat over sin, death and the devil. Whoever believes in Him and trusts Him receives the gift of a never-ending inheritance. It is this reality that enables Christians to live in this Easter joy. It encourages us to serve others in our communities, and to reach out with the Love of God to everyone that touches our life. May the Resurrection joy of Jesus Christ, who lives eternally, fill your heart and life with His love and peace.

Rev. David J. Bass, St. Paul Lutheran Church, Norwood Park, Chicago, Illinois

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Greetings and Happy Passover!

On Monday, March 25, the first eve of Passover, Jewish families around the world will observe a 3,300 year-old tradition by gathering around the festive table to commemorate the Exodus from Egypt and celebrate the Passover Seder dinner.

According to Jewish mystical teachings, the Seder is more than just a time to retell the story of the Exodus but also an opportunity to experience a current-day exodus of spiritual rebirth by forging a new path towards a life of meaning and spiritual fulfillment.

The Passover Haggadah, which is the book of the Seder's narrative, tells us that in each generation we should see ourselves as if we personally have gone out of Egypt. Egypt and the oppressive Pharaoh symbolize the negative forces that constrict and limit each and every one of us. The slavery in Egypt represents the emotional and psychological shackles which limit and enslave the human spirit, constraining one's ability to live up to his or her ideals and fullest potential.

The Passover Seder is no simple holiday meal but a fifteen-step multi-sensory program which includes a tapestry of melodies, visuals, prayers and stories, and even the visceral senses of taste, smell and touch.

Each year on Passover, as nature experiences its own season of springtime renewal, Jewish people attend the Seder and experience personal renewal and rebirth. At the Seder table we commemorate the Exodus from Egypt and the birth of the Jewish nation over three millennia ago - and at the same time strengthen our personal journey of spiritual freedom.

On behalf of my wife, Yona, myself, and the entire Jewish community I wish you a happy, healthy and kosher Passover,

Rabbi Yochanan Posner

P.S. Please join us for the Seder. You are invited. I will be leading the Seder at Lubavitch Chabad of Skokie, on Monday March 25. Please call me at 847 677 1770 to accept our invitation.

St. Techla Church Easter Services

6725 W. Devon Ave., Chicago, IL 60631

Holy Thursday, March 28: 8:30 am Morning Prayer

7:00 pm Mass of the Lord's Supper and Washing of the Feet Adoration of the Blessed Sacrament follows Mass until midnight

Good Friday, March 29: 8:30 am Morning Prayer

3:00 pm Liturgy of the Lord's Passion, Veneration of the Cross and Holy Communion

Simple precession to the Tomb of Christ follows the service

7:00 pm Stations of the Cross (in English) 8:00 pm Stations of the Cross (in Polish)

Church remains open until 10:00 pm

Holy Saturday, March 30: 8:30 am Morning Prayer

11:30 am & 12:30 pm Blessing of the Easter food baskets 8:00 pm The easter Vigil Mass (fulfills the Sunday obligation)

Easter Sunday, March 31: 6:00 am Mass in Polish with outdoor procession

8:00 & 10:00 am Masses in English 11:30 am Mass in Polish

St Paul Easter Services

Palm Sunday weekend: Sat. March 23 6 PM with Holy Communion

Sun. March 24 8:15 AM & 10:45 AM with Holy Communion

Holy Week: Maundy Thursday March 28 10 AM & 7 PM with Holy Communion Good Friday March 29 10 AM & 7 PM (no communion)

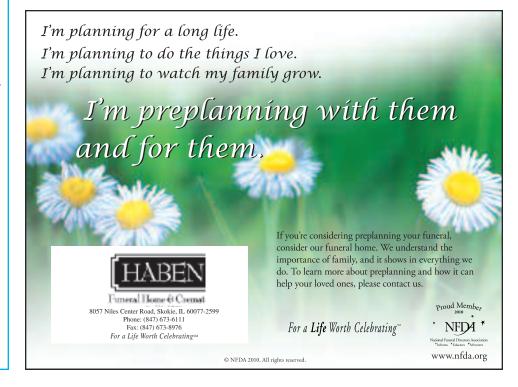
Easter Vigil Saturday March 30 6 PM with Holy Communion

Factor Sunday March 31, 6 AM Sunrice Service with Holy Communion

Easter Sunday March 31 6 AM Sunrise Service with Holy Communion Easter Sunday March 31 8:15 AM & 10:45 AM with Holy Communion

EVANSTON/SKOKIE VALLEY METROPOLITAN FAMILY SERVICES - GIVING HOPE AND OPPORTUNITY TO FAMILIES

With your help last year Metropolitan served more than 53,000 individuals and families in the Chicago area, helping them become more self-sufficient and strengthening family bonds. Learn more about our organization by visiting our website, metrofamily.org.



