

FREE



STREET LEVEL

FREE



“Where Life Happens”

Volume II P.O. Box 31391,
Chicago, IL 60631

www.OurVillageChicago.com

Phone: 847/675-6127
Fax: 847/679-8851

Issue 21
July 31, 2009

37th Annual Lakeshore Arts Festival August 1-2

One of Evanston's most popular summer festivals - the Evanston Lakeshore Arts Festival! Come for the fine art from 125 juried artists, but stay for the live music, art auction, children's crafts and the yummy food ranging from kielbasa to quesadillas and jambalaya to taffy apples. This year, there will be a live art installation, which will be created interactively with festival attendees. Hint: there will be personalized paper boats galore floating on the lagoon! Come to Dawes Park, Sheridan Road at Church Street (at the lakefront) from 11 a.m. and 6 p.m. both Saturday and Sunday. Click here to learn more.

The Rotary Club of Skokie Valley

The Rotary Club of Skokie Valley meets every Tuesday, 12:15 pm at Zhivago's Restaurant, Skokie, for a one hour and fifteen minute luncheon meeting comprising of businessmen and women from Skokie, Morton Grove, Niles and Lincolnwood.

As a group the Rotary Club encourages and fosters the ideal of service as a basis of worthy enterprise. It believes in high ethical standards in business and professions. It recognizes the worthiness of all useful occupations and the dignifying of each Rotarian's occupation as an opportunity to serve society. Rotarians carry this sense of service through their personal, business and community life. Rotarians believe in the advancement of international understanding, goodwill, and peace through a world fellowship of business and professional people. The Rotary Club of Skokie Valley will be hosting a Pancake Breakfast, Sunday, August 30, 2009, 8-11 am, on Oakton St. in Downtown Skokie during the Backlot Bash festivities. All proceeds will benefit the Rotary Club's supported charities.

Village of Skokie Vehicle Stickers and Pet Licenses

Village of Skokie vehicle stickers must be displayed on windshields by August 31 and are available at Village Hall, 5127 Oakton Street.

All vehicles registered with the State of Illinois to an address within the corporate limits of the Village of Skokie must display a valid Village sticker. Even if the vehicle is not physically in Skokie, it must display a Village sticker. The address appearing in the Secretary of State's records for the vehicle is the criterion and the owner of record is responsible for obtaining the sticker.



Passenger vehicle stickers purchased through August 31 cost \$20. After that date, the cost increases to \$30. Other vehicles have different licensing fees. Vehicle sticker renewals may be made online at www.skokie.org through August 31. Payment is accepted from Visa, MasterCard, American Express, Discover and debit cards. The Village does not charge an added fee for paying with a credit card.

Pet licenses also are available at Village Hall. With a veterinarian's statement of spay/neutering, the pet license fee is \$6. Without the statement the fee is \$12. A current rabies certificate must be presented at the time of purchase whether purchasing in-person or by mail. Pet licenses cannot be renewed online at this time.

Vehicle stickers and pet licenses can be purchased at Skokie Village Hall, 5127 Oakton Street, from 8:30 a.m. to 5 p.m. Monday through Friday. For more information, please contact the Finance Department at 847/933-8423.

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VILLAGE 09

LIKE HAVING YOUR OWN PRIVATE SECRETARY

A OK Business Service, family owned and operated, was established in 1969 right here in Skokie. They recently moved from the downtown area to a new location at 4524 W. Oakton Street.



Originally opened by Wanda Cornell and her husband Nelson, this much in demand, unique by today's standards business, has been providing a variety of office and business-related services to the community and surrounding areas with that personal touch and concern for their customers that only an independent business can provide.

Current owner, Stephanie Bockhol (Wanda's daughter) continues to cater to other small businesses through transcription services, both from cassette (Standard and Micro) and digital recordings (MP3, WAV), word processing of most anything from simple letters to manuscripts, to legal documents and screen plays.

A OK's specialties lie in the company's flexibility to provide the essential support systems that enable you to concentrate on your own business needs through their secretarial services such as personalized letters with laser address envelopes for any occasion and direct mail services. This leaves the independent business owner time to deal with other facets of his or her responsibilities without having to commit to a full or part-time employee who they may not need on a regular basis.

The friendly, accommodating atmosphere says "Welcome, how can we assist you" from the moment you call or walk through the door. No appointments are necessary, but for more detailed information about the full range of services they provide, call A OK Business Service at 847/674-4010 or e-mail to aokbusiness@sbcglobal.net.

You won't be disappointed in this exceptional team of local providers.



In future editions we will be highlighting other local companies to enable you to...

Spend Locally and Save!

It is possible to pinch pennies and still have a good time! One easy way to trim budget bulge is to dine, shop, and play in our own neighborhood. A visit to your favorite local boutique, bowling alley, movie theater, and restaurant saves gas money and is more affordable than a trek to a downtown counterpart. Best of all, spending locally is a vote of confidence and an investment in the future health of our neighborhoods.



