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Volume II

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P.O. Box 123, Gorham, NH 03581

Issue 3 **April 26, 2013**

HAPPY ORTHODOX EASTER SUNDAY, MAY 5TH

ARMED FORCES DAY

Armed Forces Day honors all branches of the armed forces of the United States. It is celebrated on the third Saturday of May with military exercises on land, at sea, and in the air. Military installations are usually open to the public on Armed Forces Day. President Harry S. Truman proclaimed Armed Forces Day, and it was first celebrated in May, 1950. It replaced three separate celebrations for the Air Force, Army, and Navy. James V. Forestal, the first secretary of defense, helped unite the armed services under the Department of Defense after World War II ended in 1945. (Taken from World Book, 1999 Edition)

We honor all of our men and women of the military everyday of the year for their selfless patriotism and service to all of us.

They keep us safe and watch over us not only at home but in the far corners of the earth where they are assigned. We can never express deeply enough our unwavering support and pride in these exceptional people, past, present and future.

"To one who has faith, no explanation is necessary. To one without faith, no explanation is possible."

-St. Thomas Aquinas





HappyMother's Day

In America, the second Sunday in May is the day we set aside to honor Mother. One of the most intricate and important duties one can accept is to steer, protect and nurcher another's life.

Mothers hardly ever get the credit they deserve in their day-in-day-out dedication to the generations of young people now and forever. They, our Mothers, influence the future of the entire earth; they have for years past and will continue, far into the future.

Thank you to all of the Mothers everywhere for a life's tireless commitment, not always recognized for its true worth.

THE WHITE MOUNTAIN ROTARY CLUB SPONSORS THEIR FIRST ANNUAL SPRING CRAFT FAIR - MAY 4th

The White Mountain Rotary Club of Berlin/Gorham is sponsoring a Spring Craft Fair on Saturday, May 4th from 10 a.m. until 2 p.m. at the Gorham Town Hall's Medallion Opera House.

This event is happening just in time for Mothers' Day, so everyone is invited to stop in and pick up something special for Mom. All monies raised will be go toward the Rotary Scholarship Fund, a 501c non-for-profit organization, through which several students in the local area receive scholarships each and every year.

It is hoped that this becomes an "Annual Af-Fair", so be one of the first to participate. Join the community and support this exciting new event on May 4th at Gorham, New Hampshire's Town Hall located at 20 Park Street (at Railroad Street), just off Main Street's Town Common.

There's still time to secure an exhibitor's table at the Fair. For details, please contact either Pam Eichler at 603/289-7496 or Guy Lopez at 603/723-9502. We are also asking for a donation of your product for a raffle, proceeds from which will go toward the local scholarship program



Think fine lines should be quoted-not appear on your face? A simple and effective daily program with TimeWise skin care can help reduce the appearance of fine lines and wrinkles. So skin looks firmer. And feels softer.

In 30 days, see a younger looking you!

Contact me to experience TimeWise for yourself. Free facials! First time customers receive 10% off your first order. As always...free samples & gifts!

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310 Main Street, Gorham tel. 603/466-9888 Gift Certificates Available

10% OFF For Senior Citizens 60 Years And Over – Just Ask!!

This successful fundraiser was the brainchild of Gina Saladino & Sharon Hamel. Both had sons, Bailey & Cael, in Kindergarten and both boys had attended the Gorham Community Learning Center. Seeing the needs of the schools, Gina & Sharon believed a community fundraiser would be a good way to raise funds and awareness. The first spaghetti dinner was held 6 years ago, serving 200 dinners and raising \$1000. This year, more than 800 meals were served, \$3000 raised and countless parents, grandparents and friends of the schools volunteered to make this such a great success. This has become an iconic community event that represents the wonderful area we live in and the great schools our children attend.

By Sylvia Saladino

6th ANNUAL SALADINO'S FUNDRAISER TO BENEFIT AREA SCHOOLS ANOTHER HUGE SUCCESS

The Gorham-Berlin communities came together for the benefit of the children. It is with very grateful hearts that the parents and children thank all those who contributed and enjoyed great food! Submitted by Sylvia Saladino

In the middle of a crazy March snow storm on March 19th, Saladino's Restaurant in Gorham was the place to be for lunch and dinner. The 6th annual Saladino's fundraiser served 831 meals and with the assistance of more than 75 volunteers that raised money for the Gorham Middle School and the Ed Fenn Elementary School in Gorham.

We thank Yokohama Restaurant, Jay's Corner, Town & Country, Boott Spur Grill, Eastern Depot, Pizza Hut, Circle K, Central Paper, PFC foods, White mountain cafe, Mr. pizza, IGA, Gorham Booster Club, Cafe Services, Gorham House of Pizza, SaveALot, AVH and Sysco for additional support by donating products and allowing us to keep the cost of the meal the same and serve so many meals.

Our countless volunteers helped by baking desserts, rolling 300 lbs of meatballs, slinging spaghetti, making salads, filling dressings, cutting bread, rolling silverware, delivering meals to local businesses, setting tables and serving customers! Again, they did this all for the benefit of our local schools.

The organized, chaotic day ended with us serving 831 meals in just 8 hours. 480+ meals were delivered to area businesses such as AutoNorth, AVH, Mt Tire, Berlin City Auto group, Brookfield Power, Northway bank, SAU 20, SAU 3, GCLC, Gorham Paper & Tissue and many others. We thank every person that ate with us, take out or dine in that day. Your support is very appreciated.

In 6 years, the Saladino's Spaghetti Fundraiser has provide \$19,075 to our community schools. Edward Elementary has received \$9,875, Gorham Community Learning Center \$5600 and Gorham Middle School \$3600. The funds have helped to fill a large gap in the basic needs in our schools by providing classroom furniture, storage units, SmartBoard, speakers, cameras, digital media equipment, microscopes, and funding for enrichment programs and activities.

Our sincerest thanks to Michael & Sylvia Saladino for allowing us to take over their restaurant, giving up all business for the day and once again help our schools. With thanks, Sharon Hamel & Gina Saladino

Joan Merrill Receives 2012 AVH Volunteer of the Year Award

National Volunteer week is April 21-27. Edwina Keene, AVH Volunteer Coordinator, held a celebration to honor all the dedicated volunteers at Androscoggin Valley Hospital on Tuesday, April 8. Sixty-two volunteers gathered at the annual

recognition dinner. Mrs. Keene thanked all the volunteers for their dedication and continued support to the Hospital. All of the volunteers received a gift. Several items were raffled at the end of the program and a group photo was taken. Joan Merrill received the prestigious AVH Volunteer of the Year Award. Joan joined Volunteer Services in September of 2009. She started out as a transport volunteer, coming in weekly. She continues in this role today. She has since completed the Hospice Volunteer Training Program and has been a very active member of the Hospice Team. "She goes above and beyond for each of her patients and their families," commented Mrs. Keene. Joan also participates in the



Joan Merrill

Focused Visitors Program, serves as Chairperson for the AVH Auxiliary/Eli Isaacson Memorial Family Health Library, volunteers at the Blood Drives and assists with special projects. In addition to Joan's role as a volunteer at AVH, she is also very active in our community. Joan is a member of RSVP, serves on the Coos County Family Health Services Board of Directors, volunteers for RE-SPONSE, and spends every Thanksgiving at Valley Creek Eatery serving food to the elderly and low income families. Thank you Joan!

