

Volume XIII

P.O. Box 31391, Chicago, IL 60631

www.OurVillageChicago.com

Phone: 847/675-6127 Fax: 847/679-8851 Issue 9 May 29, 2009

Lincolnwood Parks & Recreation Your Party Place – Lincolnwood Community Center Available for Rent

The Lincolnwood Community Center is part of the Parks and Recreation Department of the Village of Lincolnwood. We serve the community's recreational needs by offering various programs in our facility. However, when we're not serving the recreational needs of the community, we would like to make our Community Center available for rent to, businesses, individuals and families of Lincolnwood as well as those living nearby.

It is important for us to serve the public's recreational needs, but it's also important to assist families in attaining an affordable space to hold all types of functions, from birthday parties, bat/bar mitzvah parties, family reunions/celebrations, annual holiday parties, wedding engagements, retirement parties, to classroom enrichment programs and more.

We can fulfill almost every need of the community with our list of amenities including: round or rectangular tables, banquet chairs, kitchen, TV, podium with microphone, coffeepot, tablecloths and more. If you have a specific need that was not mentioned in our amenities list, talk to our staff to see if other arrangements can be made.

Availability is based upon seasonal Parks & Recreation Department programs and previously scheduled rentals. Stop by our facility, located at 6900 N. Lincoln Avenue in Lincolnwood, for a tour of the building, to inquire about availability, or to pick up a renter information packet detailing prices, policies and procedures. Or you can contact the Parks and Recreation Office at (847) 677-9740 for more information.

Recognized *nationally*. Caring *locally*.

Our Lady of the Resurrection Medical
Center is recipient of the 2008
HealthGrades® Distinguished Hospital
Award for Clinical Excellence™ and
is five-star rated in 8 clinical areas.

What does this mean to you? That you are getting superior care equal to the best in the country — right in your neighborhood.

We are proud of these recognitions but our real reward is caring for you.

To make an appointment with one of our doctors,

call 877-RES-INFO (877-737-4636) or visit olr.reshealth.org

HealthGrades is the nation's leading independent health care ratings organization.

Our Lady of the Resurrection Medical Center

Addison and Central, Chicago

Our Listy of

Medical Centre



Aldermen Doherty, Laurino, Levar and Rugai Introduce Resolution at the May 13, 2009 City Council Meeting Regarding Forest Preserve Burns



41st Ward Alderman Brian Doherty, along with colleagues, 39th Ward Alderman Margaret Laurino, 45th Ward Alderman Patrick Levar and 19th Ward Alderman Ginger Rugai, Chairman of Environment, introduced a resolution at the May 13, 2009 Chicago City Council meeting requiring Cook County government to codify regulations for prescribed and controlled burns conducted on Forest Preserve land. The aldermen feel strongly that stricter guidelines be put in place.

The aldermen had previously introduced an ordinance prohibiting burns within the Chicago city limits, but were trumped by Cook County's jurisdiction.

go to page 5 for continuing article

LOOK INSIDE FOR...

URHAUSEN'S GARDEN SPOT.....PAGE 7

MEET "BOSLEY" AT CANINE CORRAL'S OPEN HOUSEPage 10

SUMMER PET TIPS FROM THE
ANTI-CRUELTY SOCIETYPage 10



KELLER WILLIAMS REALTY PARTNERS

Mike Conroy's Preferred Team (847) 993-5902

Call Today for Information on Real Estate Classes.



HOT EDISON PARK

Brick Cape Cod Original Owner \$385,000 COUNTRY CLUB
TUTOR-ON WISNER
9 Rooms, 4 Bed, 3 bath, det
2-car garage. Vin. 1925 w/
original woodwork, oak
floors, grand fireplace,
French doors, Kitchen w/
granite. Fabulous 3 season
screened porch. Great location, walk to school, uptown
library, parks, train.
\$739,500



Our Lady of the Resurrection Medical Center Offers June Health Programs

Our Lady of the Resurrection Medical Center, 5645 W. Addison St., Chicago, will offer the following health events in June.

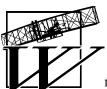
The **Diabetes Support Group** will meet Tuesday, June 2, from 6:30 p.m. to 8 p.m., in the second floor Community Education Room. These free sessions are tailored for adults who have Type 2 diabetes and focus on the emotional side of diabetes, allowing participants to share coping strategies, feelings and problems in living with diabetes. For further information about the Diabetes Support Group, call certified diabetes educator Kathy Byrne-Bellavia, R.N., at 773-794-8329.

Stroke is the number one cause of adult disability and the third leading cause of death in the nation according to the American Stroke Association. "Be Stroke Smart" is a free community lecture that will be held Wednesday, June 3, from 1 p.m. to 2:30 p.m. in the seventh floor Centennial Conference Center. Chief of Emergency Medicine David J. Bordo, M.D., will discuss the signs and symptoms of a stroke, who is at risk and how to reduce risks. He also will discuss how patients who come to the Emergency Room with symptoms of a stroke are medically treated and how patients can facilitate their care. Refreshments will be served. Advance registration is required by calling 877-RES-INFO (877-737-4636).

Bunions are a common foot condition that can become painful and unsightly. "Oh, My Aching Bunions" is a free community lecture that will be given Wednesday, June 10, from 2:30 p.m. to 4 p.m. in the seventh floor Centennial Conference Center. Podiatrist Megan R. Leahy, D.P.M., will discuss how bunions develop, how to prevent them and treatment options. Refreshments will be served. Advance registration is required by calling 877-RES-INFO (877-737-4636).

A free **Healthy Aging Program** will be held Friday, June 12, from 1 p.m. to 2:30 p.m., in the seventh floor Centennial Conference Center. This program for seniors aged 55 and older consists of social time, health topics and voluntary armchair exercises. Registration is not required.

Free parking is available in the hospital's parking facility on Addison Street.



Variety of Summer Camps at Wright

Summer camps ranging from educational to recreational to musical will be offered at Wright College to keep children busy during summer vacation.

Third- through fifth-graders can keep from losing educational ground over the summer by attending the one-week Reading, Writing and Math Clinic the week of June 22. The cost is \$85 In Computer Camp, students will learn programs such as Illustrator, Flash and Dreamweaver. They will also learn animation and web design. For ages 9 to 15; fee is \$110.

Several dance camps will be offered including hip-hop, jazz, tap and ballet in June and July for ages 4 through 10. Dance camp fees start at \$25.

Campers can also learn the basics of hip-hop dance and then learn professionally choreographed numbers, culminating in a show on the last day of Hip Hop Dance Camp. For ages 10-16, the camp will be held the week of July 27 with a fee of \$175.

Spanish Camp will explore Spanish culture through movies, discussion and hands-on activities such as ethnic snacks made by the students. The Broadway Hits Camp will teach songs from selected Broadway musicals such as "High School Musical," "You're a Good Man Charlie Brown" and "Grease." These campers will also perform the songs with choreography on the last day of camp.

Chess players of all skill levels are welcome at Chess Camp the week of July 20 for ages 6 to 16. Taught by Renaissance Knights, the class will improve academic, intellectual and social skills. Fee is \$250.

For more information on any of these camps visit our website wright.ccc.edu or call 481-8800.

Registration Open for Wright Flight Camp

There's still time to register for Wilbur Wright College's aviation camp where children can learn about the beauty of flight as well as about aviation careers.

The Aviation Careers Education (ACE) camp at Wright, 4300 N. Narragansett Ave., runs from July 27-31, and includes orientation flights, a trip Midway International Airport's control tower and an outing to an air show. The cost of \$175, which is the same as last year, includes meals and field trips.

ACE camp, which is held in partnership with the Federal Aviation Administration., is designed to introduce students age 13 to 18 to flying and aviation careers. Only 20 slots are available, and students must be at least 13 years old with a C average.

Get an application by calling ACE Camp Director Alba Pezzarossi at (773) 481-8800 or visiting wright.ccc.edu and clicking on the "Come Fly Wright" icon at the bottom of the page.



We Can Save Your Business Money

10 til 2 is the staffing company that specializes in supplying businesses just like yours with qualified, college-educated, part-time employees.