Park District Hosts Egg Hunts at Soldier Field and Local Parks Egg-Stravaganza March 23 Is City's Largest Free Candy Grab

The Chicago Park District hops to it this spring by hosting dozens of egg hunts, including one for dogs and another with flashlights, March 14-30 at citywide parks. Most events will feature treats, prizes, face painting, arts and crafts plus photo opportunities with the bunny. Some activities may require pre-registration due to limited space. Many programs are admission free or have nominal entrance fees. Participants should call the individual parks for additional information.

One of this year's highlights is the 10th annual Spring Egg-Stravaganza at Soldier Field, 1410 S. Museum Campus Dr., the largest admission-free candy grab in Chicago, Saturday, March 23, presented by Dominick's.

Following are a few highlights:

Brunch with the Bunny Thursday, March 21, 10 a.m. – 12 p.m. Merrimac Park, 6343 W. Irving Park Rd., 773-685-3382. Space is limited; please call park for openings. Admission \$10; recommended for ages 6 and under

2013 Spring Egg-Stravaganza Saturday, March 23. Soldier Field, 1410 S. Museum Campus Dr., 312-235-7162. 8:30 – 10 a.m. Ticketed brunch in the United Club. · Admission to the breakfast is \$17.50 for adults, \$12 for children under age 10, and free for children under age 3 with a paying adult. Reservations are mandatory for breakfast and must be made by Friday, March 22 by calling 312-235-7162.

9 a.m. Admission free festival begins. 10 a.m. Admission-free candy grab on the

Egg Hunt Saturday, March 23, 10:30 a.m. – 12 p.m. Holstein Park, 2200 N. Oakley Ave., 312-742-7554. Admission \$2; recommended for ages 2-5

Egg Hunt Wednesday, March 27, 10 a.m. – 12 p.m. Olympia Park, 6566 N. Avondale Ave., 773-631-6861. Admission \$5; recommended for ages 5 and under Egg Hunt Saturday, March 30, 10 a.m. – 1 p.m. Wicker Park, 1425 N. Damen Ave., 312-742-7553. Admission free; recommended for all ages

Mr. Hippity Hop Saturday, March 30, 11 a.m. – 1 p.m. Loyola Park, 1230 W. Greenleaf Ave., 773-262-8605. Admission free; recommended for ages 4 and under

10th Annual Doggie Egg Hunt Saturday, March 30, 10 a.m. – 12 p.m.Horner Park, 2741 W. Montrose Ave., 773-478-3499. Admission \$10 per dog; participants must be at least 18 years of age. Dogs will hunt for treat-filled eggs, receive a bandana and join in the bonnet parade. Photos with the bunny will be available for purchase. Dogs must be kept on a leash, and owners must stay with their dogs at all times.

An Irish Blessing

Here is an Irish Blessing for you May there always be work for your hands to do;

May your purse always hold a coin or two;

May the sun always shine on your windowpane; May a rainbow be certain to follow each rain;

May the hand of a friend always be near you; May God fill your heart with gladness to cheer you.

May He bless you throughout the year!

AND A VERY BLESSED AND HAPPY EASTER TO ALL!





Thoughts This Easter

By: The Rev. Francis S. Rog, CRG, St. Hyacinth Basilica Parish

This morning - 2000 years ago - a trio of pious women - walked cautiously to the tomb. Cautious or more so worried for the tomb was to be shut by the large stone as was any tomb of that day.

But instead the angel spoke to the women from the empty tomb. "You must not be afraid." Then the angel announced: "Jesus, who was nailed to the cross is not here; he has been raised." And the angel added: "Quickly, go tell the disciples to remember what he told them."

Peter and the other disciple ran to the tomb and found it empty.

So the wildest news that has ever touched our mixed-up world: NOT dead and buried! But Alive and Raised!

This morning Jesus meets you in the words of Sacred Scripture - His Word, and in the bread and wine - His Body and Blood.

Don't walk worried, remove the stone of fear, of selfishness, of pride, of greed or whatever holds Jesus from entering your heart so that you can challenge this troubled, lonely world.

In the Garden of Eden - in our first parents we hid from God in shame because of sin.

In the Garden of the Tomb - in Christ we receive a new message: sin is conquered - and so is death - and we are restored to LIFE!

In the Resurrection Christ has rescued us from death, from sin, from loneliness and has restored us to our real nature - to LOVE and to give of ourselves so as to form a communion of heaven on earth, His Kingdom.

We are re-born, resurrected, a mysterious espousal of God with man. His new kingdom - shoulder to shoulder and heart to heart with Christ - we will transform and change history! The evidence of Easter is here and heaven begins on earth.