Service award pins were presented. 100 Hours: Henry Boucher, Jean Croteau, Pam Couture, Lucille Mainguy, Phyllis Morrissette, James Patry, Rochelle Payeur, Stormy Thunderwolf, and Brad and Sue Wyman. 500 Hours: Christina Lavigne, Jean Lemieux, Joan Merrill, Fred Smith, Julie Smith and Pauline Tibbetts. 1,000 Hours: Butch Loven, Lucille Nolan and Theresa Smith 2,500 Hours: Ron Fini

New volunteers in attendance were introduced: Judy Carroll, Ron Croteau, Shirlene Couture, Fred Devoid, Dan Gauthier, Nancy Hachez, Melanie Maynor, and Stormy Thunderwolf.

Special thanks was given to Stormy Thunderwolf and Jeannette Morrissette for their extra efforts in serving our staff and patients.

Several "groups" of volunteers were recognized for offering outstanding service throughout the year. Reiki Volunteers Beth Ball, Pam Couture, Melanie Maynor and Launa Keenan; Spaghetti Dinner Volunteers Noella Bartoli, Chair, Aline Boucher, Carmen Leveille, Lucille Paradis and Sue Croteau; Gift Shop Volunteers, Jean Croteau, Sally Tourangeau, James Patry, Sandra Jensen, Theresa Lessard, Warren Johnson, Lucille Nolan, Theresa Smith, Lucille Mainguy, Karen Loven, Jeannine Birch, Aline Lacroix, Carlene Wilmer and Louise Poulin.

The program was held in the Hospital Cafeteria and featured hors d'oeuvres and a complete dinner, prepared by Carl L'Heureux, Director, Food Services and his staff. Volunteers enjoyed being waited on all evening by AVH staff, Dan Blais, Bill Blunden, Janine Gagnon, Diane Paradis, and Clare and Leo Vallee. Sue Perkins served as photographer, capturing the special moments throughout the evening.

GILBERT BENEFIT

A BIG Thank You goes out to Bob Champman for his generous donation for Chris Gilbert & his family! Mr. Chapman donated 3 Cords of dry firewood OR \$900.00 CASH to the lucky winner of the raffle to benefit Chris Gilbert. Chris is fighting cancer and the funds that were raised will be a huge help to him and his family. The drawing was held on Monday afternoon, April 1st at Chapman Container and the winning ticket was pulled by Mr. Chapman himself. There were 9 people present to witness the winning ticket being pulled & announced! The very lucky winner of the raffle was Brenda Lauze, from Gorham. Brenda purchased the LUCKY ticket! Congratulations to Brenda and again a big thank you to Bob Chapman for his generous donation for the Gilbert family! Bob has done a lot for our community and continues to help local people and local organizations raise money for great causes.

The Coos County Botanical Garden Club

By Will O'Brien

Will O'Brien

We would like to take this opportunity to welcome Gail Wiggler from Gorham N.H., along with Jeff and Cheryl Walter from Milan N.H. as our newest members.

The presentation, "Plants that Attract Wildlife," by David Govatski was on Monday March 4th at the Gorham Public Library was quite informative. Thank you David for sharing your wonderful slideshow with us.

The Early Spring Auction by Vice President Jane Ely was a huge success and a lot of fun for all! Thank you Jan for the laughs! This will be such a memerable evening!

Thank you Cheryl Walters for the wonderful cookies. The garden club made an even \$100.00. This money will be split between the gardens in the town of Gorham and the City of Berlin for flowers this summer.



*Free to the public! Monday, May 6th 5:00-7:00 "Soil Quality," by Steve Turaj from Cooperative Extension. Steve is a field, food and agriculture specialist from UNH Cooperative Extension. If you are starting a garden for the first time or would like to increase your knowledge on building your soil quality, then I would highly recommend this presentation. Refreashments will be served!

*Community Garden Day: Thursday June 6th at the Gorham Common 5:00 to 7:00. The garden club members are planing a cookout at the Gorham Common for all those who help out with volunteering at the Gorham Historical Society and the Gorham Public Library gardens on this date. If you would like to help us out please then please call Club President Will O'Brien 723-7672.

If you would like to donate to the gardens in your community, then please send your check to the Gorham Parks & Recreation, 20 Park Street, Gorham N,H, 03581 to the "The Way to Grow" program.

If you would like to donate to the Berlin N.H., gardens then make your check out to the Berlin Recreation & Parks Department,672 First Avenue, Berlin N,H,03570 to the Laura Lee Viger Botanical Gardens or the City Gardens.

Donations are always needed and greatly appreaciated. We thank you. Club President Will O'Brien

For more information, please call 603/723-7672.

BERLIN HIGH SCHOOL IS GOING GLOBAL

The Berlin High School's Destination Imagination team has made it to the global competition in Tennessee in May. It has been 19 years since a local team has made it this far and they need the community's help to get there. Some members of the team are selling Krispy Kreme donuts and Coffee to raise some of the funds required. Please order and pay in advance of May 10th by visiting LaBottega Saladino's Market and Restaurant, 152 Main Street in Gorham. Your orders may then be picked up Friday evening, May 10th or all day Saturday, May 11th. You may also contact Dave Griffin or Nancy Couture of Berlin Middle School at 752-5311 to make a contribution to help these young folks.

"Luck of the Irish"

Coos County RSVP would like to thank everyone who participated in the "Luck of the Irish" calendar fundraiser. The program is required to raise local matching funds to receive their federal grant and this is one of the ways that we try to accomplish our fundraising goals. RSVP rose just shy of \$1500 on this event and although this may seem like a small total for a fundraiser, this program is truly grateful for every dollar it receives. This allows us to continue matching volunteers to volunteer roles at non-profit and public agencies throughout Coos County. RSVP volunteers are helping over 50 agencies to meet the needs of their community.

The following is a list of the daily winners. They are listed starting with March 1st through March 31st: Ray Patry, Ray Lavertue, William Thomas, Luc Raymond, Maurice Wheeler, Ernest & Denise Demers, Sue Wyman, Lois Boucher, Jean LeBlanc, Bob Lacroix, Todd Gendron, Theresa McAllister, Helga Ziegler, Beatrice Beaudion, Andrew McKenna, Lillian Lafleur, Sabrina Delorge, Debbie Roy, Lucille Mainguy, Chris Dubey, Alice Gagnon, Kerry McLain, Jean LeBlanc, Claire Landry, Jeanne Charest, Pauline McGee, Luc Raymond, Lorraine Morin, Beverly Hawkins, Don Gendron and Wendy Lettre.

Congratulations to each of you, especially Sabrina Delorge and Wendy Lettre whose names were drawn on the days with a larger pay out.

We sincerely appreciate your participation and generosity and hope that more will participate next year! With 31 chances to win and win multiple times (as a couple of our participants did) it's a great way to give to a good program and have a little fun while we wait for the snow to melt!