Village of Skokie Blood Drive

The Village of Skokie Health Department will host a blood drive on Wednesday, August 12, 2009 from 2 to 7:30 p.m. This program is provided by LifeSource Blood Services, and is held at Village Hall, 5127 Oakton Street, Skokie. Registration is not required for this event.

Individuals are eligible to donate blood if they:

- * Weigh at least 110 pounds;
- * Are in good physical health;
- * Are at least 17 years old (there is no upper age limit); and
- * Have not given blood in the past eight weeks (56 days).

Please note that other limitations may apply on an individual basis. A pre-screening interview is conducted at the drive.

For more information, please contact the Skokie Health Department at 847/933-8252.

Free St. Francis Hospital Wellness Lecture

WELLNESS AND PRECONCEPTION CARE, by Dr. Riley Lloyd, MD, August 8, 10 am - Noon. Call 877-RES-INFO (877-737-4636) to register.

It's Thursday, Let's Dance!

Thursdays, July 16 to August 20 at 909 Davis Street Plaza, Maple Avenue at Church Street from 6:30 p.m. - 9 p.m.

Join us under the stars on the only live dance floor north of Chicago, as you shake your groove thing to some of the hottest local bands around. In the event's tenth year, downtown Evanston heats up with a dance lesson at 6:30 and kicks into high gear at 7:30 with a live performance featuring the sounds and unique dance styles of R&B, reggae, Samba, swing, Zydeco and classic rock.

There is plenty of inexpensive garage parking, and both the CTA and Metra lines take you right to the party. This is a free event and all ages are welcome. For more information contact Laura at Evmark: lfokl@evmark.org or 847-866-6319. For complete band schedule: <http://www.evmark.org/newsite/displayEvtCategory2.asp?Cat=THURS>

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Saint Francis Hospital
sfh.reshealth.org

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STREET LEVEL

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DIST. 219 EDUCATION FOUNDATION 1ST ANNUAL GOLF OUTING

The District 219 Education Foundation is holding its 1st annual Golf Outing on Monday, August 17. Help students in financial need while you also enjoy a beautiful day of golf with friends, alumni and colleagues. If you are not a golfer, join us for cocktails and dinner. (Net proceeds from this fundraiser will go directly to provide academic related resources such as graphing calculators, AP test fees and college application fees.)

The event is at the Wilmette Golf Club, 3900 Fairway Drive, Wilmette. Shotgun start is 1:30.

Cost: Golf, Lunch & Dinner, \$100 per person; \$350/foursome. Dinner only, \$35.

To register for the event or make a donation or sponsorship, visit the Foundation website at www.219foundation.org. All reservations must be received by August 5, with availability on a first-come, first served basis. If you have any questions, please call Traci at 847-533-2972.

The foundation is a non-profit organization.

“Life Sentences” at Evanston’s Noyes Art Gallery

The new exhibition "Life Sentences" is now on display at Evanston's Noyes Cultural Arts Center Gallery. The show, which remains open through August 31, features the work of artists Frank Bell and Mary Porterfield, both of whom address the aging process in their art. Porterfield's oil on wood panel paintings reflect her work as an occupational therapist with patients suffering from Alzheimer's disease while fiber artist Bell employs nylon and various other textiles to represent physical decline in his sculptures. The Noyes Art Gallery is at 927 Noyes St., Evanston; admission is always free. Gallery hours are 10 a.m. to 7 p.m. Monday through Saturday and 10 a.m. to 6 p.m. Sunday. The building is accessible, and group tours are available. For information, call 847/448-8260.

Skokie Garage Sale Regulations

Garage sales are common during the summer and early fall months. When planning a garage sale please remember that a Village of Skokie permit is needed prior to conducting the sale. Garage sale permit applications are available at the Skokie Police Department, 8350 Laramie Avenue, and cost \$1.00. Residents must apply in person to receive a garage sale permit.

Regulations for garage sales include the following:

* Sales are to take place on residential property, and be open to the public.

* The sale cannot exceed one consecutive three-day period.

* Property owners are permitted to sell personal belongings only.

* Property owners can have only one garage sale per year.

* Signs may only be posted on the property on the day of the sale.

* No more than two signs are permitted.

* Garage sale signs are not permitted in the public right-of-way.

For more information, please call the Skokie Police Department at 847/982-5996, or visit www.skokie.org

Rock the Night Away

JT and the Clouds grab the spotlight as Evanston's Starlight Concert series continues. Known for their Midwest roots rock sound with touches of Memphis soul and country rock, the group will take the stage starting at 7:30 p.m. Tuesday, Aug. 18, in Dawes Park, Sheridan Road at Church St. The concert is free, and all ages are welcome. Bring a lawn chair or spread out a blanket and enjoy the show. In case of rain, the concert will be moved indoors. If rain threatens, call 847-448-8058 after 4:15 p.m. the night of the concert for the latest site information.