No Costly Benefits
No Temps
Just Skilled Professionals



Visit our web site to find an office near you:

www.tentiltwo.com





By Sophia Venetos

The Ed Kelly Sports Program will present several individuals with awards at its 35th Annual Giant Awards Dinner on Monday, June 29 at the White Eagle Banquet Hall, located at 6839 N. Milwaukee Ave. in Niles. Local recipients include Harry Kempf, owner of Chicago Brauhaus Restaurant and a part of Chicago history, who will be honored with the Dan O'Brien Business Award. Also, Terrence O'Brien, president of the Metropolitan Water Reclamation District of Greater Chicago, will receive the Thomas Rand Achievement Award.

Other honorees include former Lightweight Champion Ray "Boom Boom" Mancini, who will receive the Muhammad Ali Athlete Award. In addition, Gene Pingatore, the head basketball coach at St. Joseph High School, will be honored with the Ray Meyer Coach Award.

WFLD anchor Pat Elwood will be presented with the Irv Kupcinet Media Award. Lastly, Jose A. Caez, business manager of the International Brotherhood of Electrical Workers Local Union 1031, will be honored with the Bill Hogan, Sr. Labor Award.

Media personality Mike North will emcee the event, and tickets are on sale for \$100 each or \$1,000 for a table for 10. Cocktail hour begins at 6:30 p.m. and dinner will be served at 7:45. For more information, call 773-728-6300. The Ed Kelly Sports Program is an Illinois not-for-profit organization, therefore the purchase of each \$100 ticket provides value in return of \$25 and entitles the purchaser to a tax-deductible charitable contribution of \$75 for each ticket.

Forest Glen Community Garage Sale
Chicago-Forest Glen Community
15th Annual Garage Sale
Saturday June 13th
9 am to 4 pm
Area between Foster/Cicero
and Elston/Forest Glen
Multiple Families

Lincolnwood Social Club (55+) Join the Lincolnwood Social Club

Are you tired of staying home? Would you like to do fun and exciting things? Do you want to make a few new friends? Then why not join the Lincolnwood Social Club 55+. You do not have to be a resident of Lincolnwood to join. We go to exciting places every week in addition to the numerous special events held at our Community Center. Give us a call and find out what we are all about, our number is (847) 677-9740. This is one phone call you won't be sorry that you made.

Liberty Bank for Savings to Offer Computer Class for Senior Citizens

Part of an ongoing series offered by Liberty Bank, a free, two-day computer class for seniors entitled Keyboarding Skills 1 will be held on June 2 and 3, from 10 a.m. to 12 noon. Classes will take place at Wright College, 4300 N. Naragansett, Chicago. There is no charge and seats are limited. Reservations are required and can be made by calling the Marketing Department at 773-489-4471 or visiting Liberty's Resource Center on their Web site at www.libertybank.com.

This June, Liberty's popular computer classes are going back to the basics. Keyboarding Skills 1 is for beginner computer-users. Students will receive hands-on instruction on keyboarding skills and using Microsoft Word.

Liberty Bank for Savings has been providing safe and secure banking service since 1898. The community bank, with offices on the northwest side of Chicago, in Park Ridge and Lincolnwood, celebrates its 111th anniversary in 2009. For more information call 773-489-4471 or visit www.libertybank.com.

Lincolnwood Parks & Recreation Concerts In The Park

Wednesday(s) June 17, July 22, August 19 6:00pm – 7:30pm Proesel Park Shelter (Corner of Kostner & Morse) Lincolnwood, IL FREE – Open to the Public

For more information contact the Lincolnwood Parks & Recreation Office at (847) 677-9740.

June 17th * Chicago Groove Collective

Led by international touring singer, band leader Matt Lewis, Chicago Groove Collective is one of Chicago's most dynamic bands. The band plays a diverse variety of music, including rock, Motown, R&B, funk, contemporary and jazz. The band performs throughout the Midwest and has performed at such events as Taste of Chicago.

Lincolnwood Parks & Recreation Step Aquanastics

STEP in the pool is not just another gimmick; it's an alternative to land step and traditional aquatic exercise in one class. It will prove to be a creative and fun class. We will be using steps and noodles for this class.

Class #1 * June 14 – August 16 Sundays from 9:00 – 10:00am \$50 Resident, \$65 Non-Resident

Class #2 * June 15 – August 5 Mondays & Wednesdays from 11:30am – 12:30pm, \$65 Resident, \$81 Non-Resident

Lincolnwood Aquatic Center, 7155 Kostner Ave., Lincolnwood, IL Registration is required, for more information contact the Lincolnwood Parks & Recreation Office at (847) 677-9740.

Lincolnwood Parks & Recreation Deep Water Aerobics

This is an hour long high intensity aerobic workout in deep water. Flotation belts will keep us buoyant at shoulder level for a completely "non-impact" high intensity workout. Styrofoam weights and noodles will also be used in class. Improve tone, flexibility and cardiovascular conditioning as we employ the basics of "water running", cross-country skiing, and core conditioning. Stretching and cool down will take place at the shallow end of pool during the last 10 minutes of class.

Session I * June 16 – July 9 Session II * July 21 – August 13 Tuesdays & Thursdays 11:30am – 12;30pm

Lincolnwood Aquatic Center 7155 Kostner Ave., Lincolnwood, IL. \$50 Resident, \$65 Non-Resident

Registration is required, for more information contact the Lincolnwood Parks & Recreation Office at (847) 677-9740.

Lincolnwood Parks & Recreation Aquanastics

A variety of fun and fitness activities set to music. Water exercise is not only beneficial for body toning, but has therapeutic value for those who need a regular program of rhythmic movement. Tuesdays & Thursdays, June 16 – August 6 10:30am – 11:30am. Lincolnwood Aquatic Center 7155 Kostner Ave., Lincolnwood, IL \$65 Residents, \$81 Non-Residents Registration is required, for more information contact the Lincolnwood Parks & Recreation Office at (847) 677-9740.

Milshire Hotel

- · 24-Hour Switchboard
- Daily Maid Service
- · Clean and Quiet
- · Canteen in Lobby
- Elevator Building

Fullerton Hotel

- Minutes to Loop or O'Hare
- Senior Citizens Welcome
- · A/C AVAILABLE
- Free Color TV, A&E, TNT & In-House Movies

2525 N. Milwaukee, Chicago, IL (773) 384-7611 3919 W. Fullerton, Chicago, IL (773) 227-2100

Fisher Hotels

CLASSICAL MUSIC 'WITH A TWIST' COMES TO MILLENNIUM PARK WITH "DUSK VARIATIONS: A CHAMBER SERIES"

New Series on Monday Nights in June and July to Include Chamber Ensembles Mixing Classical Music with Electronics, Percussion and Rock and Roll

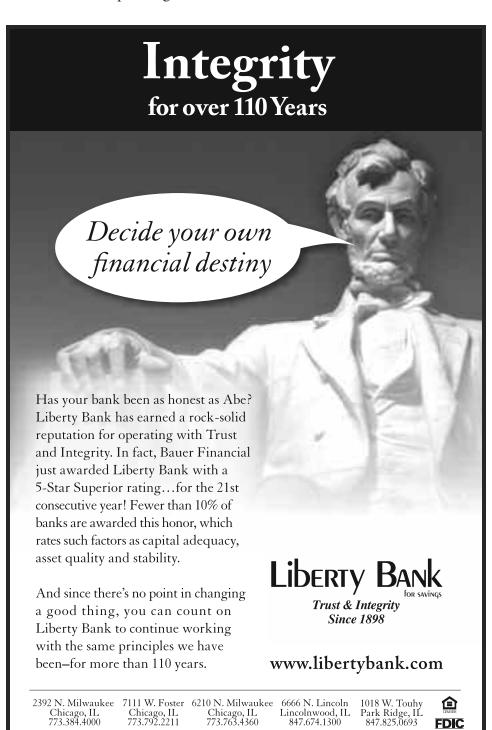
Classical music "with a twist" comes to the stage of the Jay Pritzker Pavilion in Millennium Park this summer when Dusk Variations: A Chamber Series, debuts on Monday, June 15, 2009 at 6:30 p.m. Presented by the Chicago Department of Cultural Affairs and Millennium Park, this new series of four free concerts on Monday nights in June and July will push the boundaries of chamber music, mixing electronic music, improvisation and rock and roll, with classical music.