If you are 55 or older and want more information about volunteer opportunities in your community, please contact Kathy or Nancy, their office is located at, 30 Exchange Street, Berlin, NH 03570 (the old train station across from the post office) or call 752-4103, toll free 1-800-552-4617 ext. 38 or 40 or e-mail us at rsvp@tccap.org. We look forward to hearing from you.

With deep appreciation, Kathy McKenna, Director - Coos County RSVP

REMAIN STEADFAST – HAVE CONFIDENCE!!

America is the number one Country in the world. To stay number one at anything, constant improvement is vital. It's difficult to climb to the top in any endeavor, but it's even harder to stay there.

It appears that added to all of the domestic problems we face each day, we are also at war. We will win and overcome our problems because we have character as a people and as a Country. With this same dedication and vigor we will tackle our challenges as they occur.

With the pressure our Country and its Citizens are under, common sense and a pride, not only in ourselves, but in our Nation as a whole, is key. There are no easy answers, so it may be time that each one of us evaluates our own knowledge of current events, religious beliefs, our spirit of giving to others and pride in our foundations as a free people.

Never should we be afraid, rather determined that we will pursue the right road that will allow us to remain on top. We should all examine were we have been, where we are presently, and even more important, where we are heading.

The Editor

St. Keiran Arts Center Events

Upcoming performances include Don Campbell Band, in a Tribute to the Songs & Music of Dan Fogleberg on May 5 and Mellow Yellow, 60's & 70's Retro Band on May 19, Les Hay Babies Trio, June 24; Jonathan Biggers, Organist, July 2; International Musical Arts Chamber Concert, July 2 and the World Acadian Congress International Tour, July 18th.



Live Music at St. Kieran Arts Center



THE DON CAMPBELL BAND Sun. May 5 - 2 pm

Direct from Nashville, this band brings us a special tribute performance celebrating the Songs & Musical Legacy of Dan Fogelberg, with other popular band favorites. Folk, Country & more! Don't miss this one! Sponsored by Androscoggin Valley Hospital

MELLOW YELLOW RETURNS! Sun. May 19 - 2 pm

This groovy 60's-70's Retro Band is back by popular demand! Enjoy all the "hey-man-peace-and love-grooviness" of the songs that defined a generation. Wearing your "beads & flower power" is highly encouraged! Sponsored by Bryant Funeral Homes & Cooper, Cargill, Chant



Little Hands Community Art Show

The Gorham Public Library proudly presents the first "Little Hands Art Show." Come and support the development of children's art in our communities! Starting May 1st, please bring in to the Gorham Public Library your favorite piece of wall art made by your youngster. The Library is open Monday – Friday, 10am – 6pm, and Saturdays, 10am – Noon and is located at 35 Railroad Street (at Exchange Street).

Your child's art work will be displayed for the entire month in the Library. An art show reception will be held for all of the artists on May 24th from 5:00 to 7:00pm, so bring your family and friends. Refreshments will be served. This is a free event and open to the public.

One original piece of art on any subject may be submitted in the medium of oil, acrylics, watercolor, pastels, drawings, or mixed media. To be able to enter you must be at least 12 years old or younger. If you have any questions please call Project Coordinator Will O'Brien 723-7672 or Elizabeth at the Library, 466-2525.

New Hampshire Vet-to-Vet

A Peer Driven Support System of Veterans Helping Veterans

New Hampshire Vet-to-Vet is a peer to peer group made up of military veterans. We have resources available for past and returning veterans who are having challenges or difficulties with obtaining help or services through the VA. We meet the First and Third Tuesdays of each month from 6:30 till 7:30 pm at the Family Resource Center in Gorham. If you have questions please call Dave @ 752-5773 or the Vet Center in Gorham at 752-2571.

Featured Member: Stewart Shaw served in the US Army from 1963 to thru 1965. He was assigned to the Strategic Communications Command at Fort Ritchie, MD. Stewart worked for a Land Mobile Radio company for 21 years before he went into business for himself in 1987. He moved to the North-Country in 1990, and in addition to his interest in communications, is an active member of St. Paul's Lutheran Church in Berlin.

Since 2011 Stewart has been involved in the Vet-to-Vet program on a regular basis. He has a desire to help veterans get their feet on the ground so they don't go through what the Vietnam Veterans did after they returned home to an unwelcoming nation. He cares!

Please come meet Stewart at the Family Resource Center in Gorham one of these Tuesday evenings.

Each One ~ Reach One ~ Teach One

Jefferson Gem & Mineral Society

The Presidential Gem and Mineral Society meets the second Thursday of the month, at the Jefferson Town Hall at 6:30pm. There is a program, raffle and refreshments. Come join the fun! For more info call Sharon ONeill at 466-2395 or Dave Tellman at 837-9764.

CHESSIS LIFE, AND LIFE IS CHESS. By Albert French



"The game of Chess is not merely an idle amusement; several very valuable qualities of the mind, useful in the course of human life, are to be acquired and strengthened by it, so as to become habits ready on all occasions, for life is a kind of Chess, in which we have often points to gain and competitors or adversaries to contend with, and in which there is a vast variety of good and ill events that are, in some degree, the effect of prudence, or the want of it. By playing at Chess, then, we may learn foresight, circumspection and caution." *Benjamin Franklin*

As a graduate of Washington State University, I once wrote a paper titled: "Chess is Life and Life is Chess." I chose that subject because I truly believe that life is a chess game.

Chess is a game of choices and as anyone reading this letter should realize, life too, is a series of choices. The good thing about chess is that when we make poor choices on the chess board, the worst that happens is a bruised ego. Poor choices in life can lead to much more serious results.

As a volunteer at the NH State Correctional Facility, I teach chess to inmates who have made poor choices in their lives, showing them how correct thought can promote good results on the chess board as well as in their lives.

Anyone who might be interested in learning how to play chess, or already knows how and wants to pick it back up, can call Al French at 603/915-0134 or simply come to the Family Resource Center at 123 Main Street in Gorham on Tuesdays between 6 and 9 p.m. to take part in the regular meeting of the Gorham Chess Club.

Join me in upcoming editions of the Gorham Gazette for chess discussions, information and puzzles for you to solve.

Play well; be well!

Gorham High Junior, Ryan Mayers

Ryan Mayers, a senior at Gorham High School, was selected as one of two delegates to represent the state of New Hampshire to attend the National Youth Science Camp in the mountains of West Virginia, one of the nation's premier programs in secondary science education. This camp is a residential science education program for young scientists who have demonstrated exceptional academic achievement, leadership in school and community activities, and a genuine interest in the sciences. Students from around the country are challenged academically in lectures and hands-on studies, and have opportunities to participate in an outdoor adventure program, gain an appreciation for the great outdoors, and establish friendships



that last a lifetime. The camp strives to broaden, to inspire, and to encourage a sense of thoughtful scientific leadership among future scientists, engineers, mathematicians, and health care professionals.

The National Youth Science Camp is made possible through the planning and fund-raising of the National Youth Science Foundation, a nonprofit organization with a mission to honor, sustain, and encourage youth interest and excellence in science by conducting comprehensive informal science education programs that provide opportunity for constructive interaction with others and emphasize the social value of thoughtful scientific careers.