Evanston Starlight Concerts are presented by the City of Evanston's Cultural Arts Division and are partially supported by a grant from the Illinois Arts Council, a state agency. Sponsors include The Homestead Hotel and Quince Restaurant, Chicago Reader, Chipotle Mexican Grill, and Evanston RoundTable.

Lincolnwood Parks & Recreation Concerts In The Park

August 19th * Rica Obsesion

Rica Obsesion performs a variety of music such as Mergenues by Olga Tanon, Melina Leon, and cha cha cha's by the late Ttio Puente and many Latin jazz tunes. With a combination of great music and the best musicians in Chicago, Rica Obsesion is confident that their goals will be achieved and that they will be able to put Chicago back on the map for Salsa.

Location: Proesel Park Shelter (Corner of Kostner & Morse), Lincolnwood, IL

Fee: FREE – Open to the Public

For more information contact the Lincolnwood Parks & Recreation Office at (847) 677-9740.

Skokie Fine Arts Commission

The Skokie Fine Arts Commission is now accepting applications for the 2009-2010 granting year. To be eligible for a grant, all projects and programs must take place between May 1, 2009 and April 30, 2010.

Skokie schools are invited to submit arts-related projects and programs for Cultural Arts Grants in the amount of \$250. Skokie-based arts organizations may apply for Project Grants in varying amounts. Applications for both grants are available on the Commission's webpage at www.skokie.org.

If you are a first-time grant applicant, please consider attending the Fine Arts Commission Grant Workshop on Wednesday, November 11, 2009 at 7:30 p.m. at Village Hall, 5127 Oakton Street. The first-time grant applicant presentation also is available on the Commission's webpage at www.skokie.org.

For more information or to download a copy of the grant application, please visit www.skokie.org.



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Free Reading/ESL/GED Classes for Adults

Do you need help with your speaking, reading, writing, or math skills in English? Come and have fun learning more English with a small group. Classes are offered on weekday mornings, afternoons, and evenings and on Saturday mornings in Evanston, Skokie and at 30 nearby locations. Call 847-635-1426 for a list of ESL or Literacy classes, or GED classes in Spanish or English offered by Oakton Community College.



Need for VITA Volunteer Tutors

Come and join the Oakton Community College VITA (Volunteers in Teaching Adults) program if you are looking for a meaningful volunteer activity in which you help adults improve their speaking, reading, writing, or math skills in English. Our next required 3-part training will be held at Oakton in Skokie, 7701 N. Lincoln Ave., Rm. B110, on September 3 and 8, 6:15-10 pm and on Saturday Sept. 26 from 1:30-3:30 pm. Please call 847-635-1426 for more details. Our e-mail address is: www.oakton.edu/cont_ed/vita.html.

VILLAGE CENTER APARTMENTS OF SKOKIE ACCEPTING APPLICATIONS

Beginning August 1, 2009, Village Center Apartments, a low-income subsidized senior citizen residence in Skokie will take application requests to apply to the waiting list for a limited number of future vacancies. Applicants must be at least 62 years of age and must meet current eligibility guidelines and income limitations. To receive an application, along with a description of the qualifications needed to apply, please send a letter or postcard with the name and address of the prospective applicant to 5140 Galitz Street, Skokie, IL 60077. Please do not come to the management office, as no applications will be distributed from there. Again, all requests must be submitted and postmarked after August 1st. The application forms will be sent out in approximately one month from receipt of the request.

The Village Center is owned by CJE SeniorLife and is governed by the regulations of HUD and The Illinois Housing Development Authority.

For further information: VILLAGE CENTER APTS, 5140 Galitz Street, Skokie, IL 60077. 847-674-8962.

Equal Housing Opportunity Statement: We are pledged to the letter and spirit of U.S. policy for the achievement of equal housing opportunity throughout the Nation. We encourage and support an affirmative and marketing program in which there are no barriers to obtaining housing because of race, color, religion, sex, handicap, familial status, or national origin.

The Village of Skokie Offers Car Seat Loans and Proper Installation Programs

The Village of Skokie Health Department offers a short-term infant/toddler car seat loan program. The program is available to Skokie residents and is ideal when young guests are visiting.

A \$10 cash deposit is required for each seat borrowed. The participating resident receives \$5 of the deposit back once the seat is returned in good condition. Health Department personnel are able to assist residents with ensuring the proper installation of loaned seats. Seats are loaned subject to availability and are loaned for up to six weeks.

Please contact the Skokie Health Department at 847/933-8252 for additional information or visit www.skokie.org.

Lincolnwood Social Club (55+) Shedd Aquarium Trip

By member request we have planned a fabulous trip to the Shedd Aquarium that is sure to amaze, entertain and educate! Explore the sharks of the Wild Reef, beluga whales and Pacific white-sided dolphins of the Oceanarium and every sea creature in between.

The cost of lunch will be your responsibility. Transportation is provided.

Wednesday, August 19, 2009, 10:00am Bus Departs

Shedd Aquarium, 1200 S. Lake Shore Drive

Fee: \$39 Members, \$47 Non-Members

Registration is required, for more information contact the Lincolnwood Parks & Recreation Office at (847) 677-9740.