But before you leave the tomb - allow Him to go with you ... and see His image and likeness in your neighbor and yourself!

Today - let His Word through you help others experience RESURRECTION! And tomorrow He will invite you to RISE to eternal life! ALLELUIA! PEACE! To all our readers!

Belmont-Central Chamber of Commerce Easter Ham Raffle

Sign up now to raffle Easter Hams. Hams are \$20 each.

The raffle will take place between March 15th to March 25th. The Chamber will provide tickets, raffle buckets and contact the winners for you.

Contact us at 773-647-1644 or reid@belmontcentral.org

Belmont-Central Chamber of Commerce | 5534 W Belmont Ave | Chicago





Easter Sunday March 31st, 2013 Menu



Choice of 3 soups

~ Mushroom Barley ~ Chicken Noodle ~ Czarnina ~

Mashed Potatoes Chef's Salad Kluski Colored Easter Eggs Baked Holiday Ham Vegetable of the Day

Pierogi of the Day Roast Chicken w/Golden Sauce Asst. Polish Sausage w/Kraut Asst. Easter Pastries Horseradish ~ Red & White Coffee ~ Hot Tea ~ De Café ~ Milk

FEATURING

Live Entertainment by Gene Mikrut Miss Merry Berry will be doing complimentary face & hand painting & balloons

The *Easter Bunny* will distribute candy to good little boys and girls

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CALL FOR ARTISTS: Skokie Art Guild's 52nd Annual Art Fair.

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Village Green, 5211 W. Oakton. Prizes and Awards. APPLY NOW!

For information/application: www.skokieartguild.org

skokieart@aol.com 847-677-8163

SPRING EXHIBIT of "Nature's Palette"

March 8th thru May 5th at the Emily Oaks Nature Center, 4650 Brummel St., Skokie

Women's History Month Celebrated at March 30 Luncheon

In honor of Women's History Month, Fleetwood-Jourdain Community Center and Fleetwood-Jourdain Theatre will host a Women's Day Luncheon from noon until 3:00 p.m. on Saturday, March 30. An interactive panel discussion with the theme of "A Woman's Legacy" will be hosted by Jackie Taylor, Founder and Executive Director of Black Ensemble Theater Company.

The event will be held at the Fleetwood-Jourdain Community Center, 1655 Foster St., Evanston. A complimentary buffet lunch will be served and supervision will be provided for children age four and older. Space is limited and reservations are required. To RSVP, call Fleetwood-Jourdain Center at 847/448-8254.

Artists Invited to Apply for Evanston Arts Festivals

Artists who would like to show and sell their artwork at the City of Evanston's major lakefront summer festivals are invited to submit an application.

The Evanston Lakeshore Arts Festival is open to individual fine artists who exhibit their work on a local or national level, while the Evanston Ethnic Arts Festival is open to artists and craft vendors of all cultures whose artwork expresses the heritage of a national, regional, tribal or language group.

The deadline for the 2013 Lakeshore Festival is April 1. The 41st annual festival will be held August 3-4. Festival information and a link to the artist application is available online at www.cityofevanston.org/lakeshore.

The deadline for the 2013 Ethnic Festival is April 22. The 28th annual festival will be held July 20-21. Festival information and a link to the artist application is available online at www.cityofevanston.org/ethnic.

Both festivals are held at Dawes Park, adjacent to Lake Michigan, and draw tens of thousands of visitors. Admission is free and the festivals feature live entertainment, arts activities, food booths and more.



Chicago Zither Club Celebrates 100 Years

On Sunday, April 28, the Chicago Zither Club will celebrate its 100th Anniversary with a spectacular concert featuring not only the Chicago area zither players, but Zither Friends from all over the nation. The performance of the Chicago Zither Club Orchestra will be enhanced by Chicago Member Soloists Olivia Kiefhaber, Ruth Valentino and Max Voloshin. The Davenport Zither Ensemble will also be featured, as well as a special appearance of Master Zither Artist Tomy Temerson from Germany. For the grand finale, all of the zither players will gather and play their beautiful music for all to enjoy. The performance will take place at the Cultural Center of the Society of Danube Swabians at 625 Seegers Road in Des Plaines, IL (www.donauchicago.com) and will begin at 3:00 pm, with open seating. There will be a complimentary sweets table, and a cash bar. Tickets are \$15 in advance or \$20 at the door. To order advance tickets, contact the Chicago Zither Club at 6173 N. McClellan, Chicago, IL 60646 at 773-631-2854.