Winthrop Grange News



On April 4, Winthrop Grange in Shelburne, NH presented their Citizen of the Year Award to Linsley (Lin) Chapman for her outstanding service to the Town of Gilead and the Gilead Historical Society. Many family and friends attended to help her celebrate. They were Tim Chapman (Lin's son), Stephen McLain, Jr. (Lin's brother), Bob and Judy Bishop from Yarmouth, Maine, just to name a few. All had remarks to make about how they knew Lin and how she has influenced everyone with what she does.

Other news for Winthrop Grange is the attendance of some members at-

tending Spring Fling in Northfield, NH. Those that attended said they had a wonderful time and enjoyed the workshops very much.

Winthrop Grange will be giving out dictionaries again this year to the local schools. The Dictionary Project gives dictionaries to the third grade students in schools across the country. Winthrop Grange participates and delivers them to four local schools. They are Ed Fenn in Gorham, Hillside in Berlin, Milan Elementary and Errol Elementary.

The next meeting of Winthrop Grange will be held on May 2. The program will be presented by the Home Ec committee. There will be a dinner before the meeting. The baking contest will be judged that night as well.

The meeting in June will be the memorial service. Not only do they remember the members that have passed, but families of the present members and the service men around the world.

The public is invited to attend the meetings and take part. Winthrop Grange meets the first Thursday of every month at 7:30.

Good Luck To Mallory Coulombe, Miss Berlin-Gorham, As She Heads To The **Miss New Hampshire Pageant:**

Maybe Even On Her Way To Becoming Miss America?



I would like to thank the following businesses in the North Country for supporting the Miss Berlin-Gorham Scholarship Program and buying an advertisement to appear in the Miss New Hampshire 2013 Program Book. Thank you to Gorham Hardware, Drigger's Tattoo, J's Corner, Creative Threads, Moose Brook Motel, Tractor Supply, Boott Spur Grille, Pat's Auto Sales, White Mountain Café, Corrigan Screen Printing, Gorham House of Pizza, Savoir Flare, Maureen's Boutique, Bob Byrnes Garage, Rob Bolash Custom Builder, Salon 64, Absolute Power Sports, Caron Building Center, Riverside Wellness Chiropractors, S & K Fitness, Betty Dee's Fashions, Auto North Pre-Owned Superstore, Gorham Paper & Tissue, Northway Bank, Berlin City Auto Group, Chapman's Scrap Metal and Recycling, Alpine Ma-

chine Company, Wal-Mart, Dynasty Buffet, City of Berlin, Town of Gorham, Mt. Washington Auto Road, Evolve Salon and Spa, Yokohama, Gateway Automotive, Top Furniture, Gill's Flowers, Mary's Pizza, Saladinos, A and A Auto, Mr. Pizza and North Country Dental. The volume of ads purchased by these businesses helped me to win an all-expense paid trip to the Miss America Pageant in Atlantic City, New Jersey in September, which I am really excited about!!! Also, thank you to the Morrissette Financial Center, Peebles, Story Land, the Town and Country Resort and North Country Dental for your generous donations. I am fortunate and blessed to come from an area that is so supportive of its youth! I am very honored to be representing the Berlin-Gorham area and the North Country at the Miss NH Competition in Derry, NH on April 25, 26 & 27th. Thank you all, again, for your support.

Sincerely, Mallory Coulombe Miss Berlin-Gorham 2013

The American's Creed

I believe in the United States of America as a government of the people, by the people, for the people; whose just powers are derived from the consent of the governed, a democracy in a republic; a sovereign nation of many sovereign states; a perfect union, one and inseparable; established upon those principles of freedom, equality, justice and humanity for which American patriots sacrificed their lives and fortunes.

I therefore believe it is my duty to my country to love it, to support its constitution, to obey its laws, to respect its flag, and to defend it against all enemies. (Authorized Version)

The Backyard Gardener

By Will O'Brien

Questions of the month:

What kind of garden work can I do in the early spring to enhance my lawn and flowers?

The birth of a new growing season is a gardeners thrill of gratification that spring has sprung. There are a few things that you could do when it's too early to plant. Start with raking and fertilizing your lawn. Raking your lawn when it needs it or not will stimulate the grass to grow.



Will O'Brien

Also it's a great time to fertilize your lawn and spring bulbs. Use a 10-10-10 fertilzer on your lawn. *Remember 10-10-10- N-P-K, stands for 10 parts Nitrogen, 10 parts Phosphate and 10 parts Potassium.

The Nitrogen is what makes the leaves so green while the Phosphate inhances root growth development. Potassium helps protect the plants for rigid weather condidtions and build plant amunity. By now the world should know that I highly recommend and use rabbit manure tea spread throughout my lawn and flower gardens. Any wise old time farmer knows that bunny manure is "nitrogen of steroids!" Bunny manure will make your grass greener than ever and faster than the 10-10-10- commercial fertilizers.

Also you might want to think about fixing that old fence or dead tree limb before the neighbors notice. I have many to clean up!

When should I prune my Shrubs?

I have gathered a list below that might better help you know when and what to prune. If you have questions or concerns about how to prune a particular shrub or tree then visit the Gorham Public Library and ask to see the collection of fine garden books located in the reading room.

If you happen to have any questions for my Question of the Month colum then please send me and email at gerawill@ne.rr.com or give me call 723-7672.

Early spring Prunning:

Bradford Pear (Pyrus calleryana) Butterfly Bush (Buddleia Davidii) Crape Myrtle (Lagerstroemia indica) Flowering Dogwood (Cornus florida) Flowering Plum (Prunus blireana) Glossy Abelia (Abelia x grandiflora) Golden Rain Tree (Koelreuteria paniculata) Honeysuckle (Lonicera fragrantissiam) Hydrangea, Peegee (Hydrangea paniculata 'Grandiflora')

Potentilla (Potentilla fruticosa) Redbud (Cercis canadensis) Spirea (except Bridal Wreath) (Spirea japonica)

Wisteria (Wistera species)

Late Spring Prunning

Azalea (Rhododendron species) Beautybush (Kolkwitzia amabilis) Bridal Wreath Spirea (Spirea x vanhouttei)

Flowering Crabapple (Malus species *and cultivars)*

Forsythia (forsythia x intermedia) Hawthorn (Crataegus species and culti-

Hydrangea, Bigleaf (Hydrangea macrophylla)

Lilac (Syringa vulgaris)

Magnolia (Magnolia species and culti-

Mockorange (Philadelphus coronarius)

For additional information please call Will O'Brien at 603/723-7672.

Wayne Micucci

Home, Sweet Home

Hello and thank you for picking up the Gorham Gazette! My name is Wayne Micucci and I am an Associate Broker and Realtor ® at RE/MAX Northern Edge Realty. Over the past and next several issues I will be writing about Real Estate matters and offering tips and insights on the subject of Real Estate. In previous issues we talked about pre-qualifying for financing, the house hunt, and the Purchase and Sales Agreement.

