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**Next Edition** September 23

**FREE** 

773/633-4059 **Volume XVIII** contact@ourvillagechicago.com

www.OurVillageChicago.com

P.O. Box 31391, Chicago, IL 60631

Issue 16 September 9, 2014

We Wish Our Jewish Friends and Neighbors A Meaningful **Rosh Hashanah and Yom Kippur** 





Officers of the Resurrection Key Club and Celtic Club created the 2014 Northwest Side Hunger Walk Banner. Jamie Campbell '15, Madeline Larsen '16, Giahanna Martorano '15, Kelsey O'Brien '15, Karly McMorrow '15, Olivia Karenas '15, Cecylia Rudel '15, Jamie Patton '15, Erin Callahan '16, Jeannie Frost '15, Lexie Ippolito '16.

Turn to Page 4 For More Information.



## WE WILL NEVER FORGET September 11, 2001

America is the land of freedom and liberty. NEVER FORGET, liberty comes at a huge cost at times. NEVER FORGET the victims of September 11th, 2001 in New York, Pennsylvania and the Pentagon whose lost lives left a void in our hearts forever, but will be a perpetual reminder of the values we cherish as a Nation. NEVER FORGET them and the sacrifice of all those who have gone before them, after them, and those who continue to defend our liberty and freedom everyday.

Turn to Page 5 for Memorial Images



PRESENCE OUR LADY OF THE RESURRECTION **MEDICAL CENTER AND ALDERMAN TIM CULLERTON CO-SPONSOR FALL INTO FITNESS 5K RUN/WALK** (See page 2 for details)



**Congratulations Harry & Guenter Kempf on the September Anniversary of the Dedication of Kempf Plaza in Lincoln Square** 



Live Music Saturday, September 20, 2014

12pm Lounge Lizards 1:15pm Poochamungas 2:30pm Return Full Circle 3:30pm Imposter Radio Live Wire 5pm HAG ma<sub>0</sub> Inbound Kennedy 7pm

Second Time Around

One Way Street

mq8

Live Music Sunday, September 21, 2014

2:30pm Tuffy Roads 3:45pm Sami Lin 4:15pm Mallory

Flatts & Sharpe Presents Bunker Dog

Ed Burns Rhythm & Blues Band Rock City Seven







## **Health Events at Presence Our** Lady of the Resurrection

Check out the free or low cost screenings and lectures available Sept.-Dec. at Presence Our Lady of the Resurrection Medical Center.

Call 877.737.INFO (4636) to register and to get more information.

Events held at Presence Our Lady of the Resurrection Medical Center, 5645 West Addison Street.

Blood Pressure Screenings - Sept. 22, Oct. 15, Nov. 17, Dec. 8; 9-10 a.m. Free. No registration.

Prostate Cancer Screening – Sept. 18; 8-9:00 a.m.

Blood test to check PSA (prostate specific antigen). No fasting/preparation needed. \$20 fee. Registration required.

Medicare Advantage Plans/Medicare Part C - Sept. 23; 10-11:30 a.m.

Blue Cross/Blue Shield will discuss how Medicare Advantage plans work. Free. Registration required.

Vision Screening – Sept. 24; 8:30-10:30 a.m.

Staff from Eye Specialists of Chicago will be conducting this free screening. Registration required.

Are Your Ready for Flu Season" – Sept. 24; 1-2 p.m.

Karin Fiedler, M.D., will discuss flu symptoms, treatment options and preventative measures. Free. Registration Required.

Fall Into Fitness 5K Run /Walk- Sept. 28; 8:30a.m. - 10 a.m.

Event held at Portage Park. Fees. Visit www.presencehealth.org/FallFitness5K

### **Foster Harlem Meeting**

The Foster Harlem Property Owners Association's next meeting is scheduled for Thursday September 18, 7:00pm at St. Monica's Beyenka Hall, 5101 N Mont Clare. The Association will host:

**Guest Speakers** 

Sarah Moskowitz, Citizens Utility Board (CUB) will discuss in detail the flaws the City of Chicago made with Integrys Energy as an electricity provider.

Norbert Cioromski, Capernicus Center will update us on future events and programs at this historic Northwest Side theatre.

Dave Meyer, Battery Giant, will present on this new battery retail store in Jefferson Park.

### **Phone For Legal Advice At No Cost**

The Chicago Bar Association (CBA) Lawyer Referral Service hosts Call-A-Lawyer on the third Saturday of every month from 9 a.m. to 12 p.m. Volunteer attorneys will give free legal advice over the phone to Chicagoland residents who call (312) 554-2001.