Submitted by Maria P. Bappert

The Lira Ensemble invites you its highly praised TOURS of SOUTHERN POLAND TWO TOURS THIS SUMMER

Tour of Southern Poland - Lira's annual tour for Adults, June 27 to July 10 Krakow, Poland - Multigenerational Tour, Children, Parents & Grandparents, June 13 to June 25

BOTH TOURS INCLUDE: first class hotels * all tours & transportation * almost all meals * baggage handling * most tips * all admissions to concerts & other performances

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For more information visit: liraensemble.org/polandtour

Lincolnwood Social Club is Hitting the Road!

The Lincolnwood Social Club announces the spring trip lineup for area seniors 55 years of age and better. All trips include round trip transportation from Lincolnwood Village Hall and lunch. Members of the Social Club receive discounted tickets. Membership information is available by calling the Parks and Recreation Department at (847) 677-9740.

The group will venture to Oak Park on April 3 to enjoy the Frank Lloyd Wright tour including his home and studio. Also included in the day trip is a guided tour of the Unity Temple Church and lunch at Winberie's Restaurant. Walking is involved in this trip, which is open to Social Club members only for a fee of \$55 per person.

On April 24 the group will be seeing the matinee performance of Rogers and Hammerstein's South Pacific at the Lincolnshire Marriott Theatre. Awarded the Pulitzer Prize for Drama, this musical is considered one of the greatest of all time. Tickets are \$80 for Social Club members; \$96 for non-members.

Oliver, one of the most beloved classics of all time, will be enjoyed on May 8 at Drury Lane Theatre. This wildly successful British musical is based on the Charles Dickens novel following orphan Oliver Twist. Ticket prices for this matinee are \$80 for Social Club members; \$96 for non-members.

For membership information and a complete list of senior activities, please contact the Parks and Recreation Department at (847) 677-9740 or access current newsletters at www.lincolnwoodil.org



OUTDOORS & PETS



Anti-Cruelty Society

For more info on The Anti-Cruelty Society and our adoption process, please visit our website www.anticruelty.org or call (312) 644-8338.

March at The Anti-Cruelty Society

Dear Supporter,

This month is an extra special month for The Anti-Cruelty Society. On Thursday, March 7 we turn 114 years old! We were the very first animal welfare organization in Chicago, and today we are the oldest and largest in the city. For the past 114 years we have been building a community of caring by helping pets and educating people. We have evolved into an organization that is much more than just an animal shelter.

As a private non-profit, open-admission, unlimited stay humane society we are one of the most comprehensive animal welfare organizations in Illinois. Whether it's rehabilitating a sick pet, re-homing a litter of unwanted kittens, educating teens about compassion, spaying/neutering an animal, or investigating a cruelty complaint, the Society's reach and breadth of work is vast and wide

We will continue to serve the changing needs of our animal community and provide the best care for those that find themselves at the Society. If you would like to give a gift in honor of our birthday, please visit our donation page here, or text RESCUE to 20222 to give \$5 in a quick and easy way!

We thank those who have supported us over the last 114 years and hope to retain your support over the next century.

Happy Birthday, The Anti-Cruelty Society!

Sincerely,

Robyn Barbiers, D.V.M.

President

PAINT YOUR PET

When: Monday, March 25 from 6-9 p.m.

Where: Scoozi! (410 W Huron St., Chicago, IL)

What: Help support us with Bottle & Bottega for the 7th PAINT YOUR PET event at a NEW location! Bring a photo of your pet to paint with guidance from Bottle & Bottega artists! Ticket price includes a wine tasting and antipasta as well as all painting supplies, aprons, instruction and you get to take home your masterpiece painted on an 11x14 canvas! Tickets are \$45.

Register by clicking this link.

BARK IN THE PARK

When: Saturday, May 4 at 9 a.m. Where: Montrose Harbor, Chicago, IL

What: Bark in the Park is now open for registration! The run returns this year! Sign up now so you can start raising funds to win great prizes and help animals most in need. Visit barkinthepark.org for more details.

Working Through Pet Loss

When: Wednesday, March 6 and March 20 from 6:30-8 p.m. Where: The Anti-Cruelty Society(169 W. Grand Ave. Chicago, IL)

What: This open educational group is dedicated to working through the emotional rollercoaster that can occur when we lose a beloved pet. Whether it is sudden or long-time coming, the permanence of a pets death can take its toll on thoughts and emotions that are a natural part of the healing process. The group facilitator, Mark Bilkey, has over 15 years of experience in guiding individuals through the loss and transition process. There is no charge but preregistration is required. To register call Tammie Bouschor at (312) 644-8338 ext. 344 or e-mail tbouschor@anticruelty.org. Free parking is available in The Anti-Cruelty Society parking garage. Enter from Wells Street ½ block south of Grand Avenue.