The series opens on June 15 with ChicagoCentric, an evening of music played by four acclaimed local chamber ensembles, which each bring a cutting edge sound to their work. The Biava Quartet will bring a contemporary feel to the sounds of a string quartet on July 6 and composer/violinist DBR with DJ Elan Vytal will take to the stage on July 20. The series concludes with In Tribute: A Chinese Voyage featuring Rachel Barton Pine, among others, on July 27. All concerts begin at 6:30 p.m. and are free

"Millennium Park is pleased to offer chamber ensembles the opportunity to perform on the stage of the Pritzker Pavilion, with its state-of-the-art sound system," said Lois Weisberg, Commissioner of the Chicago Department of Cultural Affairs. "This new Monday series, showcasing smaller groups performing non-traditional fare for a broader audience, is a terrific addition to the summer line-up."

Dusk Variations: A Chamber Series is part of a collection of three new free Monday series in Millennium Park, which also includes "Downtown Sound: New Music Mondays" in the evenings and "Edible Audible Picnic" at noon, expanding the repertoire of music at Millennium Park.

For more information about Dusk Variations: A Chamber Series, visit www.millenniumpark.org or call 312.742.1168.



Chicago Area Public Libraries

RODEN BRANCH 6083 N. Northwest Hwy., Chicago, Illinois (312) 744-1478

The annual Friends of the Roden Library book sale will be held at the library, 6083 N. Northwest Hwy, June 19 and 20, 2009 from 9:30 am to 4:45 pm. Check out thousands of books: fiction, non-fiction and children's in paper and hardcover. DVDs, videos, CDs, records, audio cassettes, and specialty magazines are also available. It's the group's biggest fundraiser of the year and supports all the "extras" that are beyond the library budget. For information call (312) 744-1478.

Internet Safety For Parents...with Det. Alan Kroc, CPD an Internet Crime Specialist

The internet is great and most kids know how to have fun online. There are some online dangers you need to know about so you can stay safe. Detective Alan Krok of the Chicago Police Department can show you how to protect yourself and be in a safe environment when you are using the internet. He will discuss how to deal with cyber-bullying, social networking sites and keeping personal information private. Thursday, June 18th 7:00 p.m.

BUDLONG WOODS BRANCH 5630 N. Lincoln Avenue, Chicago, IL 60659 312-742-9590

Lean and Green: Saving the Planet and Your Wallet Wednesday, June 10, 7:00 p.m. Join local environmental advocate Mary Kopka for practical ideas to minimize your impact on the planet and save some green!

Magician Rick Davidson Monday, June 15, 7:00 p.m. Kick-off the Land of Lincoln Readers Summer Reading Program at Budlong Woods Branch with Magician Rick Davidson. This program is made possible by funding from the Friends of Budlong Woods Branch Library.

Toddler Story Time Tuesdays, June 16 to August 4, 10:00 a.m. Toddlers ages 2 ½ to 5 will enjoy songs, stories and puppets.

Mother Goose on the Loose Wednesdays, June 17 to August 5, 10:00 a.m. Jump-start your child's learning and brain activity with activities that build motor, music, social, and pre-literacy skills. Mother Goose on the Loose incorporates books, rhymes, finger plays, flannel board stories, music, dance, and child-parent interaction into a dynamic program.

Teen Volume Book Club Thursdays, June 18 and July 16, 7:00 p.m. Shout out to teens! Join a young adult librarian for fresh reads at these monthly meetings. Sign up today at the Budlong Woods Branch Library. Ninth grade and up.

Mr. Lincoln on the North Side Wednesday, June 17, 6:30 p.m. Local historian Richard Bjorklund, of the Ravenswood Lakeview Historical Association, will discuss Abraham Lincoln's historic whereabouts on the north side of Chicago. This program is presented by the Friends of Budlong Woods Branch Library.



Niles Public Library

6960 W Oakton St., Niles, Illinois 847-663-6431

Estate Planning in Uncertain Economic Times Seminar on June 13th. Noted speaker, Attorney Chester Przybylo, will describe how a person can avoid probate and guardianship expenses with proper estate planning. He will also discuss legal methods a person can employ to protect savings from catastrophic medical and nursing home expenses. Program is on Saturday, June 13th at 2:00 PM. Call Library at 847-663-6431 to reserve a seat.

Chicago Area Public Libraries

EDGEBROOK BRANCH 5331 W. Devon Ave., Chicago, Illinois (312) 744-8313

In a lavishly illustrated slide lecture based on the book *Great Houses of Chicago*, 1871-1921, **historian Susan Benjamin will bring a private world of Midwestern splendor to life** on Thursday, June 4th, at 7 p.m. Audience members will take a virtual tour along Prairie Avenue, Lake Shore Drive, and Astor Street and view residences that were owned by such elite Chicago families as the McCormicks, Pullmans, and Ryersons. Elegant residences designed by David Adler, Daniel Burnham, Howard Van Doren Shaw, and Frank Lloyd Wright will be scrutinized in this entertaining and educational program sponsored by the Edgebrook Historical Society, in cooperation with the Edgebrook Branch. A reception will follow the program.

Calling all kids! Get ready for some fun this summer as we celebrate Lincoln's 200th birthday! If you love to read or listen to stories, then you're invited to join Land of Lincoln Readers. This summer children can join the program from June 15-August 8. Children who register will receive a colorful book log to create their own sticker gallery highlighting Lincoln's life and times and record the books that they read. On each return visit children can fill out a Land of Lincoln Readers raffle ticket, and each week several lucky readers will win a free book. While supplies last, a Land of Lincoln Readers t-shirt will be given to each child, ages 9-12, who reads 10 chapter books and to each child, ages 5-8, who listens to and/or reads 25 picture books.

Discover the world-famous Chicago "L" in all its grit and glory through a new photography exhibit based on the book The Chicago "L" by Greg Borzo. The exhibit is located on the second floor of Chicago Public Library's Edgebrook Branch at 5331 W. Devon Avenue and can be viewed from May 1 through June 30. To tell the story of this celebrated transit system, the exhibit draws on thirty captivating photographs and illustrations, most of which were culled from the Chicago Transit Authority's vast photograph archives. Other images were gathered from libraries, museums, schools, vendors, and individuals across the country.

The "L" is not only an antique, but a working antique. More than ten billion people have ridden the "L," which now carries half a million people a day over 222 miles of track. The photographs show how early "L" lines helped to build Chicago as well as how today's "L" helps to revitalize neighborhoods and tie the city together.

Greg Borzo, whose first home was a few steps from the "L," enjoys riding it almost every day and conducts private "L" tours as well as public tours for the Chicago History Museum. Formerly the editor of Modern Railroads magazine, he is an award-winning journalist with a Masters Degree from Northwestern University. In addition, he has been a health/science writer for the American Medical Association, Harcourt Brace, Field Museum, and most recently, the University of Chicago. The exhibit has been made possible by a generous grant from the CTA. For more information, telephone the Library at 312.744.8313.

JEFFERSON PARK BRANCH 5363 W. Lawrence Ave., Chicago, IL 60630 (312) 744.1998

Love a bargain? Come and browse our ongoing book sale. Hard cover and trade paperbacks are \$1.00 and mass market paperabacks are \$.50. **Monday, June 8, at 7 p.m.** Join our pre-teen book discussion group as they read Tenggren's Golden Tales from the Arabian Nights by Gustaf Tenggren. Ages 11-14. Call to reserve a copy.

Tuesday, June 9, at 6 p.m. Join our Lincoln Long & Short Family Reading Club. Read easy chapter books and nonfiction, participate in activities, games and crafts. For children 6 to 8 (next fall's grades 1 to 3) and their parents. No registration required.

Wednesday, June 10, at 2 p.m. The Wednesday afternoon book discussion group will feature Entombed by Linda Fairstein. Call to reserve a copy.

Aldermen Doherty, Laurino, Levar and Rugai Introduce Resolution at the May 13, 2009 City Council Meeting Regarding Forest Preserve Burns

continued from page 1

Alderman Doherty, his colleagues, and community groups were greatly alarmed by an out of control burn and resulting fire that occurred on March 17, 2009. Approximately 500 acres of Cook County Forest Preserve property was unintentionally burned. 70 firefighters and 17 Fire Departments responded to the blaze and smoke forced the closing of LaGrange Road.

This is not the first time that burns have gotten out of control.

In Markham in November, 1999, volunteers conducted a burn that ravaged 35-40 unprescribed acres and stopped traffic on Interstate 29. Eight Fire Departments were required to extinguish the blaze.

In Morris on April, 2003, 700 acres burned and it took 10 hours and 10 area Fire Departments to extinguish the blaze.