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presencehealth.org/ourlady 877.737.INFO

### **Presence Our Lady Of The Resurrection Medical Center And Alderman Tim Cullerton Co-Sponsor Fall Into Fitness 5K Run/Walk**

Presence Our Lady of the Resurrection Medical Center and 38th Ward Alderman Tim Cullerton are co-sponsoring the 15th Annual Fall into Fitness 5K Run/Walk in Portage Park on Sunday, September 28, 2014. Event proceeds will help support the hospital's medical interpreters program to meet communications needs of Polish and Spanish-speaking patients.

The event will begin at 8:30 a.m. at Long and Cuyler (near Irving Park Road and Central Avenue) and will follow a route through the 38th Ward neighborhood. The race will conclude in Portage Park and will be followed by a ceremony with awards presented to the top

"We are pleased to present the 15th Annual Fall into Fitness 5K Run/Walk with Alderman Cullerton," said Dennis FitzMaurice, Vice President, Professional Services, Presence Our Lady of the Resurrection Medical Center. "This 5K run/walk reflects the mission of Presence Our Lady of the Resurrection to support improved health and wellness in our communities and to enhance community health awareness. We look forward to having our neighbors join us for some exercise and fun, and know that proceeds help pay for communications needs of Polish and Spanish-speaking patients."

Alderman Tim Cullerton added, "Here in the 38th Ward we like to see our community coming together to participate in the 5K event. It is a great opportunity to enjoy our beautiful park and neighborhood while contributing to a good cause."

Registration is required to participate in the Fall into Fitness 5K Run/Walk. Registration forms and additional information are available by going online to HYPERLINK "http:// www.presencehealth.org/FallFitness5K" www.presencehealth.org/FallFitness5K or calling toll-free 877.737.INFO.

Pre-registration fees range from \$10 for youth and seniors and \$20 for adults to \$45 for families up to five members. Race day registration fees will be slightly higher and registration on race day cannot be guaranteed. Registration fee includes a 5K long-sleeve, 100 percent cotton T-shirt; hot/cold pack; and entry into the hospitality tent post-race. Preregistration is available in the hospital's Cashier's Office through Friday, September 26.

On Saturday, September 27, pre-registration and packet pick-up will be available in the hospital's Outpatient Center from 9 a.m. until noon. Presence Our Lady of the Resurrection Medical Center is located at 5645 West Addison, Chicago. Free parking is available in the Outpatient Parking Lot.

Race day festivities include music by Delta Disc Jockeys and product sampling for participants courtesy of Alpha Baking, 7-Eleven, Inc., Portage Grounds and U.S. Foods. Waste Management, provider of sanitation services, is an additional sponsor.

Community sponsors for this year's event are: Community First Healthcare, David L. Fishman, MD, K. Fiedler, MD, DEV Medical Associates, Superior Ambulance, Metro Infectious Disease Consultants, Illinois Bone and Joint Institute, Eye Specialists of Chicago, Midwest Pulmonary and Sleep, Chest Medicine Consultants.

### **Daily Local Sales: Connect To Your Community**

Daily Local Sales. com is a mobile and internet advertising service for businesses aimed to promote products and services based on zip codes. Daily Local Sales provides sales, deals and discounts to the consumers meanwhile for businesses it provides an opportunity to reach out to their local customers. Consumers can look for deals on their mobiles devices or on a browser. Any business can use Daily Local Sales. com to broadcast deals, sales, and coupons to a large audience. Daily Local Sales. com advertising is an affordable form of internet broadcasting compared to other media sites. Daily Local Sales. com is a growing website with increasing traffic and hundreds of hits per day.

### Advertise free or with a few bucks

Daily Local Sales. com works by sorting deals and advertisements by zip code. A business can create and advertise deals for their local customers while consumers are increasingly looking for local deals. Daily Local Sales. com is only website required for consumers to find deals. Daily Local Sales. com is optimal for small business owners. Daily Local Sales. com helps small businesses use effective internet advertising techniques, to help boost sales in their respective areas. Internet advertising is a great way to expand potential customer outreach and attract repeat business. Advertising on Daily Local Sales. com is reasonably priced as the maximum advertising cost on the website is \$5 dollars.

### How does it work?

The website is easy to navigate and businesses can create and manage multiple deals in a few simple steps on the website. The deals will be displayed on the mobile app and on the website on the respective day for the zip code.

For information on how to get started, see our ad on page 4.