Guy's Blog

Follow our ambassador cat and learn what's happening at The Anti-Cruelty Society. Email questions, comments, or hellos to guy@anticruelty.org. In the meantime, read his latest blog post at www.anticruelty.org/guy.

School of Dog Training

Does your puppy need some manners? Our six-week-long Puppy Manners class is for puppies between 15 weeks and 6 months of age. This class provides the opportunity for continued socialization with other puppies and people. We help you teach your puppy good manners in order to provide a smooth transition from puppyhood to adolescence and adulthood. We also discuss solutions for common puppy "problems" and provide techniques to help you communicate effectively with your puppy. The cost for this class is \$125 or \$100 for dogs adopted from The Anti-Cruelty Society (enter discount code "shelter"). Visit www.anticruelty.org/preschool to sign up. Classes begin Sunday, March 10!

Arbor Day Foundation Names Wilbur Wright College a 2012 Tree Campus USA

Wilbur Wright College is a Tree Campus USA for the third year in a row, the Arbor Day Foundation announced today.

Tree Campus USA is a national program created in 2008 to honor colleges and universities for effective campus forest management and for engaging staff and students in conservation goals. Toyota helped launch



the program and continues its generous financial support this year.

Wilbur Wright College, one of the City Colleges of Chicago, achieved the title by meeting Tree Campus USA's five standards, which include maintaining a tree advisory committee, a campus tree-care plan, dedicated annual expenditures toward trees, an Arbor Day observance and student service-learning projects.

"We are committed to sustainability at Wright College," said Donald J. Laackman, interim president of Wilbur Wright College, a winner of the Bronze Level Compact School award from the Illinois Campus Sustainability Compact. "We want to set a good example for our students at the College as we teach them how they can reduce, reuse and recycle."

"Participating in Tree Campus USA sets a fine example for other colleges and universities, while helping to create a healthier planet for all of us," said John Rosenow, founder and chief executive of the Arbor Day Foundation.

"Toyota is so proud to support a program that we believe has a tremendous impact on both reducing the environmental footprint of a college campus and inspiring college students to become the conservation leaders of the future," said Patricia Salas Pineda, group vice president of National Philanthropy and the Toyota USA Foundation.

The Arbor Day Foundation and Toyota have helped campuses throughout the country plant hundreds of thousands of trees, and Tree Campus USA colleges and universities invested \$23 million in campus forest management last year. More information about the program is available at arborday.org/TreeCampusUSA.

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What to Do After a Loved One Dies



Chester M. Przybylo

The death of someone near and dear can be a stressful time. Your life is disrupted by the loss and your grief. Often, it can be a confusing time, both emotionally and logistically.

Who has what responsibilities? Here's a quick look at different roles involved at someone's death:

Executor—The Executor or Executrix, also known as the Personal Representative, has the duty of safeguarding and collecting and manag-

ing assets which the decedent owned at death, in accordance with the Will. He or she will make distributions as directed in the Will. The Executor also has responsibility for filing the estate tax return, if necessary.

Trustee—The Trustee is the person in charge of managing and distributing any assets held under a Trust. The decedent may have had one or more trusts that he or she established during lifetime. The Trustee must follow the Trust document, which provides the terms by which the assets are to be held and distributed. Often, the Trustee must work with the Executor for a coordination of efforts regarding assets.

Agent under Property Power of Attorney—The person who was acting under the Property Power of Attorney, called the Agent, no longer has authority once the Principal has died.

Agent under Health Care Power of Attorney—The Agent may have authority to allow for organ donation or cremation.

Guardian—A guardian is a person nominated in the Will to care for the decedent's minor children. While it is up to the court to decide who will get custody of the children, the decedent's choice of guardian will be given due weight.

The first step, of course, is for the family to make any funeral arrangements. Immediately after death, the Executor or Trustee will need to make sure any assets are safe. For example, if the decedent lived alone, it would be wise to change the locks on the door to prevent someone with an errant key from gaining access.

Next, the Executor / Trustee should consult with an attorney who focuses on estate planning and administration. The attorney will help guide you through the next steps to be taken, which will include gathering the assets and following the terms of the documents. This step need not be done immediately, but an appointment should be made within two weeks after the death occurs. In the interim, it is important that you do not re-title any assets of the decedent and that you make no distributions to any beneficiary, including yourself.

The attorney will help guide you through the next steps, which will be unique to your circumstances. The attorney will help you circumnavigate the many potential pitfalls and achieve the best result possible.

Chester M. Przybylo has been elected to the Board of Governors of the prestigious American Academy of Estate Planning Attorneys and has been engaged in the practice of law for the last 40 years. To register for an upcoming seminar, call the 24 hour reservation hotline at 1-800-638-7878 or register online at www.PlanOurEstate.com.