You now have a contract to purchase. Your terms have been negotiated and agreed upon. Now its time to work though those contingencies in the contract. The two most common contingencies are the home inspection and the financing. After all, if there is a major problem with the house that cannot be resolved, or you cannot get your financing, you aren't buying the house.

I always encourage a home inspection. NH law requires that home inspectors be licensed but they work independently. A home inspector gives the Buyer another set of eyes to look at the house. Sometimes it's good just to know what you're getting. Other times the inspection will turn up a defect that may have been unknown to you or even the Seller and could be costly to repair once you own the house. A common misperception is that the Seller must make repairs if an inspection discovers defects. Nothing could be farther from the truth. The Purchase and Sales Agreement leaves these items open for negotiation. Home inspections cover many areas of the home. An inspection should cover the basic structure, the roof, the exterior of the home, sometimes even landscape issues that could affect the home such as water drainage. The inspection will cover the basics of electrical and plumbing systems. He will look at the heating system and even check windows and doors for proper functionality. Inspectors may check for Radon gas in the air, lead paint, or anything that you as a Buyer have concerns about. The home inspector can not nor should not tell you what the home is worth. That's not his job. The Inspector will offer insights on the durability and/or life expectancy of certain parts of the home. He may also offer some insight on potential costs to cure a particular problem. Ultimately though, the inspection report is information for the Buyer. Once an inspection is complete the Buyer may accept the home as is or he or she may ask that the Seller take some sort of action. For example, the inspection report may note that there is a loose hand railing or electrical issue or perhaps something major. As I mentioned earlier, The Buyer may then ask the Seller to repair that issue or perhaps take some money off the price so the Buyer can have them fixed themselves. Again, these are issues for negotiation. Sometimes they go well and sometimes they don't! Your Agent can offer insight on what may be considered "reasonable or customary."

Another part of the buying process is the appraisal of the home. When a Buyer looks to finance the purchase of a home, the Bank will hire (with your money) an Appraiser to look at the home to determine whether or not the agreed upon sale price is fair and consistent with current market trends. The Appraiser will go to the home and make notes such as style and condition of the home. He will verify the number of bedrooms and baths, square footage and location of the home. He may note, depending upon the type of loan, any major or notable defects such as life/safety issues. The Appraiser will then compare the house (or Subject Property) to comparable sold homes in the area. When the comparable homes or "Comps" are tabulated and adjusted, then the Appraiser will come up with a value. The Appraiser will send the report to the bank for review and presuming the appraisal comes in ok, you have cleared another hurdle!

It's always a good idea to have good communication with both your Agent and your Lender. From time to time, your Lender will need something from you and it is imperative that you provide the needed information in a timely manner. The successful Buyer is one who is "on top of things!" Next time we will discuss things for the Seller to know that might help showings and inspections go well.

In the mean time...

If you have any questions about the buying or selling of Real Estate, please feel free to call or email me. There is no obligation and I will be happy to help. I can help with any listing regardless of whom the Listing Agent is or what sign is out front. I can be reached at RE/MAX Northern Edge Realty, 232 Glen Avenue in Berlin. My cell number is 603-723-7015 and my email address is wmicucci@gmail.com. Thanks for reading.....

Lutheran Quilters



At a recent gathering, the women of St. Paul Lutheran Church enjoyed an evening of fellowship and quilt tying. 5 quilts were completed and will be given to area children in crisis. Pictured with the quilts are, seated: Carolyn Riff, Heidi Glines, Beth Lorden; Standing: Gail Hutchins, Donna Gagne, Irene Gallant, Heidi Scholefield, Karen Flint, and Sue Sturtevant. Sunday morning services at St. Paul are at 10:30, Sunday School for ages 3 - adult is at 9:00. Come join us! For further information on our services or Bible studies, call Pastor Gail Bauzenberger, 603-326-8188, or visit us on the Web at http://www.stpaulberlinnh.org.

Glimpses of Gorham's Past: Mt. Madison Spring Co.

By Reuben Rajala - Gorham Historical Society

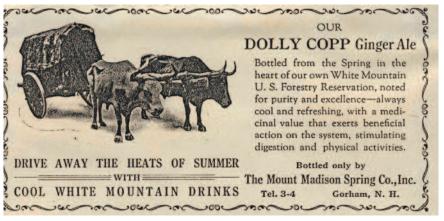


Photo: Gorham Historical Society

The Harriman Family on Gorham Hill once operated a well known and popular bottling company and they shipped their products far afield in the late 1800's and early 1900's. According to a 1907 Annual Report by the State of NH Board of Bank Commissioners, the Mt. Madison Spring Co. was incorporated on December 22, 1900 with \$50,000 in capital stock. If I recall correctly, the family sold water early on and changed the name of the company a number of times. It apparently grew in size and distribution after incorporation.

The Gorham Historical Society has some of their creative advertising on display, along with some of their old bottles. One ad touting Dolly Copp Ginger Ale can be found in the photo above. Note that they reference the creation of what would become the White Mountain National Forest, managed by the US Forest Service.

The same team of oxen pulling a wagon was on a folded brochure, probably distributed to local businesses. The text was as follows, including commands to the team of oxen, a reference to early autos and they tossed in some Nibroc (Brown Co.) paper towels and a bottle opener in each carton:

Gee, Star. Come, move along, here comes an auto tooting a horn. Give them one-half the road, but make no stop, for we are after a load of Dolly Copp.

Whoa High, Buck. Don't stop for a thing until we arrive at the Mt. Madison Spring. Which is located in the heart of our own White Mountain US Forestry Reservation in Gorham, NH and upon the Appalachia Pine Mountain Trail, and is the home of Dolly Copp Pale and Amber Ginger Ale.

Spring water, tea, brook water, coffee, milk, home brew, in fact any and everything you wish to....don't ask us, for if you do we would recommend Dolly Copp Ginger Ale, which is in a sanitary carton of 12 16 oz. Bottles, 4 Nibroc towels, and an opener. Sold everywhere by every dealer, and made only by us. If they have none and you wish to order direct.....CALL THE CHIEF OF POLICE, and if he tells you we are not in jail, you will know we are making prompt delivery of goods at the highest quality, at right prices, direct from the Mt. Madison Spring Co., Inc. Gorham, NH

Another brochure referenced: "Always when traveling, camping, fishing, or hunting, have a supply of Mt. Madison beverage along. If in business, do not be without it. Keeping a supply on hand assures U new business. So keep up with the gang. All beverages bottle by us contain Pure Fruit Extract, Pure Cane Sugar Syrup (no artificial color or preservatives are used) blended together with the famous Mt. Madison Mineral Spring Water. The trout will rise well to the fly anytime if U R using Dolly Copp Ginger Ale for a chaser."

Since Gorham was a popular recreation and tourism town, known as the "Gateway to the White Mountains," on the back of the bottling company's brochure were distances to 23 popular destinations from the town and Mt. Madison Spring. These ranged from the nearby Mt. Madison House, Willis House and Gorham Inn, to the Balsams, Umbagog House, Bethel Inn, Bretton Woods House and the Crawford House, among others. Later on, as they distributed their product more widely, other references included distances from Boston, Concord, Portland and other cities.