## OUR VILLAGE & STREET LEVEL

### **Published by Village Publications**

P.O. Box 31391, Chicago, IL 60631; 773-633-4059 www.ourvillagechicago.com

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### Mayor Emanuel Breaks Ground On West Ridge Nature Preserve

Mayor Rahm Emanuel broke ground today on the development of the West Ridge Nature Preserve, a 20.6-acre wooded site that will become a new park and nature trail along the northwest edge of Rosehill Cem-

"Having been inaccessible for decades, this site, which forms a unique, natural landscape, will finally be opened for public appreciation," Mayor Emanuel said. "For decades, the pond and surrounding woodland remained untouched. Soon the barricades soon will be torn and it will be a place for families to enjoy nature, a place for children to learn about nature, and a place for the fabric of this community to grow stronger every day."

The wooded site in the 5900 block of North Western Avenue was never developed for cemetery purposes. Characterized by rolling topography, mixed woodlands with deciduous trees, its central feature is a 4.5-acre pond, which served as a stormwater retention facility for the cemetery.

"West Ridge Nature Reserve is a great example of creative ways to increase park space and recreational opportunities in the city of Chicago," said Michael P. Kelly, Chicago Park District General Superintendent. "Repurposing this area gives residents the chance to experience the beauty of nature in their own community."

The land was acquired by the City from Rosehill in 2011 for \$7.8 million and transferred to the Chicago Park District in 2012. The Chicago Department of Transportation is managing the \$5 million restoration project, which is expected to be completed next

The West Ridge Nature Preserve will feature the following amenities:

- Restoration of the degraded woodland
- Planting of native trees and plants
- Removal of invasive species
- Multipurpose trail around the park
- Elevated overlooks and boardwalks
- Educational and interpretive signage • Perimeter fence around the property

• Restoration of the existing pond

- with new entrances
- Fishing stations and wildlife-viewing opportunities
- Utility improvements, including water, sewers and electricity

### O Tannenbaum! Nominate your **Christmas Tree today**

The City of Chicago is now taking submissions for the 101st Christmas Tree to grace Daley Plaza this holiday season. If you or someone you know has a very large spruce or fir tree that is more than 55-feet tall and you would like to donate it to be the city's official tree, submit three photos and why you think it should shine on Daley Plaza to DCASE@cityofchicago.org. If your tree is chosen, you and your family will be invited to light the tree at the 101st Annual Christmas Tree Lighting Ceremony on Tuesday, November 25 with Mayor Emanuel.

### "Safety Tips For Living At Home" Is Timely Talk At Norwood Crossing For Sept. 17

Many personal accidents, such as falls, cuts, sprains, trips, and head bumping, occur not outside but inside the home where most of us feel secure and are apt to do things which might seem the norm but put ourselves at risk daily. Making our homes safer for living should be a goal for each of us. The Timely Talk presentation, "Safety Tips for Living at Home," will take place at 2:00 p.m., on Sept. 17, at Norwood Crossing, 6016-20 N. Nina Ave. in Chicago.

Bea McDonough, Director of Sales for Norwood Seniors Network and a resident of Norwood Park, will examine the big and small things that each of us can do to improve our home safety. She will also point out the various tools that are available for elderly people to live more independently in their homes with a greater sense of security.

A question and answer session and a door prize drawing will follow the talk. Refreshments will be served. Please RSVP by calling (773) 577-5323 or emailing info@norwoodcrossing.org.

### Norwood Park's Fall Fest 2014

Mark your calendars for Saturday, September 20, and September 21, 2014 for the Norwood Park Fall Fest! This annual festival offers live music, food, beer garden, Traveling World of Reptiles, Dances R Us, Face Painting, Balloon Artists, Ben's Bubble Show, Bob James Magic Show, Jumpies from the Jump Guy, Dancers R Us, Arts and crafts area, flower sales, vendor sales and much, much, more!

Fall is right around the corner, so be sure to add the Norwood Park Chamber's Fall Fest to your calendar! Admission to the family-friendly event is free, and everyone is welcome. The event is held at Centennial Park, (home of Norwood Park's Historical Train Station) 6088 North Northwest Highway, from 12 noon to 10pm on Saturday and 1-8pm on Sunday. Generous community supporters include: Ada's European Market, & Deli, Dish Dine and Drink, Ori Family Flooring, Mullarkey Distributors, Presence Resurrection Medical Center, Norwood Life Society, Riordan Insurance Group, Michael McAuliffe, Zitella Development, Amish Custom Kitchens, Gentle Dental, Gigi's Dolls & Sherry's Teddy Bears, and Chicago Park District.

You can expect delicious food from new grocery store - (opening soon in Norwood Park) Ada's European Market, Smiling Dawgs and Caponie's and a few food trucks and 16 live bands!