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Law Offices of Chester M. Przybylo and Associates www.PlanOurEstate.com

7 Tax Tips for 2013

It's Not Too Late to Contribute to Your IRA – Even though it's already March 2013, it's not too late to add money to your 2012 IRA, Roth IRA, or SEP accounts. The deadline for IRA and Roth IRA contributions for 2012 is April 15, 2013. If you get an extension, then you have until your actual filing date to contribute to your SEP for 2012.

IRA and SEP contributions have a double benefit. They are 100% deductible from your income for 2012 plus they grow tax-deferred until you use the money. Roth IRA contributions also have a double benefit. They aren't tax-deductible, but you'll be paying tax on them at the current rates. Since tax rates are likely to increase, this will likely save you tax money in the future. In addition, Roth IRA money is not just tax-deferred. It's 100% tax-free when it's taken, meaning you'll pay zero tax on any gains in the account between now and when you take the money.

For 2012, the maximum IRA and Roth IRA contribution is \$5,000 for those under 50 and \$6,000 for those 50 and older.

Open Your Mail From the IRS Right Away (But NOT email) – We've heard of a number of cases where people missed important deadlines from the IRS either because they panicked when they got a letter from the IRS and ignored it or because they were out of town for an extended period. Neither is a good excuse.

If you get a letter, take a deep breath and open the envelope. It's probably not so bad. If you don't understand it, call the IRS. They're usually very good about explaining the issue. If you still have questions or want additional help, fax or email the letter to your CPA.

If you're going to be out of town for an extended period, then either forward your mail or have someone you trust pick up your mail periodically and go through it to pull out important and time-sensitive mail, such as a letter from the IRS.

On the other hand, do not open unexpected emails from anyone claiming to be the IRS. The IRS never contacts people initially via email, and there have been many IRS email scams.

Don't Overlook a Home Office Deduction – The IRS recently announced a simplified option for taking a home office deduction that reduces the record keeping and paperwork required by the IRS. If there's a space in your home that you use exclusively for business, you are probably eligible. The deduction is limited to \$1,500, based on a 300 square foot office. However, the regular home office deduction requires filling out a 43-line form, doing a lot of record-keeping, and following a complicated set of rules for figuring the deduction. It's more than most small business owners have the time or patience for. The new option eliminates all that complexity. You just multiply the square footage of the home office by \$5 to get the deduction amount.

Don't Overlook any of the Homeowner Tax Breaks – Here's list of tax breaks for homeowners:

- Mortgage interest
- Mortgage insurance
- Local and state property taxes
- Qualified renovations such as those covered by the Residential Energy Efficient Property Credit
- Unqualified renovations can still help you when you sell your home by adding to the cost basis and reducing the amount of capital gain that you may owe tax on if you sell the home for a large profit.
- Selling costs, such as title insurance, advertising and real estate commissions, are all deductible
- Moving expenses may be partially deductible if you moved because of a job.

Maximize Your Employer's Contribution to Your Retirement – Many employers will match their employees' contributions to their retirement plan (a 401K for example) up to a certain percentage. Make sure that you're contributing at least enough to maximize this tax-deferred contribution to your retirement funds.

The Tax Benefit of Refinancing – The main benefit of refinancing at today's low interest rates is of course the lower rate and lower payments. But there's a tax benefit as well. Your monthly mortgage payment is always a combination of interest and principal whose proportion changes over the lifetime of the mortgage. At the beginning of the mortgage, the payments are mostly interest, and at the end of the 15 or 30 years, the payments are almost all principal. for When you refinance, the mortgage clock starts again, meaning that a higher proportion of the payment will be interest. This interest is tax deductible. Consequently, after refinancing, your tax deduction might actually increase or stay the same even though your payments will decrease.

Use a Pro to Prepare Your Taxes – Even though many people think that they are saving money by doing their taxes themselves, it's usually a case of being penny-wise and pound-foolish. For most people, the cost of preparing their taxes with a professional is peanuts compared to the money that's at stake with the IRS. If you like doing your own taxes, go ahead and figure it out yourself, but then give it to a professional to make sure you haven't missed something that could save you much more than the tax preparation fee.

Aryeh is the founder and President of AGT Tax and Insurance Services, which offers complete tax preparation to those aged 55 and older for just \$75. AGT offers financial, estate, and tax planning services to help seniors protect their wealth. Aryeh's expertise as a financial planner has won him the honor of being ranked in the top 5 advisors out of thousands of independent financial advisors around the country. AGT Tax and Insurance Services, 5009 Oakton, Skokie IL 60077; 847-933-9222

Norwood Park Seniors Club at 5801 N Natoma Chicago meet the second and fourth Thursday of the month. We play pinochle and bingo, have parties on special occasions. Meetings start at 10:30 with coffee and a sweet roll. Call Joan at 773-774-7075.