In Carol Stream in 2005, Carol Stream and Bloomingdale Fire Departments responded to a forest preserve blaze that took 3 hours to extinguish.

On March 20, 2006, 35 firefighters from 9 different Fire Departments responded to put out a blaze resulting from a burn in Itasca.

There was a moratorium on burning in the north section of the Cook County Forest Preserves which was lifted by executive order of then interim Cook County Board President Bobbie Steele in 2006.

ALDERMAN DOHERTY STATED,

"I do not wish to be involved in the debate over the science and benefits of prescribed burns, what I am concerned about is the safety issue. The north section of the Forest Preserves includes some areas that lie in close proximity to residential homes. Cook County utilizes volunteers who are not County employees to perform these burns and it has been evidenced that these burns have the potential to become a safety hazard."

Alderman Doherty and his colleagues Aldermen Levar, Laurino and Rugai, have met numerous times with Forest Preserve personnel and personnel from the Chicago Department of Environment in an attempt to formalize strict guidelines in regards to burning the Forest Preserves. The volunteers and stewards that conduct these burns are not Cook County employees and continue to burn near residential areas, sometimes leaving unattended embers and small fires with the potential to cause fire damage.

Although general polices and oral agreements had been discussed, no enforcement mechanisms have been instituted. Brush fires have been set, some less than 50 yards away from homes. Volunteers are burning brush piles without adequate safety precautions and a burn was conducted across the street from a nursing home which had requested that there be no burn due to health concerns.

There are many other issues that the alderman and community groups wish to address. On Thursday, May 14, 2009, a meeting was held at the office of 9th District Cook County Commissioner Peter Silvestri to discuss these concerns. In attendance at the meeting were: Aldermen Doherty, Laurino and Levar, Forest Preserve employees John McCabe and Richard Newhart, and representatives from the community groups "Trees for Life", "Urban Wildlife Coalition", and "Natural Forest Advocates". Among the concerns discussed were: the cutting down of healthy native trees, the application of herbicides contrary to proposed use, the use of numerous police resources to patrol burn sites, unsupervised volunteers and stewards who have no liability and are not government employees, the lack of notification to communities, the lack of implementation of buffer zones, and inadequate safety precautions.

Alderman Doherty appreciates the continuing dialogue but believes immediate action must be taken to ensure the safety of the community. Doherty states, "If any of the damaging burns mentioned in this article were to occur in our urban area, the resulting devastation could be catastrophic."

Legends of the Lake

by Tracy Seglin

Chicago public beaches are now open! Pack a blanket, a picnic, and this quiz, and shore up on your swim savvy. (Find answers to the quiz on page 7.)

- 1. Which Chicago beach has the oldest beach house in the city?
 - a. South Shore Beach
 - b. 63rd Street Beach
 - c. Montrose Beach
 - 2. What is rip rap?
 - a. A rare swirling undercurrent found only
 - in Lake Michigan
 - b. Equipment used for kite surfing
 - c. Rocks used to reinforce shorelines
 - 3. Which beach has the largest area of deep water swimming in the city?
 - a. Oak Street Beach
 - b. Humboldt Park Beach
 - c. Wilson Avenue/Montrose Harbor
 - 4. In 1913, Dr. Rosalie Ladova was arrested at Jackson Street Beach for:
 - a. Swimming with a man who was not her husband
 - b. Releasing a dolphin into the Lake
 - c. Swimming in her bloomers
- 5. The Chicago Race Riot of 1919 began when a white man threw rocks at African Americans swimming in the water. Police arrested an African-American man instead of the rock thrower. The riot ended with dozens of deaths and hundreds of injuries. At which beach did the violence begin? Hint: This same beach was the site for the 1961 "Freedom Wade-In."
 - a. Rainbow Beach
 - b. Ashe Beach
 - c. 12th Street Beach
- 6. True or false? 12th Street Beach is really located at 13th Street, but since 13 was considered an unlucky number, it was named 12th Street instead.
 - 7. Thirty-first Street Beach is famous for:
 - a. An annual summer solstice sunset skinny dipping extravaganza
 - b. Junior Lifeguard Tug-o-War
 - c. A racy 1953 bathing suit photo shoot with Marilyn Monroe
 - 8. Oak Street Beach is:
 - a. Home to Chicago's only chess pavilion
 - b. The place where hundreds of triathletes train
 - c. The only Chicago beach to face north instead of east
 - d. A and B
 - e. A and C
 - f. All of the above
- 9.This season, swimming at Chicago beaches is permitted from _:00 a.m. to _:00 p.m.
- 10. The U.S. EPA requires cities to test public beach water for E. coli bacteria at least once per week. How often does the Chicago Park District test beach water?
 - a. Twice a week
 - b. Three times a week
 - c. Five days a week (or more)
 - 11. The Chicago Park District boasts _____ public beaches.
 - a. 17
 - b. 33
 - c. 41
 - 12. What is Chicago's only official dog beach?
 - a. Oak Street Beach
 - b. North Avenue Beach
 - c. Wilson Beach/Montrose Harbon

Lincolnwood Parks & Recreation Farmers Market

Beginning Thursday, June 4, the Lincolnwood Parks and Recreation Department will be operating Lincolnwood's 3rd Annual Farmers Market. The market will run every Thursday through August 20th, between the hours of 8 am -1 pm, at St. John's Lutheran Church, 4707 W. Pratt Avenue. This location was chosen because of its visibility from Pratt Avenue, accessibility of parking, and neighborhood location.

The goal of the Lincolnwood Farmers Market is to offer an event that brings residents and the business community together, while offering the opportunity for individuals living and working in Lincolnwood to buy fresh produce and natural products. Our vendors will set up displays that may include fruits, vegetables, bread, pastries, cheese, flowers, honey, and more.

Thursdays, June 4 – August 20 8:00am – 1:00pm

St. John's Lutheran Church 4707 W. Pratt Ave., Lincolnwood, IL FREE – Open to the Public

For more information contact the Lincolnwood Parks & Recreation Office at (847) 677-9740.

Get Wild About Nature at the "City Wilds Festival" at North Park Village Nature Center

North Park Village Nature Center, 5801 N. Pulaski, celebrates Chicago's backyard biodiversity during its annual "City Wilds Festival" on Saturday, June 13 with special hours from 10 a.m. - 10 p.m., and Sunday, June 14 from 10 a.m. - 3 p.m.

This year's two-day free festival for all ages features a mini "BioBlitz." There will be guided walks through the Nature Center's four habitats (prairie, woodland, wetland, savanna) and visitors can help inventory and learn about the plants and animals found in the 46-acre preserve in a 12-hour period. The festival will also feature workshops on the benefits of landscaping with native plants and composting. There will be nature crafts, activities, and a storyteller for children. In addition, Sunday's program features a visit from "Tales & Scales Traveling Zoo" with naturalist Beth Wagner doing an interactive, educational live animal presentation.

"The City Wilds festival is a wonderful opportunity for families to learn about biodiversity and the interconnections between people, wildlife and plants in their own backyards and in the city's parks," said Timothy J. Mitchell, general superintendent of the Chicago Park District.

The festival is free and no registration is required. For more information, call North Park Village Nature Center at 312.744.5472.

North Park Village Nature Center is the City of Chicago's first nature center, and just one of the Chicago Park District's 56 nature areas. Visitors to these special places will discover a variety of opportunities to explore nature with its vast array of lagoons, wetlands, prairies, woodlands, river edges, bird sanctuaries, dunes and wildlife gardens.

The North Park Village Nature Center's nature preserve is open from 10 a.m. to 3 p.m. seven days a week, excluding Thanksgiving, Christmas and New Year holidays. Admission is free.

Neighborhood Farmers' Markets

Norwood Park

Chicago's Farmers Markets bring more than 70 vendors selling fresh fruits, vegetables, plants and flowers to over 20 neighborhoods throughout the City of Chicago.

Dates: May 30: Jun 27: Jul 25: Aug 29 Hours: 8 am - 12 pm Location: Century 21 McMullen Parking Lot, 6400 N. Northwest Hwy., Chicago, IL 60631 Admission: FREE

Website: For additional information please visit, www.norwoodpark.org

Logan Square

Chicago's Farmers Markets bring more than 70 vendors selling fresh fruits, vegetables, plants and flowers to over 20 neighborhoods throughout the City of Chicago.