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ASK THE ASSESSOR

Q. I live in Evanston and received a notice this year from the Assessor's Office. My property is not due to be reassessed next until 2010, so why did I receive this notice?

A. Normally, properties are reassessed and receive notices every three years. But the situation we face in the real estate market today is extraordinary, and the downturn has had a pronounced impact on home values. After analysis of market sales and foreclosure data, we determined that suburban homeowners should not have to wait until their properties are reassessed for the downturn to be reflected in their assessments. Therefore, all suburban homeowners will receive lower assessments this year.

This first-ever downward market adjustment will be calculated by township. Each residential property in a township will receive the same percentage reduction, but different townships will receive different-sized reductions based on the local market. Residential properties in Evanston Township will receive a 4% market reduction.

If you have any questions regarding your assessment please visit my Web site at www.cookcountyassessor.com or contact my office at 312-443-7500.

The Skokie Fire Department Citizens Fire Academy

The Village of Skokie Fire Department offers a Citizens Fire Academy as part of their community education program. The 10-week Academy is held Wednesday evenings from 6:30 to 9:30 p.m. at Fire Station #17, 8157 Central Park Avenue, Skokie, beginning September 2, 2009.

The Citizens Fire Academy runs to November 4, 2009 and is designed to provide a working and hands-on knowledge of the fire department. The academy provides an overview of the department's history, fire prevention/education, CPR, fire tactics, emergency medical services, specialty teams and fire suppression.

Through the combination of education, demonstration and participation, students will understand who, what, where, how and why the fire department works the way it does.

The Skokie Citizens Fire Academy is free and is available to those who live or work in Skokie. Participants must be 18 years or older. Applications must be received by August 21, 2009 and are available online at www.skokie.org.

For more information, please contact the Skokie Fire Department at 847/982-5340.

Skokie Curfew Reminder

Skokie parents with school-aged children are reminded, the Village of Skokie enforces a curfew law for youth under the age of 17.

Children under the age of 17 must be home between 11 p.m. and 6 a.m. Sunday through Thursday, and home from midnight to 6 a.m. on Friday and Saturday. The driver's license of a 16 year old is not valid after curfew.

All Skokie parks close at 10 p.m. Any person found in a park after 10 p.m. is subject to an ordinance citation.

For more information, please call the Skokie Police Department Crime Prevention/Community Relations Unit at 847/982-5919.

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No Child Opens Aug. 1 at Evanston's Fleetwood-Jourdain Theatre

Evanston's Fleetwood-Jourdain Theatre continues its 30th anniversary season with Nilaja Sun's No Child. A teacher's touching master class on humor, hope and heartbreak in the American educational system, No Child features one actor portraying 16 characters--eight of whom are teenagers. Together the teens and adults are working to overcome insurmountable odds to put on a play in just six weeks.

Directed by Ebony Joy, No Child will be presented at 7 p.m. Fridays, 3 & 7 p.m. Saturdays and 3 p.m. Sundays, Aug. 1-23, at the Noyes Cultural Arts Center, 927 Noyes St., Evanston. Giving audiences two perspectives of the play--from a man's point of view and a woman's--No Child will be performed by Stephen McClain at 7 p.m. Fridays and 3 p.m. Saturdays. Presenting a woman's perspective will be Shundrice Tucker, starring in the 7 p.m. Saturday and 3 p.m. Sunday shows. Tickets are \$15, \$10 for students with IDs, and \$7 for seniors age 55 and older. Group discounts are available. For more information, call 847-448-8260.

An African-American theatre company, Fleetwood-Jourdain Theatre produces theatre and cultural events that address the African-American experience or reflect the culture of people of African descent.

Free Performances of Henry V

For the first time ever, a professional outdoor performance of Shakespeare's Henry V will be offered for free in a City of Evanston park. Muse of Fire Theatre Company will present Shakespeare's play at 3 p.m. Saturdays and Sundays, Aug. 1-23, in Ladd Arboretum, just west of the Ecology Center, 2024 McCormick Blvd. Spread out a blanket or bring a chair and travel back to King Henry's England and the battlefields of 15th-century France.

Henry V tells the story of silver-tongued young king who takes his country to war. It is a tale of integrity and virtue, of corruption and despair, of conquerors and cowards--recounted in some of the most stirring speeches in the English language. This open-air production, which will not use formal sets, lighting or sound equipment, encourages actors and audiences alike to use their imaginations and creativity as the story unfolds.

Henry V is directed by Jemma Alix Levy and co-sponsored by the City of Evanston's Parks/Forestry, Recreation & Facilities Management Dept. Performances are free and open to all ages. Run time is about two hours. Seating is open and unlimited. In case of rain, the show will be cancelled. Free parking is available at the Ecology Center. For more information, call 847-707-8632 or go to www.museoffire.webs.com.