It was interesting to find in the June 1922 Twenty Seventh Report of State (NH) Board of Health, Case # 20248, under "Drugs and Proprietary Remedies," references the Mt. Madison Spring Co. Apparently some early Mt. Madison Spring table water advertisements had gotten a bit rambunctious, listing it as a "cure for dyspepsia, constipation, rheumatism, gout, diabetes, liver, kidney and bladder troubles, gravel, for reducing corpulency, freeing the blood of uric acid and giving new life and vigor to the entire system." As with many waters, herbal drinks and other concoctions in those days, it was billed as a veritable fountain of youth and cure for many common ills.

The fantastic claims were abandoned and the excellent quality of Mt. Madison Spring Co. water, from the heart of the White Mountains, became the focus. Their different unique drinks were widely enjoyed for many decades!

COLORS OF THE SEASON...

Get Your Color Fix!

Spring has sprung in the North Country, colors are bursting all around us. Creating a contemporary spin on femininity are what the colors of the season are all about.

Trend highlights are the buildable, translucent, cherry blossom inspired colors of the season...bright pink, orchid purple, lacquered blue and bamboo green all tempered by a neutral shade. This season, we can see the Eastern-inspired influence in fashion and beauty.

"It's refreshing to see bright pastel tones. Lighter pinks are so approachable for everyone. Popular spring and summer colors can brighten you up after a long winter. They are



Sylvia Saladino

lighter and fresher after so many seasons of dark colors." Global Makeup Artist Keiko Takage has worked with Mary Kay experts, who have put together eye, lip and nail colors in perfect pinks, greens and a sea of blues ideal for the season.

Mary Kay has identified the "Zen Ten" of the season...floral fragrances, bright pastels, inverted wedge shoes, oregami clutches, sunglasses, complexion perfection, spring skin savers, obi belts, jewelry with jelly finishes and a flash of great lashes!

Every woman, Mom, daughter, aunt sister or friend, can imagine and enjoy their world awash with color. Pick up a new clutch, polish a little Blue Lotus on those tootsies (to show off your new shoes), a new shade of pink on your lips, with just the right blush, and step out into a brand new season of fun and color!

By Sylvia Saladino Mary Kay Independent Beauty Consultant www.marykay.com/ssaladino1 603-466-2327

I'm Glad You Asked

Since the first of the year, I have received many questions from customers regarding problems with scalp conditions, dandruff, hair loss and just plain bad hair days. Is your hair trying to tell you something about your health? Does Bad Hair Mean



Susan Griffin

Bad Health? **I'm glad you asked...** The answer is **maybe**. Some conditions and medications

affect your body as well as your hair. In other cases, you may just need to take better care of your hair and scalp. So let's see if we can separate myth from fact and address some of the more prominent hair concerns.

Number 1 on my List - White Flakes Pose No Health Risk – Dandruff isn't contagious. So how do you get it? Doctors aren't sure, but one theory is that it may be due to an overgrowth of fungus. Other possible risk factors include oily skin, stress, obesity, cold, dry weather and having eczema or psoriasis. Although it's embarrassing – and the itching can be bothersome – dandruff isn't harmful. To decrease the buildup of dandruff's dead skin cells, try using an antidandruff shampoo daily. Leave shampoo on for 5 minutes, then rinse well. You may need to try several dandruff shampoos to find one that works best for you. If one stops working, try another. If that doesn't help, you know what I'm going to say....Call your doctor.

Number 2 on my List – Hair loss – You May Shed More than You Think. It's not a perfect measure, but some experts estimate that we may shed up to 100 or more hairs a day. That's not cause for alarm, nor does it mean you're going bald. About 90% of your 100,000 hair follicles are producing hair at any given time. The other 10% are in a resting (telogen) phase and the hair falls out after about 2 to 3 months. It's replaced by new hair and the growth cycle starts over again. So what causes Telogen Effluvium? "Sometimes described as hair coming out in handfuls." A shock to your system – surgery, giving birth, some medications, crash diets, severe stress, and thyroid problems – can push hair into its resting state. Many of my customers have experienced this condition for one or more of the reasons listed above. I am happy to say, in most cases new hair started growing right away.

Don't forget, Luscious Locks need nutrients... Your hair needs protein and iron to stay healthy, along with omega-3 fatty acids, zinc, and vitamin A – but not too much – which can promote hair loss. All help maintain scalp and hair health, as do low-fat dairy, whole grains, and vegetables. Double the results: foods good for your hair are also good for your heart.

In general, be good to yourself and your hair will love you for it. **Until next time...**Susan Griffin, Hairstylist and Salon 64 Business, Owner
64 Main St., Gorham; (603) 466-9964

GORHAM HOUSE FLORIST

The American History of Mother's Day!

Anna Marie Jarvis loved and admired her Mom. When Anna was a young girl of twelve, she remembered hearing her Mom say how wonderful it would be to have a day set aside to celebrate Moms and all they do. So the story begins.

Place: Taylor County, Grafton, West Virginia

May 1905: Anna's mom passes away. May 1907: Anna celebrates a memorial to her mom. May 1908: Anna once again celebrates the memorial and handed out her mom's favorite flower, a white carnation. May 1910: West Virgina declares the second Sunday in May Mother's Day. May 8,1914: After diligent letter writing by Anna, President Woodrow Wilson declared the second



Terri Colarusso

Sunday in May National Mother's Day. This was a day to be spent in church, then sons and daughters were to write heartfelt letters and poems to read to their moms.

Mothers would wear red or pink carnations while white carnations were present to honor mothers who had passed. Anna wanted the day to be kept simple and pure.

1920: The greeting card companies decided to get in on the day of celebration. Anna was troubled and thought it lazy to buy preprinted sentiments and simply sign one's name. Also the flower industry had picked up on the possibilities of the day and started their own profitable campaigns.

1924: Anna was so upset by how commercial the day had become she tried to rescind her request and have Mother's Day abolished.

1930: Anna was arrested for disturbing the peace at a Mother's Day carnation sale. 1948: Anna passed away. She never married, never had children, but will always be remembered as the mother of Mother's Day.

My thoughts: In some way shape or form we all have a Mother or a Mother figwhothat should be honored. Anna was so compelled by the love she had for her mom, she created this special day in her honor. So whether it is celebrated the way Anna had intended, take a moment and say Thanks Mom and celebrate it your way. So let me get this party started...*Thanks Mom, I love ya!*

Terri Colarusso, Gorham House Florist, 10 Exchange St., Gorham; 466-5588

GORHAM PUBLIC LIBRARY

35 Railroad St., Gorham, NH 03581 603/466-2525 gorhampubliclibrary@ne.rr.com Monday - Friday: 10am - 6pm Saturdays: 10am - Noon

Upcoming Special Events At the Gorham Public Library

All of the following events are offered free to the public, provided by a generous grant of the New Hampshire Humanities Council and jointly sponsored by the Gorham Senior & Adult Program and the Gorham Public Library. Please call 466-2525 for more information. Join us!