Dates: Weekly: Every Sunday

From: Jun 7, 2009 to Oct 25, 2009 Hours: Sundays, 10 am - 3 pm Location: Logan Square, 3107 W. Logan Blvd., Chicago, IL 60647 Admission: FREE

Website: For additional information please visit, www.logansquarefarmersmarket.org

Independence Park

Chicago's Farmers Markets bring more than 70 vendors selling fresh fruits, vegetables, plants and flowers to over 20 neighborhoods throughout the City of Chicago.

Dates: Jun 14: Jun 28: Jul 12: Jul 26: Aug 9; Aug 23: Sep 13: Sep 27: Oct 11 Hours: 9 am - 1 pm

Location: South side of Irving Park btwn. Springfield and Hamlin, W. Irving Park Rd. & Springfield Ave., Chicago, IL 60631 Admission: FREE

Website: For additional information please visit, www.independence-park.com

Lincoln Square

Chicago's Farmers Markets bring more than 70 vendors selling fresh fruits, vegetables, plants and flowers to over 20 neighborhoods throughout the City of Chicago.

Dates: Every Tuesday From: Jun 9, 2009 to Oct 27, 2009 Hours: 7 am

Location: City Parking Lot adjacent to Brown Line Station, 4700 N. Lincoln Ave., Chicago, IL 60625 Admission: FREE

Website: For additional information please visit,

www.chicagofarmersmarkets.us

GREAT OUTDOORS

Volunteers Needed at the Lincoln Park Conservatory, Alfred Caldwell Lily Pool, & North Pond Sanctuary

The Lincoln Park Conservancy, Alfred Caldwell Lily Pool and North Pond Sanctuary are seeking individuals to serve as docents.

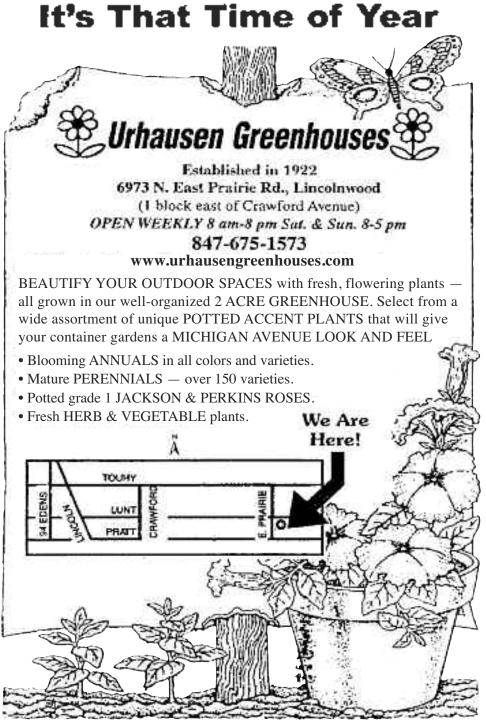
Docents, volunteers trained to educate the public, have the opportunity to foster a greater appreciation and understanding of Lincoln Park, the conservatory and Alfred Caldwell Lily Pool. The training program begins on April 4 and continues each Saturday from 8 a.m. to noon (skipping April 11).

Volunteer docents are asked to spend approximately nine hours per month giving tours to the public. Area experts on horticulture, the art of interpretation, the history of Lincoln Park, and landscape design will train docents for six weeks. Actual tour slots include the following times:

- · Fridays from 1 p.m. to 4 p.m.
- · Saturdays from 9 a.m. to noon and 1 p.m. to 4 p.m.
- · Sundays from 1 p.m. to 4 p.m.

The Lincoln Park Conservatory is a treasured Victorian glass house dating from the 1890s with collections of tropical plants, a show house, all surrounded by two historic gardens. Discover tropical palms, ancient ferns and brilliant orchids at the Lincoln Park Conservatory. In the heart of Lincoln Park, this historical facility houses four show houses capturing the botanical splendor with plant species from all over the world. The fern room's lush greenery and the orchid room's exotic species connect visitors to nature amidst the urban jungle. The Lincoln Park Conservatory, owned and operated by the Chicago Park District, was designed by nationally renowned architect of the Victorian era Joseph Lyman Silsbee in collaboration with architect M.E. Bell.

After completing the training, docents will be able to give free interpretive tours to the public and organized groups. Applications are available through the Chicago Park District and the Lincoln Park Conservancy. For more information about docent opportunities contact Julia Bachrach at 312.742.4698, julia.bachrach@chicagoparkdistrict.com or Norman Raidl at 773.883.7275, nhraidl@sbcglobal.net.





Container Gardening

by Nick Urhausen

Even if you live in a condo and only have a confined space like a balcony or a small deck, you can still experience a bit of nature with a container garden. A container garden is a collection of plants grown in a container or planter.

Whether you choose to buy a container which is already planted, or you decide to plant your own, there are a few things to remember.

First, realize that the size of the container will impact how frequently you will have to water. There is an old saying that "container gardening is container watering" implying that in a container, unlike the soil in the ground, you must supply all the water. I think larger containers are easier to care for Second, determine how much sun and shade your area has. This is very important because it will impact how your plants perform. If you put a sun loving plant in the shade it will not bloom as well as it should. Conversely shade loving plants may not be able to take the heat generated by the sun, and will struggle to live. You must determine the level of light over the course of a whole day from sun-up to sun down. With the information you will be able to select the right plants for your space.

Third, try to come up with a theme for your container. Your theme could be simple, symmetrical and elegant with a combination of something like geraniums and petunias or it could be more sophisticated with an asymmetrical blend of many different plants. Many people are copying the natural look best demonstrated by the public planters seen around the City of Chicago. On higher balconies, I would limit the use of really tall plants as one must consider the effect of the wind.

Fourth, you must maintain the planter. Any spent blooms should be discarded along with yellow leaves. Water the container when you see wilt in the plants or when the soil mix feels dry to the touch. Observe the weather - hot windy periods will always require more watering than rainy cooler periods.

The easiest way to keep your planter looking good is to fertilize the plants every two weeks with a well balance fertilize. There are many brands to choose from and they all get the job done. Follow the directions - don't fall in the trap of thinking if it says 1 scoop per gallon, then I'll really make my planter beautiful by using 2 scoops. This is wrong because too much fertilizer could make your planter perform as poorly as neglecting it would.

Fifth, enjoy your little slice of nature both visually and sensually with the various fragrances the plants give off.

Urhausen Greenhouses is located at 6973 N. East Prairie Road in Lincolnwood. Their phone number 847-675-1573. urhausengreenhouses.com

Urban Wildlife Coalition

Water Worms

Q: Why do worms come out of the ground when it rains hard?

Haley, Edison Park

- A: Earthworms do not necessarily flee their underground homes in rainstorms to avoid drowning. Worms absorb oxygen through moist, not dry, skin and can survive weeks under water. However, scientists have several theories about why earthworms emerge during heavy rainstorms.
- 1. While they can survive in water, it is inconvenient for earthworms to navigate flooded underground tunnels. 2. Carbonic acid forms when chemicals in the soil mix with water. The acid can be lethal to worms when absorbed through their skin. 3. Because they need moisture to "breathe," worms do not usually last long on dry sidewalks. Some speculate that during rainstorms, worms may take advantage of the damp surface conditions to move around, find new digs, meet mates, etc. before the ground dries.

Urban Wildlife Coalition is a community-based organization founded to help preserve our treasured urban wildlife. For more information about urban animals and tips for living in harmony with them, visit www.urbanwildlifecoalition.org. Questions? Call 773-545-8136 or e-mail us at urbanwildlifecoalition@gmail.com.

Legends of the Lake Quiz Answers

from previous page

1. B, 2. C, 3. A, 4. C, 5. A, 6. True, 7. B, 8. D, 9. 11 a.m. to 7 p.m., 10. C, 11. B, 12. C

"A Theatre Review"

"Rock 'N' Roll" Goodman Theatre 170 North Dearborn Street

Reviewed by Richard Allen Eisenhardt

Tom Stoppard is one of England's top playwrights whose productions have graced many of Chicago's regional Theatres.

After premiering on London it opened on Broadway in the fall of 2007 and Robert Falls and the Goodman Theatre scored a major coup in getting the Chicago rights to the show. Falls has cast Charles Newell from Court Theatre in Hyde Park to cast twelve actors and direct this amazing production. As the press release says the stones roll in, Russian tanks roll out...but love remains.