Skokie Theatre Music Foundation
847-677-7761
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Skokie, IL 60077
www.skokietheatre.com



Plenty of free parking!

Group Rate Available

Ticket prices do not include service fees

Buy tickets online at www.skokietheatre.org

FOR KIDS - Summer Youth Program

Summer Youth Program Tickets are \$4 in advance and \$5 at the door. Niles Township residents only \$2 unless otherwise listed.

August 5 at 10:30 am Pocket Circus - The Smallest Circus in the World

August 12 at 10:30 am Jeffrey The Great

POP/JAZZ/FOLK

August 1, at 8pm SAMASAMA PROJECT: Pinoy (The Repeat) Tickets are \$20 in advance and \$25 at the door.

August 2, at 2pm AFTERNOON CLASSICS: An Afternoon of Famous Arias and Art Songs Tickets are \$20 in advance and \$25 at the door.

August 2, at 7pm "FLASHBACK: TEENAGE DRAMA" Songs of the 60's Tickets are \$20 in advance and \$25 at the door.

August 5, at 1:30 pm ROCK N ROLL is HERE TO STAY starring Tony Bernard Tickets are \$10

August 7, at 8pm THE SOULFUL SONGS OF RAY CHARLES starring Jimmy Rogers & Pat Smillie with the BLUE TRUTH BAND Tickets are \$25 in advance, \$30 at the door.

August 8, at 8pm Jason Smith and Roberta Miles Tickets are \$20 in advance and \$25 at the door.

August 9, at 7pm High Standards: an exploration of standards past, present and future - starring Hillary Ann Feldman Have you ever wondered what makes a standard a standard? Why are the songs from the Tin Pan Alley era so much a part of the public consciousness? Will the songs of today ever experience the same longevity? If so, what songs will those be, and who is writing them? Join premier vocalist Hilary Ann Feldman and musical director Beckie Menzie for a fascinating exploration of standards through time. Tickets are \$20 in advance and \$25 at the door.

August 12, at 1:30pm THE GREAT AMERICAN FOLK SONG starring Mark Dvorak and Bucky Halker Tickets are FREE This program is made possible in part by a grant from the Illinois Humanities Council, the National Endowment for the Humanities, and the Illinois General Assembly.

August 14, at 8pm Pegi Johns: A Window into our Hearts Tickets are \$20 in advance and \$25 at the door.

August 15, at 8pm Ron Hawking Celebrates...The Men & Their Music Tickets are \$35 in advance and \$44 at the door.

STAGE

August 9, at 2 pm "Chicago Gangster Ghosts & Secrets" a one-hour slide illustrated talk by folklorist and ghost hunter, Richard T. Crowe Tickets are \$20 in advance and \$25 at the door.

Lincolnwood Social Club (55+) Movie & Lunch, Now Showing "The Curious Case of Benjamin Button"

David Fincher directs this adaptation of F. Scott Fitzgerald's classic tale set in the early 20th century that follows Benjamin Button (Brad Pitt), a man who was born in his 80s and continually grows younger. The story throws linear conventions upside down to explore love, loss and memories from the perspective of a character living under incredibly unique - and unexpectedly difficult - circumstances. Cate Blanchett co-stars in this Oscar nominee for Best Picture.

Sub sandwiches will be served to those who register for the lunch.

Friday, August 7, 2009, 11:30am - Lunch, Noon - Movie

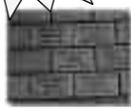
Lincolnwood Community Center, 6900 N. Lincoln Ave., Lincolnwood, IL

Fee: \$11 Club Member * Movie & Lunch / \$4 Movie Only \$14 Non-Members * Movie & Lunch / \$6 Movie Only

Registration is required, for more information contact the Lincolnwood Parks & Recreation Office at (847) 677-9740.

CALLING ALL FRIENDS, FAMILY, PARISHIONERS AND ALUMNI OF ST. PETER!

33% Sold!



Our Alumni Walk/Memorial Garden Project is underway and

WE NEED YOUR HELP!



To help finance the project we are selling engraved bricks that will be used in the walkway and in the garden. This is your chance to get in early on this project and get your brick in a prime location - either near the fountain or closest to the school steps!

Please Act Soon! We would like to double our current sales before groundbreaking!

	Brick pricing is as follows (per order):	
	1 st Brick	\$100
	2 nd Brick	\$75
	3 rd , 4 th , 5 th , 6 th , 7 th Bricks	\$65 each

IF YOU KNOW OF ANY ALUMNI WHO LIVE OUTSIDE THE PARISH, PLEASE LET THEM KNOW ABOUT THIS OPPORTUNITY!

Contact the Rectory or call either Jacquie Toigo at 847-677-4190 or Chris Franczyk at 847-673-5850 for information.

Come on Alumni! We know you're out there!

Name _____

Address _____

Phone Number _____

Graduation Year (if Alumni) _____

Email Address: _____

Engraved message:

Each brick can have three lines of 13 characters each. Please note, spaces count as characters.