Wed., May 8,"Baked Beans and Fried Clams: How Food Defines a Region" 7PM Presented by Edie Clark, author

Baked Beans, fried clams, fish chowder, Indian pudding – so many foods are distinctive to New England. What makes them special and how do these foods define our region? Edie Clark draws from such diverse resources as Fannie Farmer, Julia Child, and Hadyn S. Pearson for enlightenment and amusement as well as on her own experiences, writing and traveling for Yankee Magazine over the past thirty years to places where baked beans are still featured prominently on the menu.

Wed., June 19, "Darby Field and the 'First' Ascent of Mt. Washington" 7PM Presented by Allen Koop, Prof., Dartmouth College

For more than 200 years historians believed that Darby Field made the first climb up Mt. Washington in 1642. However, in the last several decades, questions have emerged about his use of Native American guides, about the likelihood of prior ascents by Native Americans, about the route Field may have followed on the mountain, and about whether Field actually made the ascent as claimed. Allen, who returns to Gorham after last year's much-acclaimed program on the P.O.W. camp in Stark, examines how historians reconstruct the "truth" when given scant, vague, and even contradictory evidence.

Tues., July 9,"Moved and Seconded: Town Meeting in New Hampshire" 7PM Presented by Rebecca Rule, author and humorist

We welcome back Rebecca who, drawing on her book, "Moved and Seconded: Town Meeting in New Hampshire, the Present, the Past, and the Future," will regale us with stories of the rituals, traditions, and history of town meeting. She'll include the perennial characters, literature, humor and wisdom of this New England institution. Who knows? Maybe we have a couple of stories to share with Rebecca!

Gorham Public Library Staff Picks

The following are some thoughts on books by your local library staff – enjoy!

Footprints in the Sand by Mary Jane Clark. Where's summer? Balmy weather still hasn't arrived in New England, but it is hot and sunny and deadly in Calrk's latest Piper Donovan mystery. With its light, but entertaining plot, this is a great "beach" book for Donovan fans to kick back and enjoy while waiting for summer warmth to make its appearance.

Guilt by Jonathan Kellerman. Sixty- year- old bones of an infant were found buried in an affluent neighborhood, more bones were found on the edge of the neighborhood park, a young woman's body was discovered nearby. Are these grisly finds all connected in some way, and if so, how? That is what Detective Milo Sturgis and Psychologist Alex Delaware want to find out. The plot has many twists and turns and a few dead ends, but eventually the mystery is solved and the bad guys are captured. Jonathan Kellerman fans won't be disappointed in his latest mystery.

Hostage by Elie Wiesel. Nobel Prize winning author, Elie Wiesel, has again written a very provocative story. It is 1975: when Shaltiel Feigenberg is abducted from his New York home and held for ransom for the release of three Palestinian prisoners, he begins to reflect on his life. He tells stories of his life in Europe when he hid from the Nazis, he tells stories of his family and love, hate, and unrest in the world, and things that he regrets but cannot change. As Shaltiel comes to terms with his past, his captors listen. Hostage is not an easy story, but it is beautifully written and makes us think.

Freezing by Clea Koff. (New Hampshire Downloadable Books: read on a Kindle) Agency Thirty-two One, a non-profit that does forensic profiles of missing persons, matching them up with unidentified bodies, is run by Jayne Hall and Steelie Lander, two forensic anthropologists who have seen more than their share of horror at the mass graves in Kigali years before. When body parts fly out of a van and onto the side of a Los Angeles highway, Jayne and Steelie are called in to investigate, but, as the case progresses, they begin to suspect that it may have ties to their past. These two strong women characters make Freezing a fast-paced, interesting read.

GORHAM GAZETTE

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Gazette Cooking Corner

All of the gals from the "Car Freshener" company probably remember enjoying this tasty treat from the kitchens of Helen Marcou.

PISTACHIO CAKE

- 1 box white cake mix
- 2 small packages pistachio pudding
- 4 eggs
- 1/2 cup Crisco oil
- 1 cup club soda
- 1 teaspoon almond extract

(extra pistachio nuts, optional)

Mix all ingredients together well. Place in a greased and floured Bundt pan. Bake for 1 hour at 350 degrees

FROSTING

1 small package pistachio pudding

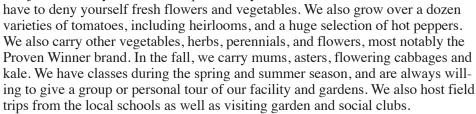
3/4 cup milk

Beat well and fold in a medium container of thawed Cool Whip. Frost as usual

Round Table Farm

Round Table Farm is a family owned and operated greenhouse. Owned by Dawn and Ernie Miner of Milan, NH, the business was purchased in 1995 and the original buildings were moved on flat bed trucks to its current location. We have since added four more buildings, a modern watering method and an electronic environmental system.

We grow many different varieties of plants, from veggies and herbs to flowers and perennials. If we don't have what you're looking for, just ask, we can probably get it for you. One of our specialties is container gardening. Our belief is that just because you live in an apartment, you shouldn't



We are a non-pesticide facility. We use biologicals to combat any pest problems that arise. We release thousands of lady-bugs, nematodes and praying mantis. So if you any of these creatures on our plants, leave them be! They're the good bugs!

Our staff is very knowledgeable and able to help your every need, whether you are an experienced gardener or just beginning. We can assist with your garden design, help select plants or discuss any problems you might be having. We also do custom plantings. Bring us your containers and we'll make them bloom.M

We are located off the East Side River Road in Milan, NH. One mile north of the Milan Airport. We open for the season on May 4th. Our regular hours are Monday-Saturday 9-7, Sunday 9-5. Give us a call at 449-2297 and let us Help You Plant a Pretty Picture!

Way to Grow Gorham!

"Sponsor a Planter" Fund Raiser Campaign

Our goal is to create pride in our community through beautification efforts shared and supported by our residents and business owners through the Way to Grow Gorham Beautification Program. To that end, businesses and individuals are invited to help us beautify our downtown by donating \$30.00 to sponsor a planter for a business, family or person. You may also sponsor a planter as a memorial, to commemorate a birthday or just to recognize someone special in your community. With your generous sponsorship, beautiful annual flowers will be arranged in each planter and a small sign will note that person's, family's or business' name on it. The Community Services Center in Berlin and the Coos County Botanical Garden Club will participate in the planting. We will also gladly accept donations of any amount to help pay for flowers and soil which are located in gardens such as the fountain and around the Moose on the common, in flower boxes and in front of signs. If you wish to make a donation, please make your check payable to the Town of Gorham and mail it to the Gorham Parks & Recreation Department, 39 Railroad Street, Gorham, NH 03581. Please note that the donation is for Way to Grow Gorham!

Sincerely,

Will O'Brien, President

Coos County Botanical Garden Club

Jeff Stewart, Director Gorham Parks & Recreation Department

WHAT DOES THE CLASS DAY MEAN?

Areas without Snow Cover require a Fire Permit. Contact your local Forest Fire Warden Rick Eichler at 603-466-2549 for information.

We will begin the Predicted Fire Danger based on weather conditions. Any questions or concerns regarding fuel conditions and/or fire danger should be directed to the Division of Forests and Lands at 603-271-2214.