The Lincolnwood Social Club

Day trips, drop-in programs, guest speakers and seasonal mixers are just a few of the activities enjoyed by Lincolnwood Social Club members. Area seniors, age 55 years and better, are encouraged to join the program and start taking advantage of some of the upcoming programming including theater outings to see The Pirates of Penzance (May 16), Dream Girls (October 10) and Singin' in the Rain (November 28). Other day trips include the Glenn Miller Orchestra (May 22), History Lunch Tour on the Spirit of Chicago (June 20) and Lake Geneva Lake Tour and Lunch at The Abbey (July 18). Registration fees include round trip transportation and lunch for most outings. Drop-in programs are offered on a weekly basis at the Lincolnwood Community Center (6900 N. Lincoln Avenue). Weekly activities include bridge, mah jongg and senior exercise. Classes are offered either free of charge or at a discount for Social Club members. In addition to day trips and drop-in programs, members enjoy monthly activities including movie viewings with catered lunch, area restaurant outings as well as outings to city locales (transportation included) and monthly social mixers highlighting member birthdays.

For membership information and a list of activities, please contact the Parks and Recreation Department at (847) 677-9740 or access at www.lincolnwoodil.org.

Spring is in the Air! Join the Arbor Day **Foundation and Receive 10 Free Trees**

The Arbor Day Foundation is making it easier for everyone to celebrate the arrival of spring through planting trees.

Join the Arbor Day Foundation in March 2013 and receive 10 free white flowering dogwood trees.

"White flowering dogwoods will add beauty to your home throughout the year," said John Rosenow, founder and chief executive of the Arbor Day Foundation. "Dogwoods are known for their showy spring flowers, scarlet autumn foliage and red berries that attract songbirds during winter."

The free trees are part of the nonprofit Foundation's Trees for America campaign. The trees will be shipped postpaid at the right time for planting between March 1 and May 31, with enclosed planting instructions. The 6- to 12-inch trees are guaranteed to grow or they will be replaced free of charge.



Arbor Day Foundation members also receive a subscription to Arbor Day, the Foundation's bimonthly publication, and The Tree Book, which contains information about tree planting and care.

To become a member of the Foundation and receive the free trees, send a \$10 contribution to TEN FREE DOGWOOD TREES, Arbor Day Foundation, 100 Arbor Avenue, Nebraska City, NE 68410, by March 30, 2013. Or join online at arborday.org/march.

CHICAGO PUBLIC LIBRARY DEPARTMENTS CELEBRATE SPRINGTIME WITH MUSIC & ART **PROGRAMS AND EXHIBITS**

Chicago Public Library's Visual and Performing Arts Department and the Music Information Center present a series of springtime events offering an interesting mixture of discussion, performance and exhibits. All of the events and exhibits below are at the Harold Washington Library Center, 400 South State Street.

Art events and exhibitions on the 8th Floor:

Under the Wings: Birds from the Field Museum, Paintings by Ellen Holtzblatt. March 1 through March 31, 2013. North Upright and Flat Cases

Chicago artist Ellen Holtzblatt's Under the Wings exhibit features paintings inspired by the Bird Specimen Collection of the Field Museum of Chicago.

Artist Talk with Ellen Holtzblatt, Thursday, March 28 at 6:00 p.m. Art Reference Room, 8th Floor

Artist Ellen Holtzblatt presents a drawing workshop in reference to her Under the Wings exhibit.

Post-Consumerism: Paintings by Tiffany Gholar, March 8 through April 26, 2013, North Wall Exhibit Cases

Tiffany Gholar's Post-Consumerism exhibit features painted mixed media assemblages made with recycled materials and found objects.

Artist Talk with Tiffany Gholar, Saturday, March 30 at 2:00 p.m., Chicago Authors Room, 7th Floor

Artist Tiffany Gholar discusses her Post-Consumerism exhibit.

Music exhibition on the 8th Floor:

Blast From the Past: 1963, Exhibit open through December 31, 2013, Upright Exhibit Case

This exhibit features a look back at some favorite music performers from a half-century ago, remembered through popularity chart listings, record album covers, sheet music and song lyrics.

For more information, visit chicagopubliclibrary.org, or call (312) 747-4050.

Village Cooking Corner

Moms Will Love This Refreshing Salad From The Motherland!