Those seeing the show get their monies worth as the show runs over two and a half hours. The cast is top notch as Stoppard has a lot to say, spattered with 22 of history's greatest rock songs as narrative devise. The songs are by the Rolling Stones, Bob Dylan, The Doors, Pink Floyd and John Lennon to name a few.

The story deals with two countries, three generations and covers 21 turbulent years. "Rock 'N' Roll" takes place in Cambridge, England. But during its two hours and 45 minutes, it takes place in various locations in Prague.

The play's center is Jan, played by the exceptionally talented Timothy Edward Kane, who is a Czechoslovakia University student who is a protégé of Max played by Steven Yoakem. Max is a hard-nosed communist who lives with his wife Eleanor played by veteran actress Mary Beth Fisher and she gives a strong performance as she always does and their 16-year-old daughter Esme, played by Mattie Hawkinson who is beginning to embrace the Hippie culture of 1968.

Jan leaves England for Prague when the city is occupied by Soviet tanks as his motives are to save his mother and socialism. Jan has a collection of records, one of his greatest loves by the artists you'll hear throughout the show.

The lay moves from 1968 and ends in the 1990s in several vignettes. Two bright young tars who have great futures ahead of them are Greg Matthew Anderson as Piper and Stephan and Mattie Hawkinson as Esme/Alice. Others in the cast are Thomas J. Cox as Nigel and the interrogator, Kareem Bandealy as Ferdinand, John Hoogennakker as Milan, Mick Weber as Policeman, Amy J. Carle as Lenka, Susie Mc-Monagle as Candida and Johanna McKenzie Miller has three roles who are Gillian, Mada/Pupil.

When Eleanor dies from cancer, Max who is attracted to Lenka, moves in with Max. Nigel and Esme's marriage turns sour and while the Czech culture has banned rock music, the play ends in Prague with the ground breaking 1990 concert of the Rolling Stones in Prague.

"Rock 'N' Roll" runs until June 28. For performance dates, show times and reservations call 312-443-3800. Tickets are \$25.00 to \$75.00.

"The 25th Annual Putnam County Spelling Bee: Marriott Theatre, 10 Marriott Dr. Lincolnshire, Illinois

Reviewed by Richard Allen Eisenhardt

"Spelling Bee" is a small musical that has become a major hit in Regional Theatre after a successful New York run. It first opened at the Drury Lane Water Tower Theatre and it is now at the Marriott Theatre.

The Music is by William Finn and Rachel Sheinbin and the idea for the show was conceived by Rebecca Feldman and Jay Reiss.

Andy Hite who is Marriott's leading artistic director heads up the artistic team that has direction and choreography by the phenomenal Rachel Rockwell and music direction is by Doug Peck.

The show requires a cast of nine actors who are Katie Boren, Roberta Duchak, Heidi Kettenrigh, Kevin Smith Kirkwood, Michael Mahler, Brandy McClendon, Eric Roediger, Derrick Trumbly and Michael Weber. Roediger was one from the original cast at Water Tower.

The show also has four audience members who volunteer to become part of the action as onstage bee contestant.

Six young people who are in the throes of puberty and who are overseen by grownups who barely manage to escape childhood themselves, learn that winning isn't everything and that losing doesn't necessarily make you a loser.

The songs are nothing memorable but that doesn't hamper the quality of the production.

The show runs about one hour and 45 minutes rather than the normal two hours or longer. It's pure fun listening to the actors ask for definitions to the words they have to spell and also use these words in a sentence before they spell them.

"Spelling Bee: runs through July 19. For performance days, showtimes and reservations call 847-534-0200. Tickets are \$45. The theatre offers free parking and there is a \$5.00 discount for seniors and students.

SKOKIE THEATRE MUSIC FOUNDATION NEEDS YOUR HELP TO ENABLE THEM TO SALUTE OUR MEN AND WOMEN IN THE ARMED FORCES AND OUR VETERANS AND THEIR FAMILIES BY OFFERING THEM FREE TICKETS TO OUR SHOWS

Tickets will be distributed through organizations like the Cook County Veterans Assistance Commission, VA hospitals and veterans groups in the Chicagoland area. We welcome your help in directing us to any related organization you feel would benefit from this program.

We want to offer tickets for our weekday programming and selected weekend shows. Please check our website www.skokietheatre.org to learn more about our shows. A DONATION IN ANY AMOUNT WILL HELP US MAKE THIS PROGRAM A REALITY.

PLEASE DIRECT YOUR DONATIONS TO: SKOKIE THEATRE MUSIC FOUNDATION, 7924 N LINCOLN, SKOKIE, IL. 60077

THANK YOU FOR YOUR CONSIDERATION, AL CURTIS, DIRECTOR OF OPERATIONS





Guarding Against Mental Incapacity



Chester M. Przybylo

Mental incapacity is something that concerns all of us as we age. Like physical decline, the loss of mental alertness may not be entirely within our control. This only increases the need for proper planning. If you have not planned, and are no longer able to handle you financial affairs, a competency hearing may be necessary. This article discusses certain estate planning tools that are available to help avoid this hearing and take care of you and your family in the event of your incapacity.

As we age, one of our most deeply held concerns is that we may begin to lose our mental alertness. We can try to stave off

mental decline by doing crossword puzzles and other brain building games that help maintain alertness. But, like physical decline, the loss of mental acuity may not be entirely within our control. However, we can lessen the consequences of that decline through preparation.

If and when you are no longer able to handle your financial affairs, someone must step in to make decisions for you. If you have not planned, your family would have to go to court and have a judge decide on your capacity to make your own decisions. The judge would then appoint someone to make those decisions for you, someone you may not even like or trust. The competency hearing, sometimes called a living probate or guardianship proceeding, is a public process where your friends and neighbors can learn why your family thinks you should not be making decisions for yourself.

There is a better way. You can use a Revocable Living Trust, Powers of Attorney for Property and Advance Health Care Directives. The assets placed in the Trust are managed by you while you are able to do so. When you are no longer able, the person whom you chose and trust will manage the assets of the Trust for your benefit. You can name the same person or someone different for health decisions. You can even set the standard as to when you will be considered to lack capacity. Typically, it is when two physicians make the determination that you are no longer able to manage your own affairs or a panel of trusted persons you select in advance makes the determination of your competency.

Having a trusted friend or family member as your eventual decision-maker reduces the chance that others will go to court to seek an incapacity determination. After all, they will know that they will not get control of your assets even if they prevail in the embarrassing hearing.

Estate planning is planning for your life, as well as your death. An experienced estate-planning attorney can help you structure a plan that cares for you and your family in the event of your mental incapacity.

Chester M. Przybylo has been elected to the Board of Governors of the prestigious American Academy of Estate Planning Attorneys and has been engaged in the practice of law for the last 40 years. For more information or to attend an upcoming seminar, call (773) 631-2525.

Estate Planning in Uncertain Economic Times Seminar at Niles Library on June 13th.

Noted speaker, Attorney Chester Przybylo, will describe how a person can avoid probate and guardianship expenses with proper estate planning. He will also discuss legal methods a person can employ to protect savings from catastrophic medical and nursing home expenses. Program is on Saturday, June 13th at 2:00 PM. Call Library at 847-663-6431 to reserve a seat.

TRUST IS EARNED

CHESTER M. PRZYBYLO

has protected Tens of Millions of Dollars from Probate, Guardianship, and Nursing Homes for his clients. Let him help you protect your hard earned money legally and effectively. Call for a free initial Consultation.

773-631-7100

5339 N. Milwaukee Avenue, Chicago IL 60630

In the Mood For a Little Balance

By: Tammy Cook

Gone for many Chicago-area professionals are the days of willingly slaving away for 60 to 80 hours a week while spending an average of 43 minutes a day with their families.

A growing number of topnotch employees, in virtually every business sector, are opting out of the world of "9 to 5" in search of a more appealing work-life balance. Historically, we have seen females in the workforce, from administrative assistants to CEO's, shuffle their schedules or simply leave their jobs when starting a family. The option of part-time employment allows these workers to continue to grow in their careers, while still maintaining the flexibility needed for a robust family life. But the part-time trend goes far beyond working mommies.

The fact is, an increasing number of jobseekers from all demographics are searching for more work flexibility and are often willing to sacrifice a portion of their past wages, as family time has secured a more dominant wedge on "the pie chart of contentment".