### Live Music Schedule -Saturday, September 20, 2014

12pm Lounge Lizards 1:15pm Poochamungas 2:30pm Return Full Circle 3:30pm Imposter Radio 5pm Live Wire

6pm HAG 7pm

Inbound Kennedy Second Time Around 8pm

One Way Street 9pm

### Live Music Schedule -Sunday, September 21, 2014

1pm Hoodie Snitch 2:30pm Tuffy Roads 3:45pm Sami Lin 4:15pm Mallory 5pm Flatts & Sharpe Presents Bunker Dog Ed Burns Rhythm & Blues 6pm

Band 7pm Rock City Seven

See our website for information and/or to participate! www.norwoodpark.org Please contact the chamber office at 773-763-3606 or email BeaMcDonough@ NorwoodPark.org with any questions.

Norwood Park's Centennial Park's lush green lawn will transform into a giant fest for all to enjoy on September 20 & 21, 2014, don't miss the community's most highly anticipated neighborhood local music Fall Festival!

### KIWANIS CLUB OF RAVENSWOOD

The Kiwanis Club of Ravenswood meets every 2nd & 4th Thursday (with some exceptions) at the Hilltop Restaurant, NW corner of California & Foster Avenues, Chicago. Plenty of FREE PARKING is available in the lot west of the restaurant, on the north side. To confirm the meeting dates please call Maria Bappert at 773-728-8127. Thank you.

### **SEPTEMBER, 2014 DATES – PLEASE MARK YOUR CALENDAR!**

Thursday, September 11 – Regular Club Meeting followed by a Board Meeting. Thursday September 11 – Patriot Day – Never forget 9/11! Fly the flag! Thursday, September 18 – Annual Picnic at the Bethany Methodist Home, 4950 N. Ashland Avenue, beginning at Noon. Free parking is available. Friday, September 19 – POW/MIA Day – Honor our Veterans – Fly the Flag! Monday, September 22 – First Day of Autumn. Thursday, September 25 – Regular Club Meeting at the Hilltop Restaurant.

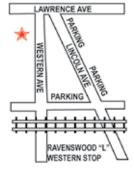
Friday, September 26 - PEANUT DAY!

"Heroes are not giant statues framed against a red sky. They are people who say: This is my community, and it is my responsibility to make it better." Studs Terkel

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FRIE PRISCRIPTION DELIVERY



The 2014 Northwest Side Hunger Walk will be held on Sunday, September 28, 2014 to raise awareness and funds to reduce hunger in the local community and throughout the world. The month of September is National Hunger Action Month and the organization Feeding America reports that 1 in 6 Americans struggle with hunger. The Northwest Side Hunger Walk is an ecumenical effort by local churches and the community and funds will be donated to New Hope Methodist Food Pantry which serves neighborhood residents on the northwest side Chicago, to Catholic Charities which serves the Chicago-land area, and to Heifer International which serves the international community.

Officers of the Resurrection Key Club and other clubs hosted a leadership breakfast on Friday, August 29, 2014. The walk will begin and end at Resurrection College Prep High School at 7500 W. Talcott Avenue in Chicago. Participants do not need to register in advance. Sign-in will be at 1pm on Sunday, September 28 in the Resurrection College Prep parking lot. Walkers will step off at 1:30 pm for the approximately 4 mile walk. All community members are welcome to participate. Questions may be directed to Kathleen Heneghan at 773.775.6616 Ext 125 or kheneghan@reshs.org.

Resurrection College Prep High School, located at 7500 West Talcott Avenue in Chicago, is the largest all-girls Catholic, Christian college preparatory high school on the north side of Chicago. Since its founding in 1922, Resurrection has graduated over 13,500 alumnae. For more information about Resurrection College Prep High School, call 773.775.6616 Ext 129 or visit www.reshs.org.



Businesses can reach out to local customers through Daily Local Sales.com. Businesses advertise or post deals/promotions on the app and on the website (**www.dailylocalsales.com**). Consumers use the free app to find promotions and deals in their local area by searching with their zip code.

- Small businesses make a mobile presence through **Daily Local Sales.com**.
- Reach out to local customers and attract repeat business.
- Businesses can choose to post for free.
- Great way to advertise your products/services with affordable advertising costs.

**630-886-3424** ■ Please visit **www.dailylocalsales.com** and search with zip code 12345. The 'Daily Local Sales' app is free and available for Android phones and iPhones.



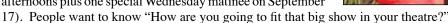


### **Broadway in Skokie**

### By Wayne Mell - Managing Director

Well, we've done it. The overture is playing, the lights have been lit. MadKap Productions is opening our first Broadway musical, Sweet Charity, live on-stage at Skokie Theatre. And oh, what heights we've hit.