Honey Orange Fruit Salad

1 cup sliced strawberries

1 cup sliced kiwi 1 tablespoon fresh chopped mint

2 tablespoons fresh orange juice

1 tablespoon fresh lemon juice

Mint leaves for garnish

1 cup grapes

1 cup pitted cherries, halved

1/4 cup toasted pecans

1 cup sliced fresh peach 1 tablespoon honey

Combine fruit, mint and pecans in a large bowl. Set aside. Whisk

together orange juice, lemon juice and honey. Garnish with mint leaves. Makes 6 to 8 servings.

Chef Michael, La Bottega Saladino's, Gorham, NH

Salmon Braise with Tomatoes and Peppers (Moroccan style)

4 salmon steaks or fillets, about ½ pound each

3 tomatoes, cut in chunks 4 tbl. spoons of olive oil 2 red peppers salt and pepper to taste 2 green bell peppers 1 tsp. of paprika 3 garlic cloves - crushed ½ tsp. of cayenne pepper

2 large shallots -chopped bouquet garni (parsley, thyme, bay leaf)

In a skillet, lightly brown the steaks/fillets of salmon on both sides in the oil. Cut the bell peppers open, remove the seeds, and cut it into wide strips. Cut the tomatoes into large chunks.

In a large sauté pan, heat the olive oil over moderately low heat. Add the minced garlic and shallots and stir until translucent, about 3 minutes. Add tomatoes, peppers and bouquet garni and increase the heat to moderate. Season with salt, pepper, paprika, and cayenne pepper. Cook for about 5 minutes until the flavors are well blended. Add salmon steaks/fillets and sauté for about 10 minutes. Discard the bouquet garni. Transfer to a deep serving dish, garnished with lemon slices and serve hot for the main course. Submitted by Elizabeth Elkayam

Zuricher Porksgeschuetzeltes Pork in White Wine and Cream

Makes 4 servings

1 1/2 lb. Pork Tenderloin Tips Pinch of salt Ground white pepper 1/4 cup melted butter 1/2 cup dry Rhine Wine 2 tbs. chopped parsley 10 oz. Sauce Burgundy or 1 can cream of mushroom soup

1 cup fresh whipping cream 1/2 cup flour

1 tbs. fresh lemon juice

1 1/2 lb. fresh medium mushrooms sliced (not canned)

- 1. Slice pork in thin slices and pound until flattened, then cut into strips 1/4 inch wide by 2 inches long.
- 2. Add salt and pepper to flour and mix, sprinkle flour on pork and shake off any excess flour.
- 3. Saute pork in hot butter until lightly browned.
- 4. Add sliced mushrooms, sprinkle with salt and continue cooking until pork and mushrooms are browned (not blackened).
- 5. Drain off excess butter, add lemon juice, whisk in wine and burgundy sauce (or mushroom soup) heat thoroughly.
- 6. Add cream (not half & half) and cook until sauce thickens.

Serve with Spatzel or egg noodles, place noodles in a circle on a platter and add the Zuricher in the center of the plate, sprinkle with parsley and serve! Serve with good German Pilsner beer or Riesling wine to top off the meal.

Recipe from Chef Werner Heil – Mirabell Restaurant & Lounge

RAISING TEENS – TOWN HALL MEETING APRIL 4

Inviting all PARENTS OF TEENS AND PRE-TEENS

Parents and guardians in Niles Township are invited to join local school administrators, community service agencies, law enforcement officials and others who will answer your questions at the next Raising Teens Town Hall meeting on Thursday April 4 at Niles North High School Auditorium, 9800 Lawler Ave, Skokie at 7 p.m.

Trees That Talk: Conversing with Our Ancestors Through Grave Markers

Have you ever wondered what the symbols on your ancestors grave markers mean? Samantha Chmelik from the Czech and Slovak American Genealogy Society of Illinois will explain how to interpret the religious, cultural, and ethnic meanings of the designs found on grave markers. You will then be able to understand your ancestor's timeless messages and to create your own symbolic conversations with future generations.

Sponsor: Czech and Slovak American Genealogy Society of Illinois

Date: May 18, 2013 Time: 1:30 PM

Location: First Presbyterian Church of LaGrange at 150 S. Ashland Avenue in LaGrange Illinois

Cost: Free For further information: http://www.csagsi.org





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Resurrection

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Run for Res 5K Fun Run/Walk

Saturday, April 20, 2013
The chip-timed Run for Res 5K begins at 9 am.
Runners, walkers and families welcome!

Go to **www.reshs.org** to register.

or 773.775.6616 Ext 110
Race fees - Adults: \$30 in advance; \$35 event day
Students (ages 6-18): \$15 in advance: \$20 event day
Children under age 5: free with a registered adult

Runners will begin before walkers & families with strollers. Come join us for this healthy community event!

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