Class 1: Low Fires are not likely, it may be raining

Class 2: Moderate Fires are possible in light fuels, day after a rain

Class 3: High Fuels in open areas and sunny slopes may spread rapidly

Class 4: Very High

Fires start easily from all causes

Fires spread and increase in intensity rapidly Spot fires occur

Fire will burn deep, except in the spring

Class 5: Extreme

Fires will spread very rapidly with severe spotting Difficult to extinguish, mop-up requires a great deal of effort



Animal Stories

Wildlife Encounters: Backyard Turkeys

By Reuben Rajala

Like lumbering B-17 bombers from WW2, the turkeys leap clumsily into the air, glide low across the Androscoggin River and land in our backyard on Mechanic St. in Gorham. During the winter, when we set out bird feeders, suet and cracked corn, turkeys frequently drop in. We've had as many as twenty-one big birds wandering in the yard. Often they return several times during the day, sharing the feeders with mallard ducks, grey squirrels and many different smaller birds.

The gooblers like cracked corn and sunflower seeds that I spread on top of two boards set on the ground. Some turkeys climb our leaf pile or fly up on top of the compost bin to wide railing, where I spread corn and seeds for smaller birds and grey squirrels. They also like to scratch for old apples in

squirrels. They also like to scratch for old apples in amongst the leaves. Turkeys have excellent vision and strong hearing. Thus it's a challenge to observe them from our kitchen window without being seen or heard.

One winter day, a large flock visited and then flew back to the other side of the river. Soon the turkeys were marching single file downstream on the river ice, in search of food. Not long after I spotted a bobcat following their tracks, in search of food.

An old friend, John Frado, was involved in reintroducing turkeys to the Berkshires in Massachusetts in the 1960's. Students tracked them with radio collars, netting and weighing the birds to gauge their health. It was obvious early on that they were thriving. Turkeys are now found in 49 states, after nearly being hunted out of existence and suffering from habitat loss.

Did you know that Benjamin Franklin had proposed the wild turkey as the national bird? In 1782, after the bald eagle was chosen, Franklin wrote to his daughter. Here are excerpts from the letter:

I wish that the bald eagle had not been chosen as the representative of our country, he is a bird of bad moral character, he does not get his living honestly, you may have seen him perched on some dead tree, where, too lazy to fish for himself, he watches the labor of the fishing-hawk (Osprey), and when that diligent bird has at length taken a fish, and is bearing it to its nest for the support of his mate and young ones, the bald eagle pursues him and takes it from him.... Besides he is a rank coward; the little kingbird, not bigger than a sparrow attacks him boldly and drives him out of the district. He is therefore by no means a proper emblem for the brave and honest..... For a truth, the turkey is in comparison a much more respectable bird, and withal a true original native of America . . . a bird of courage, and would not hesitate to attack a grenadier of the British guards, who should presume to invade his farmyard with a red coat on.

I've never hunted the wary turkey but like many folks, I've nearly hit some while driving. As the big birds can crash through the windshield, it's wise to be on the lookout and to slow down, as you should for moose. Alan Lowe showed me a photo of one turkey that didn't make it up and over his well-known red Peterbilt wrecker. The bird met an untimely death after getting hit by his truck's exhaust stack and could be seen hanging on a bracket.

NH Fish and Game recommends removal of all feeders by April 1, as black bears come out of hibernation. Thus our winter visitors disperse and a few bears do eventually wander through our neighborhood each year. I'll share a few bear stories in the next article.

WALTER'S WORLD

In Tribute To The Tireless and Courageous Among Us



"He is your friend, your partner, your defender, your dog.
You are his life, his love, his leader.
He will be yours, faithful and true,
to the last beat of his heart.
You owe it to him to be worthy of such devotion."

Photo: "Big Norm" Provencher.

GRAY WOLF REINTRODUCTION IN THE UNITED STATES

By Dr. Monique Kramer

The persecution of gray wolves resulted in the extinction and endangerment of all of the 39 subspecies of gray wolf in the world. In 1978, in North America, the gray wolf (Canis lupus) was classified, under the Endangered Species Act, as endangered in the lower 48 state, except Minnesota where it was listed as threatened. Major reintroduction projects were established for the gray wolf in Yellowstone Park, the red wolf (Canis lupus rufus) in North Carolina and Tennessee and the Mexican wolf (Canis lupus baileyi) in Arizona and New Mexico. All reintroduced populations of wolves were classified as non-essential experimental populations. This was done in order to appease opponents and to allow for greater management flexibility to address conflict situations, such as livestock depredations or nuisance behavior.

The red wolf is one of the world's most endangered canids (10th most endangered species in the world). Once common throughout the eastern and south-central United States, red wolf populations were decimated by the early part of the 20th century. The red wolf was designated an endangered species in 1967, and in the 1980s, the last remaining 20 wolves were captured in the wild and placed in captivity. After successful captive breeding, a reintroduction project was started in North Carolina's outer banks in 1987. They were also reintroduced to the Great Smoky Mountains in



Tennessee, but this was stopped in 1998. The red wolf reintroduction project was one of the first to reintroduce a species, which was completely extinct in the wild. The current population of red wolves is between 100 and 120 in the wild and 200 in captivity.

The Mexican gray wolf is the smallest and rarest subspecies of gray wolf in North America. It once existed throughout the Southwestern United States and Mexico but due to human persecution, they had become almost extinct in the US by the mid 1900's and had decreased to a population of 5 in the wild in Mexico. They were listed as endangered in 1976. A bi-national reintroduction project was started with the United States and Mexico. By 1980, the remaining wolves were captured in order to begin a captive breeding program. In 1997, the first group was released into the wild in Arizona and New Mexico. The current population of wild wolves is only 75 with an ultimate goal being a self-sustaining population of at least 100 individuals. This subspecies is still critically endangered.

Gray wolves were reintroduced to Yellowstone National Park and Idaho starting in 1995. A total of 66 wolves were released to the two areas in January 1995 and January 1996. The current number of wolves in the Northern Rocky Mountains and Yellowstone recovery area is over 1500 individuals. So successful was the program, that wolves were delisted in Wyoming, Idaho and Montana between 2011 and 2012. They are also making come backs in Colorado, Washington and Oregon. One reason that the reintroduction was successful was due to groups like Defenders of Wildlife which implemented a compensation fund for livestock killed by wolves as well as helping ranchers utilize nonlethal methods to better protect livestock from wolf predation. These methods include carcass removal to reduce attractants to scavengers, increased human presence near livestock, lighting, herd management, guard dogs, and other measures. The reintroduction of wolves has reportedly increased biodiversity within Yellowstone National Park including flora and fauna due to a healthy restoration of balance in the ecosystem. This has also increased tourism as people come to view these magnificent predators.

Though reintroduction of wolves has been successful in the United States, the Mexican and Red wolf are at great risk due to such small populations, lack of genetic diversity and threats such as disease, habitat loss and humans. Additionally, there is currently a controversial bill before congress to delist gray wolves in the United States in their entirety. Wolves also face continued threats to their survival. In our next article we will focus on current threats to wolf survival. Loki Wolf Refuge, attempts to help with wolf conservation by educating people on the importance of these unique animals.