The benefit of flexible, part-time employment is tangible. The American Staffing Association reports that of the 2.96 million people who are employed by staffing companies each day, 66 percent view flexible work time as important to them.

Companies benefit from the part-time model too. The inherent savings in salaries, coupled with the fact that businesses will forego pricey perks like 401k plans, health insurance, paid vacations and sick-leave makes the option of part-time staffing extremely attractive.

It's a win-win situation.

10 til 2 is the cutting edge staffing company that specializes in providing businesses with part-time, college-educated career people. Our clients get topnotch talent, maintain control over human resources expenses and merely pay for the hours they need covered. No costly benefits. No uncommitted temps. Just skilled professionals.

If you are a business interested in the value of part-time or a job-seeker striving for that elusive work-life balance visit our website at www.tentiltwo.com or contact me at tcook@tentiltwo.com.

Tammy Cook is the owner of 10 til 2 – The Part-time Placement Service – Chicago North Shore.

GET SKILLS, CERTIFICATIONS AND UP TO \$800* STIPEND WHILE STUDYING AT CSI!



Choose between

OR <u>BUSINESS</u> careers and get ready to work in high-growth industries in only **8** months!

Classes Start Soon! Call Now!

Financial aid available for those who qualify.

Job Placement Assistance provided.

No high school diploma required to start.

Seating is limited.

 $\hbox{*Available for CSI career program students who meet qualifications.}$

Call Now!! 877-577-0237 www.csinow.com



Best Friends/Companion Pets

You're Invited to Our Open House

By Bosley

As you know, moving, at best, is difficult. I'm just trying to stay out of my human's way.

Now that we are moved into our new digs at 6460 N. Milwaukee Avenue on Chicago's Northwest Side, we'll all settle down to business and I'll be back on the job for the next issue of the newspapers.

Canine Corral is really a great place to work and with the addition of our new boarding area, it should be even more fun for me.

Stop by our Open House on Sunday, May 31st from 10:00 a.m. to 3:00 p.m. Bring your animal companions with you so that we can all meet, faceto-face and paw-to-paw!

See you then, Bosley

Submitted by Bosley's mom, Nicole Carfora, CMG, owner of Canine Corral.



THE ANTI-CRUELTY SOCIETY **URGES PROPER PET CARE** FOR SUMMER FUN

Memorial Day brings the official start of summer. Along with that comes hot and humid weather and more sun-filled days outdoors. The Anti-Cruelty Society provides the following tips to ensure that you and your pet will be healthy and happy through the summer months.

Never leave an animal in a parked car in warm weather. Even with windows open, the temperature can reach deadly heights in just a few minutes.

The Anti-Cruelty Society strongly advises that dogs live inside the home year-round. However, if your dog spends a lot of time outside in warm weather, he or she must have a sheltered area to cool down and rest, and plenty of fresh, cool water at all times. Several bowls of water with ice cubes in each is recommended. Cats should be kept inside at all times year-round.

When it's hot, limit walks to the cooler hours in the morning or evening. Companion animals cool off by panting. However, be on the lookout for excessive panting or drooling—this may be a sign of heatstroke or distress.

If your pets become too hot, they could suffer heatstroke. Signs include difficult, then rapid breathing; reddened tongue and gums; a blank stare, or sudden collapse. Emergency action is necessary: bring the body temperature down immediately by covering the animal with cool (not cold) water, remove from the sun and take it to a veterinarian for a complete examination.

Animals are attracted to the sweet taste of engine coolant, which can be fatal if ingested. Keep all bottles out of pets' reach, and be sure to clean up any spills. If a dog or cat should swallow coolant—or any other poison contact your veterinarian immediately.

Heartworm is spread by the bite of an infected mosquito. Each spring your dog should be tested for heartworm. Then, during the spring, summer and fall, your dog should be on heartworm preventive prescribed by your veterinarian.

Fleas and ticks can lead to a variety of health problems for your animal. Use preventive medication made specifically for your pet.

If a cut pad or torn toenail occurs, use a styptic pencil or mushy soap to stop the bleeding. If the bleeding does not stop, take the animal to the vet-

If your animal is scratching more than usual, has hair loss, or has raw skin, contact your veterinarian for advice and treatment.

All About Dr. Peter S. Sakas

Over the past year, Dr. Peter S. Sakas, DVM, MS, owner of Niles Animal Hospital & Bird Medical Center at 7278 N. Milwaukee Avenue, has been sharing with us and our readers a wide range of information on a variety of topics pertaining to the treatment, health and well-being of our pets. Now we thought you should know a little about the man himself.

We thank Dr. Sakas for his valuable contributions to our community and for allowing all of us to benefit from his extensive expertise. Dr. Sakas, who is committed to education, will continue to provide articles for us. Watch for the upcoming issues of Our Village, Street Level and Village Ivy. *Dr. Sakas may be reached at 847-647-9325.*

Peter S. Sakas received his BA (Bachelor of Arts) degree in biology from Northwestern University in 1974. He then traveled to Auburn University in Alabama and pursued his MS (Master of Science) degree in Zoology-Entomology which he achieved in 1979. While at Auburn, he studied the immune response of dogs with canine heartworm disease in conjunction with the Auburn University College of Veterinary Medicine. He presented his Master's research findings at regional and national parasitological association meetings. In addition he helped develop a test for the detection of occult heartworm disease in dogs and cats which led to a publication in the Journal of the American Veterinary Medical Association (JAVMA).

Also while at Auburn University he received a teaching assistantship and assisted in General Biology, Animal Biology and Cell Biology classes for four years. He was named to a faulty position at Auburn University as a lecture instructor in Animal Biology during the 1978-79 school year, where he taught classes of 75-150 students. He was also very involved with youth sports, coaching teams in football, basketball and baseball.

Despite his success at Auburn University his goal was to become a veterinarian and his graduate school experience was a stepping stone to realize that dream. He gained acceptance into the University of Illinois College of Veterinary Medicine where he began classes in the fall of 1979 and received his DVM (Doctor of Veterinary Medicine) in 1983. He received a research assistantship while in veterinary college and began conducting his diagnostic test for occult heartworm disease, which had been utilized at Auburn University. In 1981, he conducted a Veterinary Collegewide survey of the student body, dealing with stress in veterinary students. He presented his findings to the American Veterinary Medical Association national convention in St. Louis that year.

He has been involved with Niles Animal Hospital (Niles, IL) since 1980 when he began working as a student extern at Niles Animal Hospital (Niles, IL) under the direction of the noted avian veterinarian Dr. T.J. Lafeber. He worked at Niles whenever he was on break from College through his years in veterinary school. Dr. Sakas became a staff veterinarian upon graduation in 1983 and Dr Lafeber groomed him to be his successor. He bought the practice from Dr Lafeber when he retired in 1985 and has owned it since then.

The hospital has a staff of over 30 employees, including six full and part time veterinarians. Niles Animal Hospital was originally founded by Dr Lafeber in 1949. The hospital has a four year accreditation from the American Animal Hospital Association, the highest rating and has been a member since 1953. Niles Animal Hospital treats all varieties of pets and even wildlife. It has a national reputation for its work in avian medicine and people come from surrounding states for medical care. Town and Country named Niles Animal Hospital as "excellent" in one of their past issues. Continued next issue

Come out to see our new dog house!



OPEN HOUSE SUNDAY, MAY 31st 10-3

Raffle

Giveaways

Meet the Staff

Food

Tour our New Facility! Meet Bosely!



6460 N. Milwaukee Ave • Chicago, IL 60631 •773-775-1040 www.CanineCorral.net

Village Cooking Corner

Strawberry Angel Desert

1 pkg. (3 oz.) Strawberry Jello 1 1/4 C boiling water 10 oz. fresh sliced strawberries 1 T sugar Dash salt 1/2 C chopped pecans 1/2 pt. (1 cup) whipping cream 1-9 or 10" angel food cake.

Dissolve Jello in boiling water. Stir in strawberries, sugar and salt. Chill till mixture begins to thicken. Meanwhile, trim crust off cake, tear into pieces (bite size). Whip cream until stiff. Fold with nuts into gelatin mixture. Cover bottom of 9" square pan with half of cake pieces, pour 1/2 of strawberry mixture over cake. Repeat layers. Refrigerate 4 to 5 hours. Garnish with whole strawberries if desired.