--	--	--	--	--	--	--	--	--	--	--	--	--

Please make checks payable to St. Peter Church.
Please return this slip with your payment to the rectory or drop in the Sunday collection.
Thank you!

GREAT OUTDOORS

MID SUMMER THOUGHTS

By Nick Urhausen, Urhausen Greenhouses

As we approach late July, all your flowering annuals should be peaking. Impatiens, begonias, and petunias should be filling out nicely and blooming profusely. The best tolerant plants like Salvia, Vinca Periwinkle, Portulaca, and so forth should be thriving from the recent heat waves. I do have some mid-summer thoughts, however, on a variety of topics to share.

The first topic concerns rain and watering. Don't assume when skies darken and it looks like rain that your plants are receiving water. Sometimes when thunderstorms pass through our area, the rainfall totals vary widely in different locations. One part of a neighborhood may receive a sprinkle, while a few blocks away an inch of rain falls. Yes, it can be that dramatic. So, the moral of the story is that you should check to make sure the rain really wets the soil thoroughly. If not, get out the hose and finish the job.

The other thought on the rain is that often times rain does not adequately wet the soil in containers and hanging baskets. This reminds me of a story from the greenhouse from two weeks ago. At that time we had a lot of stormy looking weather that really didn't produce any rain. An older couple brought two impatiens baskets back to the greenhouse and asked why they looked so poor. The soil in the baskets was 100% dried out, and the plants were nearly at death. When asked when the last time the couple had watered the baskets, the man replied that he couldn't remember because they hadn't been watering due to all the rain. Expecting rain to adequately water containers is asking a lot. Rain comes from all directions and angles, can come fast or slow, and is extremely variable in its quantity. Enough said.

The second topic concerns container planter maintenance. Sometimes when one looks at public plantings, for example the annuals in front of a business or a municipal planting like the hanging baskets along Oakton Street and Lincoln Avenue in downtown Skokie, one wonders why those always look so fresh and healthy. The answer is that they are constantly maintained. Spent blooms are removed, vining plants, like sweet potato vines which grow too long, are trimmed, and the plantings are regularly watered and fertilized. To keep your plantings looking great, you must do the same.

The third topic concerns vacations and plants. If you do go on a vacation this summer, or even take a long weekend excursion away from home, then try to have someone water your plants. In addition, before you depart, take baskets down and move them and any container gardens into a shady corner of the yard. Some people even put their planters in a pan with water in it to help extend the final watering. Barring on extreme heat wave, these measures will usually help the plants survive your absence (even if the person you place in charge of watering your plants doesn't do a thorough job). One couple I know does not take vacation in the summer due to concern for their plants.

The overall point is to continue maintaining and caring for your plants to keep them looking their best. Don't look at this as a dreary job. Instead enjoy being outside and try to observe how the plants change as they grow. Notice the fragrance the plant emit, and marvel at the beautiful shapes and bright colors of the different flowering plants. Step back and take a little time with a glass of iced tea or fresh squeezed lemonade and let your senses come alive.

Urhausen Greenhouses, Inc. is located at 6973 N. East Prairie Road in Lincolnwood. Phone: 847-675-1573, fax: 847-675-0661

Free Youth Fishing Program Continues

Once again this summer, young anglers, age 5 to 15, can grab a pole and fish for free on Saturday mornings at the pond in Lovelace Park, located on Gross Point Road at Thayer St. Sponsored by the Illinois Department of Natural Resources, this is a catch-and-release program designed to give youth a chance to experience firsthand the fun of fishing. Free equipment and bait are provided, and staff from the Evanston Ecology Center are on hand to offer their expert advice. This fishing program is held from 10 A.M. to noon every Saturday, May 2- Oct. 31. Children must be accompanied by an adult. Fishing licenses are not needed for those under age 16. For more details, call 847-448-8256.

Rent a Boat or Kayak in Evanston and Sail Lake Michigan

This summer, sailboats and fishing kayaks will be available for rent by the hour, the day or the season at Evanston's Dempster St. Beach. The times watercraft may be rented are 3 to 7 p.m. Mondays-Fridays and 11 a.m. to 6:30 p.m. Saturdays and Sundays, beginning June 13. Kayak rentals start at \$25/hour for Evanston residents; sailboat fees start at \$30/hour for residents; and Hobie 16' rentals start at \$40/hour for residents. Multiple-hour discounts are available as is a reduced-fee punch pass option. Season rental (a maximum of two hours on a single day) is \$600 for residents. Nonresident adults may also rent boats, but fees are higher. Life vests are provided free for all passengers. Reserved for adults age 18 and older, all rentals are handled at the Dempster St. Beach office, which is now open daily. A valid driver's license and credit card are required to rent boats. For more information, call the beach office at 847-866-4167.

Tips for Keeping Mosquitoes at Bay

Summer is the prime time for one of our least favorite insects: mosquitoes. With the wet spring and early summer in many parts of the country, mosquito numbers are likely to be high this year.