Surprisingly, the first question we're asked isn't, "When?" (September 12-28) or, "Are there matinees?" (Sunday afternoons plus one special Wednesday matinee on September



I realize that this is the age of Broadway in Chicago, where audiences are used to seeing real helicopters fly in, or reconstructed pirate ships fire real cannons at one another. But a Broadway musical isn't about being big. They're about being GRAND! And Sweet Charity promises to be just that.

This charming story of an optimistic dance-hall girl who won't let life drag her down was written by none other than Neil Simon himself. Show-stopping songs like "Hey Big Spender" and "If My Friends Could See Me Now" were written by Cy Coleman and Dorothy Fields. And if that wasn't grand enough, this is the show that put Bob Fosse on the map with his special style of jazz choreography, executed to perfection by the twelve talented performers in our ensemble. (By the way, Broadwayhome.com lists only 10 performers in the original broadway cast). They may all sing, "There's got to be something better than this," but you're not likely to find it on stage.

The cast is lead by Chicago cabaret star Sarah Hoch as the plucky, spirited Charity Hope Valentine. She'll make you laugh, and cry, and cheer as she takes you with her on her journey. And if she leaves you wanting more, take note that Sarah will also be performing her one-woman cabaret show "Fatal Attraction" at Skokie Theatre on October 30.

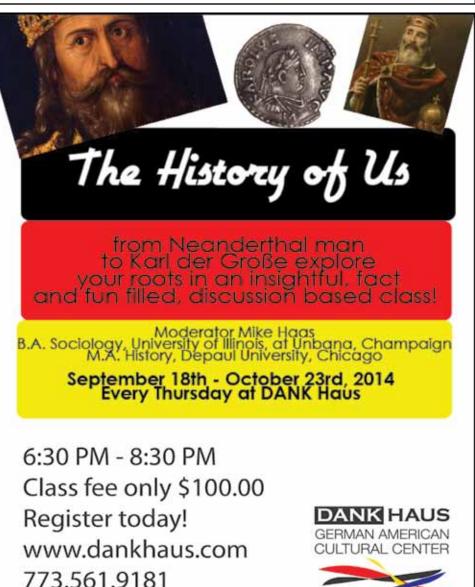
Sweet Charity run from September 12 – 28. Show times are at 7:30 pm on Fridays and Saturdays, 2 pm on Sundays, with one Wednesday afternoon matinee at 1:30 on September 17. Tickets are \$38 general admission, with \$33 for seniors and \$28 for students, and can be ordered online at SkokieTheatre.org or by calling 847-677-7761. Readers of Our Village always get a deal. Mention discount code VILLAGE to receive \$5 off individual tickets

Sweet Charity kicks-off our four-show play series, which also includes Crimes of the Heart in November, Same Time Next Year in February, and Oleanna in May. Series subscriptions are available from \$65 to \$97.

## The Anti Cruelty Society You Can Still Spread Twice the Love Before Sept. 15

You still have time to make your gift go twice as far to help animals in the Chicago area. Donations received by September 15, 2014, will automatically double in value — up to \$20,000 — thanks to our limited-time Matching Gift Challenge. In order to take full advantage of this opportunity, we are relying on the generosity of friends like you today to help us meet our goal.

Please help give twice the love to cats and dogs in our community. Thank you for caring. *The Anti-Cruelty Society, 157 W. Grand Avenue | Chicago, IL 60654-7105.312-644-8338 | www.anticruelty.org* 



4740 N Western Ave Chicago



## NEVER FORGET 9-11-01

## Patriot Day - September 11

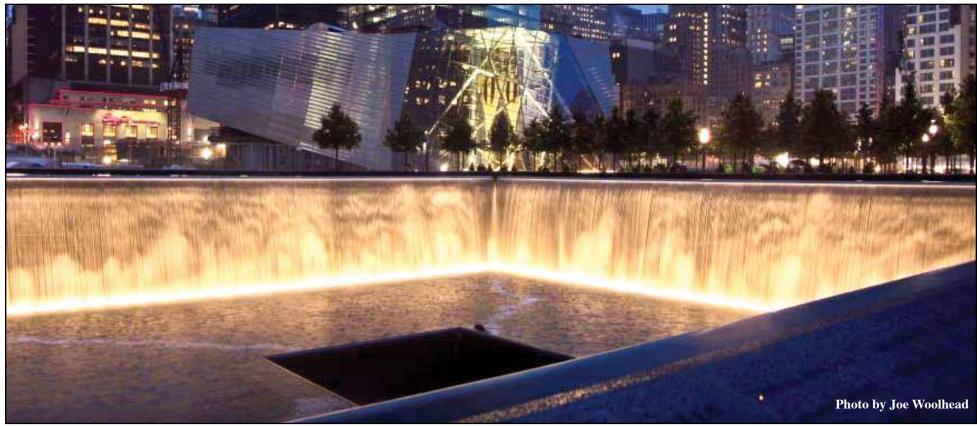
In the United States, Patriot Day occurs on September 11 of each year, designated in memory of the 2,977 killed in the September 11, 2001 attacks. Initially, the day was called the Prayer and Remembrance for the Victims of the Terrorist Attacks on September 11, 2001.