Employers Battle to be Healthiest During Bike Commuter Challenge

Chicagoland companies will again go helmet-to-helmet to earn the honor of having the healthiest and most active employees during Bike to Work Week June 13-19.

Registration is open for the 2009 Bike Commuter Challenge at www.activetrans.org/commuterchallenge. The Challenge is a weeklong event where companies compete for the highest percentage of employees that bike to work during Bike to Work Week.

"It is easier than ever for companies to boost staff health and morale," said Rob Sadowsky, executive director of the Active Transportation Alliance. "The recently passed bike commuter benefit, coupled with this event, is the perfect time to make the office more bike-friendly."

Here is how the Challenge works:

- Get a crew: Each company's Team Leader pumps up their office mates and gets the crew ready for the big Challenge. Active Trans equips Team Leaders with all the information and tools their team needs to commute by bike.
- Bike! After hyping up the entire office, from CEOs to staff, the Team Leader tracks how many people bike at least one trip during Bike to Work Week.
- Celebrate: Active Trans will announce the winners, will relish in bragging rights and fabulous prizes.

In 2008, more than 350 companies fought for the bragging rights.

"We expect at least 500 companies to compete this year," Sadowsky said. "More people are escaping from costly and frustrating commute to one that is good for their waistline and their wallet."

The Bike Commuter Challenge is part of Bike to Work Week, when we celebrate the two-wheeled commute. Cyclists can fuel up with free air and coffee at Bike Commuter Stations located at suburban Metra stations and along Chicago bike routes. Times and locations will be posted at www.activetrans.org/biketoworkweek.

The Active Transportation Alliance is a non-profit, member-based advocacy organization that works to make bicycling, walking and public transit so safe, convenient and fun that we will achieve a significant shift from environmentally harmful, sedentary travel to clean, active travel. The organization builds a movement around active transportation, encourages physical activity, increases safety and builds a world-class transportation network. Formerly the Chicagoland Bicycle Federation, the Active Transportation Alliance is North America's largest transportation advocacy organization, supported by more than 6,000 members, 1,000 volunteers and 35 full-time staff. For more information on the Active Transportation Alliance, visit www.activetrans.org or call 312.427.3325.

THEATER ON THE LAKE ANNOUNCES 2009 SEASON OF PRODUCTIONS FROM LOCAL COMPANIES

Season Features Three Family Friendly Productions This Summer
The Chicago Park District's 57th annual Theater on the Lake season features reprisals of eight artistically diverse Chicago theater companies June 17 – Aug. 9, 2009. The season opens with Collaboraction Theater Company's production of Jon (June 17-21) and continues with popular productions by Redmoon Theater (June 24-28), The Improvised Shakespeare Company (July 1-5), Theo Ubique Theater Company (July 8-12), Rivendell Theatre Ensemble (July 15-19), Barrel of Monkeys (July 22-26), The Artistic Home (July 29 – Aug. 2), and Eclipse Theatre Company (Aug. 5-9). Each production will be performed for five evenings only at the theater at Fullerton Avenue and Lake Michigan.

One of this year's new features includes three family friendly productions recommended for ages six and up: Once Upon a Time (or the Secret Language of Birds), Woody Guthrie's American Song and Fun O'Clock: A Very Special That's Weird Grandma.

Hallie Gordon, Artistic Director of Theater on the Lake, comments, "Theater on the Lake is a long-standing Chicago tradition, and we invite theater lovers to enjoy the best of the city's off-Loop theater ensembles along beautiful Lake Michigan."

Performance schedule and pricing

The Chicago Park District's Theater on the Lake is located at Fullerton Avenue and Lake Shore Drive in a historic building that offers breathtaking views of Lake Michigan.

The schedule for all performances June 17 - Aug. 9 is Wednesdays through Saturdays at 7:30 p.m. and Sundays at 6:30 p.m.

Single tickets are \$17.50 and a season subscription to all eight plays is available at a discounted price of \$110. Subscriptions are available beginning May 15 via the brochure. All individual tickets go on sale June 9, 2009 at 2 p.m. at the Theater on the Lake box office at Fullerton Avenue and Lake Michigan or via phone at (312) 742-7994. Beginning June 9, the box office is open Tuesdays – Saturdays, 2 - 8 p.m. and Sundays, 3:30 - 7:30 p.m.

Paid parking is available at the Lincoln Park Zoo located at Fullerton Avenue and Cannon Drive. CTA bus routes 151 or 156 both serve the area; for schedules, contact the RTA/CTA at (312) 836-7000. For patrons with special needs, please contact the box office at 312-742-7994 to arrange for valet parking services. For more information about the Chicago Park District, visit www.chicagoparkdistrict.com or call (312) 742-PLAY.



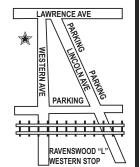


Collectibles, New Merchandise, Food, Garage Sale, Crafts, Antiques and much more.
Info 847-524-9590 or www.wolffs.com

Have Diabetes? On Medicare?

MEDICARE as a covered benefit each calendar year will help pay for: A PAIR of EXTRA DEPTH SHOES and 3 PAIR of INSERTS Becker Pharmacy is a Medicare & Medicaid approved supplier under this program.





Please call or stop by for more information

Beeker Professional Pharmacy

4744 N Western Ave. 24 hr. voice & fax (773) 561-4486 (773) 334-3162

YES WE DELIVER!

State Representative

Michael McAuliffe, 20th District and

Alderman Brian Doherty, 41st Ward

Now That School is Out for the Summer, Watch for Children Playing in Our Neighborhoods as you Drive.



6650 N. Northwest Hwy Edison Park 773/792-1991



It's the Wright Time!

At Wilbur Wright College, we have something for everyone.

Outstanding Teachers

Affordable Tuition

Flexible Class Schedules

Vibrant Campus Community

Make the Wright Choice wright.ccc.edu Register Now!

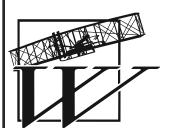
Career Training

Certificate Programs

Family and Leisure Classes

Associate Degrees

Summer 2009 classes begin June 3



Wilbur Wright College

GED and ESL

One of City Colleges of Chicago 4300 N. Narragansett Avenue · Chicago, IL 60634 · 773/481-8200

Werner's 4



Invite you to join them for Fine German & American Cuisine Large Selection of German Beers on Tap Fine Selection of German and Austrian Wines

Bring in this Ad for

on a 2nd Entree, Lunch or Dinner (Excludes Veal Dishes and Steaks) I coupon per table.

(Not valid on Holidays or for special performances)



Enjoy the Best ... Open Mon-Sat. Lunch 11:30-3:00pm 3:00-5:00pm For Select Items

Dinner 5-10pm Friday, Saturday 5-11 **Closed Sundays Except Mother's Day**

Gift Certificates & Party Room Available

Parking Available In The **Lot Across the Street**

3454 W. Addison, Chicago (773)463-1962 www.mirabellrestaurant.com



.ET US TAKE THE HEAT !! WHY COOK AND HEAT UP THE HOUSE?

Dine in our beautiful full service restaurant or We offer carry-out for home parties, backyard functions, picnics, or just a quiet evening at home. Order ahead to be picked up hot!

CALL 847-647-0660

(needs to be ordered at least 3 days ahead)

"SUMMER SPECIAL TO GO" Offer Includes

COLE SLAW MASHED POTATOES

PIEROGI ROAST CHICKEN ROAST BEEF

POLISH SAUSAGE SAURKRAUT KOLACKI

"STILL" ONLY between \$8.95 and \$9.95 per person

6839 N Milwaukee • Niles, Illinois www.whiteeaglebanquets.com

Edison Park Inn

With Wood Burning Oven Pizza And A Lot More!

Open 7 Days a week from 11:00AM

Visit out website at www.edisonparkinnchicago.com

> 6715 N. Olmsted Chicago, IL 60631 (773) 775-1404

(Dine In or Take Out Orders) Full Service Lounge With All Sporting Events On Satellite & Cable

\$2.25 Domestic bottles: Tuesdays & Thursdays \$5.00 Domestic Pitchers: Wednesdays

Entertain your family, friends, or business associates for the **Holidays or Special Occasions** with a party package to fit every event!

Live Music, **Bowling and Billiards Upstairs**

Private Parties Available

(Pizza/Appetizers/Buffet Meal)