Remove unnecessary standing water around your home. Typical hotbeds for mosquito reproduction are clogged gutters, flower-pot drainage dishes, children's play equipment, tarps and any debris that can hold water.

Share this advice with your neighbors. Mosquitoes that emerge in their yards will easily travel to yours.

Empty and refill birdbaths every few days. It takes a minimum of about a week for the metamorphosis from egg to larva to pupa to winged adult to be completed, so this eliminates any chance that your birdbath will serve as a mosquito nursery.

Attract mosquito predators. Add plants to water gardens to attract frogs, salamanders and dragonflies and put up houses for birds and bats. Fish feed on mosquito larvae, just don't release goldfish or other exotic species into natural areas.

Don't use insecticides or put oil on the surface of bodies of water. This kills beneficial insects and mosquito predators and causes air and water pollution.

"Mosquito Dunks" that contain natural bacteria that kills mosquitoes can be added to water gardens without harming fish, birds or other wildlife. (Closely related insects, some beneficial, could be affected though.)

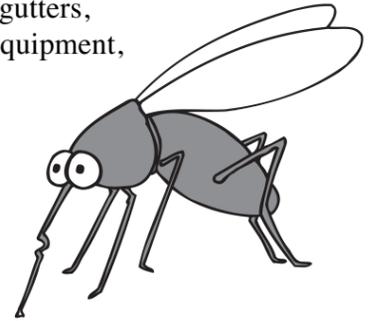
DEET-based repellants are effective but if you want to avoid synthetic chemicals, aromatic herbal repellents also work if applied frequently.

Avoid going outdoors at dusk, which is peak mosquito time, or wear long sleeves to minimize exposed skin that could be bitten.

Bug zappers aren't effective against mosquitoes. Zappers do kill thousands of beneficial insects a night.

Mosquitoes are not strong flyers and the breeze created by a fan is often all you need to keep a patio or deck mosquito-free so you can enjoy the outdoors.

Adapted from materials provided by USDA/Agricultural Research Service. Contact us at info@nwf.org, 1-800-822-9919, National Wildlife Federation, 11100 Wildlife Center Drive, Reston VA, 20190. © 2008 National Wildlife Federation. All rights reserved.



The Big Problem with Too Little Play

When we were growing up, the "lazy days of summer" meant kids would be out biking, swimming, playing flashlight tag and just being active and healthy. But for today's children, summers really are lazy. Instead of heading out in the morning, playing all day, and coming home for dinner, kids are spending their free time on the couch, and they're paying the price.

Children are more overweight than ever, and research shows they are actually gaining weight over summer break. Today's children spend 50% less time outside than they did just 20 years ago, and according to the Kaiser Family Foundation, kids spend 6.5 hours a day with electronic media. And the problem is getting bigger and bigger. According to the CDC, the number of overweight children has doubled in the last 20 years, while the number of overweight teens has tripled.

This lack of play time has become a national issue. First Lady Michelle Obama says, "We've got to get kids moving. We've got to get them active...Too many kids are sitting around watching TV, playing computer games...in order to stay healthy, children are supposed to get 60 minutes of activity every single day. [When] they're playing, they don't even know they're getting exercise."

But what can be done to get kids active again? Part of the solution is as close as the neighborhood playground. Get your kids playing and active with friends by hosting a Play Day in your community. For a step-by-step guide and fun toolkit, visit kaboom.org and plan a Play Day for the week of September 19-27th. A KaBOOM! Play Day is a free, fun-for-the-whole-family outdoor event that celebrates play. It's a day to gather at your favorite park or playground and reconnect with your community. When you sign up, you'll get a free KaBOOM! Play Day Kit (valued at \$100), tips, templates and much more in our Online Planner.

GREAT OUTDOORS

Legends of the Lake

by Tracy Seglin

What was Chicago's worst disaster? If you are like most, The Chicago Fire comes to mind first. Maybe the Our Lady of the Angels School Fire. The Eastland Disaster of 1915, which resulted in the greatest loss of life in our city's history, has nearly been forgotten. The sinking of this great excursion boat also marks the Great Lakes' worst shipping disaster.

Scheduled to transport 2,500 passengers, Western Electric employees, their families and friends, to the company's picnic in Michigan City, Indiana, the S.S. Eastland never even made it from the Chicago River to Lake Michigan. In the early hours of July 24, 1915, more than 800 people drowned in 20 feet of water, just feet from the wharf.

With the lessons learned from the Titanic disaster just three years earlier, how could this have happened? Ironically, many speculate that it was because of the lessons learned from Titanic that S.S. Eastland capsized!