On this day, the President directs that the American flag be flown at half-staff at individual American homes, at the White House, and on all U.S.

government buildings and establishments, home and abroad. The President also asks Americans to observe a moment of silence beginning at 8:46 A.M. (Eastern Daylight Time), the time the first plane struck the North Tower of the World Trade Center on September 11, 2001.

(From Wikipedia, the free encyclopedia)

### WE WILL NEVER FORGET



Nightfall on the 9/11 Memorial at WTC. Honoring the lives of those who were lost is at the heart of our mission. Occupying eight of the 16 acres at the World Trade Center, the Memorial is a tribute to the past and a place of hope for the future. Go to 911memorial.org for more information.



The Nation's 9/11 Pentagon Memorial.

www.pentagonmemorial.org



The Garden of Reflection at the Flight 93 National Memorial located in southwestern Pennsylvania. www.9-11memorialgarden.org

Pick Up Future Editions Of Our Village For Travel Tips, Courtesy Of Heritage Travel Agency



## What Keeps a New Mom Up at Night Besides the Baby?



Chester M. Przybylo

The birth of a new baby is a wondrous, joyous event. Henry David Thoreau said that "every child begins the world again." Your world certainly began anew with your new baby!

It was a long path and it all seemed to happen so fast! But, it seems like there are still so many decisions to be made now and as your baby grows from infant to toddler, to school-age, to young adult. And, who would make those decisions if something happened to you?

First, if you died or were mentally incapacitated, your baby would need a Guardian to look after their physical and financial well being. You "nominate," or suggest, a Guardian for

your child in your Will. When the court is determining who should be named your child's Guardian, it will give your preferred choice a lot of weight. The Guardian would have the privilege and responsibility of taking care of your child and providing for their material and emotional needs in the event of your death. Select --the person as Guardian whom you trust most to raise your child and provide them a loving, nurturing environment. However, be sure to discuss the matter with the person you intend to select to make sure they are willing and able to take on the responsibility.

The best person to serve as your child's Guardian may not have sufficient financial resources to provide the future you want for your child. And, you do not want your child to cause any financial hardship on the Guardian. Life insurance can provide the financial resources that could be used to pay for your child's living expenses and education, and enable the future you want for your child.

One of the most important ways you can plan for your baby's future is to plan for your own future. A qualified estate planning attorney can help you create a comprehensive plan:

- A Revocable Living Trust holds your property during your lifetime. If you become incapacitated, it allows for easy management of your property for you and your child. So, if you become ill, the person you designate, your successor "Trustee," can step in to make sure things are handled until you are up and around again. In the event of your death, that person would manage the assets for the benefit of your child in the manner you've set forth. Your life insurance can be paid to your Trust so that the money is managed for your child by a responsible adult, the Trustee you've selected
- A Financial Power of Attorney allows your "Agent" to take care of assets outside the Trust.
- A Health Care Power of Attorney (also known as an Advance Health Care Directive
  or Health Care Proxy) allows you to appoint someone to make health decisions for
  you in the event you are unable to make them for yourself. Having your health decisions in capable hands means you'll be able to recover faster to be with your child.

The Health Insurance Portability and Accountability Act (HIPAA) prohibits the release of protected health care information without your permission. It is important to make sure your loved ones and prospective decision-makers can access your health information, when necessary. A HIPAA Authorization Form ensures access to your protected health information for people whom you designate. This way people you designate can continue to get your health records, which may be crucial to your baby's future well-being. For example, your child may need to know things about your medical history to diagnose their own medical issues.

A qualified estate planning attorney, who focuses his or her practice in estate planning, can help you put together a comprehensive plan that will care for you and your child in the event of your incapacity or even your death. Protect yourself and your baby from the unexpected. Call and schedule an appointment with an estate planning attorney today. You'll sleep better once you do.... at least when the baby lets you!

Chester M. Przybylo has been elected to the Board of Governors of the prestigious American Academy of Estate Planning Attorneys and has been engaged in the practice of law for the last 45 years. To register for an upcoming seminar, call the 24 hour reservation hotline at 1-800-638-7878 or register online at www.PlanOurEstate.com.

For Information About Our Upcoming Seminars, Please Refer to Our Ad on Page 8 of This Issue.

# MY SOCIAL SECURITY SIMPLIFIES YOUR LIFE

By Andrew Salata, Social Security Public Affairs

So many people buzz through extremely busy and complicated schedules these days. A smartphone in one hand, a computer in front of you, and a digital task list that never seems to end. In addition, to complicate things just a little more, there's another event you need to add to your list—National Simplify Your Life week. This event takes place August 1 through 7. Put it on your calendar so you don't forget!

Most organized people agree that planning ahead is a great way to simplify your life. Whether you're planning tomorrow's schedule, next summer's vacation, or your retirement.

We have a suggestion that can help you simplify your life when it comes to Social Security. If you haven't already (it's probably on your task list), open your own personal my Social Security account.

What's my Social Security? It's a free, secure, online account that allows you immediate access to your personal Social Security information. During your working years, you can use my Social Security to view your Social Security Statement to check your earnings record and see estimates of the future retirement, disability and survivor benefits you and your family may receive based on your earnings. If you already receive Social Security benefits, you can use my Social Security to check your benefit information, change your address and phone number, change your electronic payment methods, and even obtain a benefit verification letter. Check it out and sign up for my Social Security at www.socialsecurity.gov/myaccount.

After you check your online Social Security Statement, be sure to visit our Retirement Estimator. Like my Social Security, you can use it as many times as you'd like. The Retirement Estimator lets you compute potential future Social Security benefits by changing variables, such as retirement dates and future earnings. You may discover that you'd rather wait another year or two before you retire to earn a higher benefit. To get instant, personalized estimates of your future benefits just go to www.socialsecurity.gov/estimator.

There are many tools at www.socialsecurity.gov that are simple and convenient to use. Open a my Social Security account today by visiting www.socialsecurity.gov/myaccount and simplify your life.



www.NorwoodCrossing.org

### Don't Forget to Book Holiday Business and Family Parties Early



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Dinner Dances All Occasion Parties Trade Shows

Visit www.thewhiteeagle.com to View Our Photo Gallery & Menu

## Fall Beautiful Fall - Time To Prepare For Winter

By: Nick Urhausen, Urhausen Greenhouses

The chill of the first cool nights of fall serves as a warning that the growing season is coming to an end. By all means, enjoy your flowers for as long as the weather permits. We can even stubbornly try to protect and cover animals from the onset of cooler temperatures. However, hard frosts will eventually take their toll. At this time I strongly urge gardeners to clean up all dead flowers and vegetable plants. This is the first step towards having a great garden next year.

Then I would suggest adding a two to three inch layer of an organic material to the soil. If you have a compost pile, this would be a good time to work in this material.

### Join the Arbor Day Foundation in September and Receive 10 Free Trees for Planting in Illinois

Everyone from Illinois who joins the Arbor Day Foundation in September will receive 10 free trees as part of the Foundation's Trees for America program.

Through Trees for America, everyone is encouraged to plant trees that will benefit the environment and improve the quality-of-life. With one million members, the Arbor Day Foundation is the nation's largest nonprofit organization dedicated to planting trees.

Everyone joining this month will receive an eastern redbud, white pine, sugar maple, white flowering dogwood, pin oak, red maple, river birch, silver maple, northern red oak and Colorado blue spruce.

New members of the Arbor Day Foundation will also receive The Tree Book, which includes information about tree planting and care.

To receive the 10 free trees, send a \$10 membership contribution to Ten Trees, Arbor Day Foundation, 100 Arbor Ave., Nebraska City, NE 68410, by September 30, 2014, or join online at arborday.org/september.

## **American Indian Center** announces 61st Annual PowWow

The American Indian Center is hosting its 61st annual powwow September 13-14th at the Busse Woods Forest Preserve in Elk Grove Village, IL. The celebration of Native American culture and community will feature traditional art, dance, music, crafts, jewelry and food. All are welcome for the festivities, so join us for a day of cultural fun that you and your family will remember.

Festivities begin on Saturday, September 13, 2014 at 8am with our first annual 5K walk/run. Please register online at www.aic-chicago.org. Join us at the first grand entry 12pm, Saturday September 13, kicking off the 61st Annual Chicago Powwow.

The 61st Annual Chicago Powwow is hosted by the American Indian Center, a non for profit organization. More information about the organization and events may be obtained by calling 773-325-5871; visiting our website at www. aic-chicago.org; or visiting our Facebook page.

### The Village of Skokie Celebrates Car-Free Day

The Village of Skokie encourages participation in Skokie Car Free Day on Monday, September 22, 2014.

Skokie Car-Free Day will celebrate the idea of a less car-dependent future on Monday, September 22, 2014. Skokie has invested in this type of future by planning for and constructing new segments of the Skokie Valley Trail (www.skokie. org/CDBicyclePlan.cfm), and opening the new Oakton-Skokie Station and constructing wider sidewalks in Downtown Skokie.

Consider leaving your car at home for the day and walk, run, bike, bus, or train. Please visit www.activetrans.org for more information on year-round, car-free efforts in Chicagoland.

Another option is to work the leaves from your yard into the soil. Adding these materials will have several benefits. First, the organic matter will have a chance to further decompose during the long, wet fall and winter. As the organic material naturally breaks down, this will add nutrients to the soil for next years plants.

Second, really digging and working up the soil in the fall aerates and loosens it and prevents the ground from becoming too hard. This is very important because a loose soil allows plants to develop healthy roots systems.

None of this work is very glamourous, however conditioning and preparing soil is one of the most important keys to having success as a gardener. Next spring your flower and vegetable plants will benefit from growing in a nutrient rich, loose soil. Urhausen Greenhouses, Inc. is located at 6973 N. East Prairie Road in Lincolnwood. Phone: 847-675-1573, www.urhausengreenhouses.com



Edison Park is located on the far Northwest side of Chicago and in 2010 was named as part of the "20 Best Town and Neighborhoods in Chicago and the Suburbs" by Chicago Magazine. Edison Park is a tight-based community with a booming business district including ten restaurants within blocks of each other.

The Edison Park Chamber of Commerce in partnership with our Edison Park restaurants is offering a fantastic opportunity to get a taste of fine dining without breaking the bank: EDISON PARK RES-TAURANT WEEK (September 22-28)! The nine participating restaurants are Café Touche, Zia's Trattoria, Don Juan's, Nonno Pino's, The Curragh Irish Pub and Restaurant, Elliott's Seafood Grille & Chop House, Firewater Saloon, Moretti's, and Edison Park Inn. Each restaurant will offer a prix-fixed meal at various prices to fit everyone's budget. All menus will include an appetizer, entrée, and dessert. Prices are per person. Beverages, tax, and tip are not included. Reservations are strongly encouraged for dinner.

Starting in 2008, Chicago Restaurant Week was created to help boost business at area restaurants in what is typically a slower time of the year. It was such a success the first go around that it's now been turned into an annual event. In 2011, the Edison Park Chamber of Commerce, decided to host their own version of this annual Chicago event. As many of the restaurants normally have entrée selections well into the \$20 range, this provides a unique opportunity to sample some great cuisine and get a nice bottle of wine and spend less than \$100 for an enjoyable dinner for two. For more information visit our websites at www.eprestaurantweek.com, www.edisonpark.com, email info@ edisonpark.com, or call (773) 631-0063.

### 16th Annual World Music Festival **Chicago Returns September 11-21**

The Department of Cultural Affairs and Special Events is pleased to announce the full lineup for the 16th Annual World Music Festival Chicago taking place September 11- 21 in various locations throughout the city. The 11-day, 20-venue festival features 62 artists and groups representing 33 countries from around the world.

'World Music Festival Chicago will offer residents and visitors a diverse, international lineup of celebrated musicians to be enjoyed at venues and clubs downtown and throughout our neighborhoods, said Mayor Rahm Emanuel. "Since it began in 1999, the internationally acclaimed music festival has presented more than 700 artists from over 80 countries, making it the largest world music festival in the United States."

The full schedule with locations and times of each performance may be viewed at worldmusicfestivalchicago.org. For updates and festival information, join us on Facebook at facebook.com/WorldMusicFestivalChicago and on Twitter @WMF-Chicago #WorldMusicChicago.

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- How can you protect your children from creditors, ex-spouses and themselves?
- · How Veteran's Benefits can be used to pay family members for caregiving
- Joint Tenancy..hear real-life examples of how it can go terribly wrong

### Wednesday, Sept. 17th, 2014 1:00 p.m.

1:00 p.m. Basilico Restaurante 4701 N. Cumberland Ave. Norridge, IL 60706

### Thursday, Sept. 18th, 2014 7:00 p.m.

White Eagle Banquet Halls 6837 N. Milwaukee Ave. Niles, IL 60714

### Saturday, Sept. 20th, 2014

10:00 a.m. Hilton Garden Inn O'Hare 2930 South River Road DesPlaines, IL 60018



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