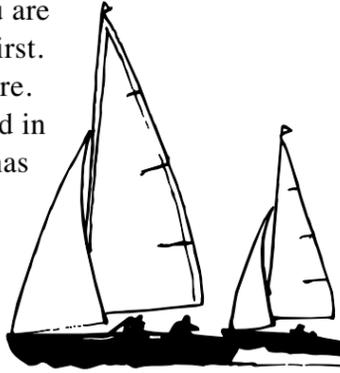
At 6:30 a.m. on July 24, passengers began boarding the Eastland, docked at the Clark Street Bridge. Twenty minutes later, the ship could be seen listing to port. Righted temporarily and precariously, orders were given for the gangplank to be drawn in and for departure to commence. At 7:28 a.m., with a dramatic 45-degree port list, dishes catapulted from shelves, a piano slipped across the promenade deck, and a refrigerator tumbled, pinning several passengers underneath. And the orchestra stopped playing. As panic broke out, passengers and crew aboard the upper decks leaped into the water or onto the wharf. Hundreds trapped on the lower decks drowned as Eastland eerily rolled onto her port side, coming to rest at the bottom of the Chicago River.

What caused Eastland to overturn? Theories vary, but most agree several factors came together, dooming the boat. Hailed the "speed queen of the Great Lakes," Eastland was built in 1903, a relatively stable craft, but one that did not meet all regulations of the time. Adjustments were made to meet these standards and to make her faster, but the new equipment added weight and made the ship top heavy. In fact, Eastland nearly capsized in 1904.

Some suggest the ballast system was flawed. It is also argued that she was the first passenger ship built by the Jenks Ship Building Company, a firm that specialized in freighters which carry a more stable load: there were 2,500 people moving aboard the Eastland. Another factor blamed were her gangways. Because they were lower than normal, when she did tilt, water poured into the ship adding even more weight and causing the boat to list even further.

Perhaps the most tragic cause was an adjustment made in response to the Titanic disaster. On July 2, 1915, additional lifeboats and rafts were added to her upper deck, adding more weight to an already unbalanced boat. The General Electric outing was her first time out with new modifications designed to save lives.

Today, visitors can see the S.S. Eastland memorial marker located at the exact site of the disaster, on the northeast corner of Wacker Drive and LaSalle Street. Plans also are underway to establish "At the River's Edge," a permanent exhibit remembering the Eastland disaster, slated as part of the new Chicago Riverwalk experience.



LOCAL FARMERS' MARKETS

EVANSTON

Date: Saturdays, May 16 - Nov. 7, 2009 **Time:** 7:30am to 1pm

Place: Intersection of University Place and Oak Avenue

Enjoy the bounty of Midwest farmers every Saturday throughout the summer. For over 30 years, the Evanston Farmers' Market has been a crowd-pleaser with 30+ vendors of fruit, vegetables, meat, flowers, cheese and bakery items. Now We're Cookin' and Home Grown Artists are going to be at the Market certain Saturdays throughout the summer. Free parking is available in the Maple Avenue Parking Garage. Senior coupons for Farmers' Markets are available through the Commission on Aging.

Home Grown Artists August 8

Home Grown Artists began in 2005 as a showcase for Evanston artists and their work at the busy and thriving Farmers' Market. In 2005 a survey funded by the Illinois Arts Council and the Evanston Community Foundation determined that Evanston has ten times the national average of artists living and working here. Ten times! 75% of them support themselves with their art. And in the year of the survey, artists generated \$25 million in the Evanston economy. Each year the Farmers' Market hosts local artists who display for sale a wide variety of their works including pottery, paintings, sketches, home made paper making, and many other mediums. A portion of the proceeds from the artists renting spaces is used to provide art scholarships.

In 2008, the City Council made Home Grown Artists a permanent part of the Farmers Market. The Market is located at University Place between Railroad and Maple Avenues, north of the municipal garage that serves the Century movie theaters at Church and Maple. It is one block south of Emerson Street/Golf Road and east of Green Bay Road and Ridge Avenue. The hours are Saturdays from 7:30 a.m. to 1 p.m. from May 16 through November 7, 2009. Home Grown Artists will appear at the Farmers Market from 7:30 a.m. to 12:30 p.m. on August 8 and 22; September 12 and 26; and October 3.

LINCOLNWOOD

Beginning Thursday, June 4, the Lincolnwood Parks and Recreation Department will be operating Lincolnwood's 3rd Annual Farmers Market. The market will run every Thursday through August 20th, between the hours of 8 am - 1 pm, at St. John's Lutheran Church, 4707 W. Pratt Avenue. This location was chosen because of its visibility from Pratt Avenue, accessibility of parking, and neighborhood location.

The goal of the Lincolnwood Farmers Market is to offer an event that brings residents and the business community together, while offering the opportunity for individuals living and working in Lincolnwood to buy fresh produce and natural products. Our vendors will set up displays that may include fruits, vegetables, bread, pastries, cheese, flowers, honey, and more.

Thursdays, June 4 - August 20, 8:00am - 1:00pm St. John's Lutheran Church, 4707 W. Pratt Ave., Lincolnwood, IL FREE - Open to the Public

For more information contact the Lincolnwood Parks & Recreation Office at (847) 677-9740.

SKOKIE

Visit the "Best on the North Shore" Skokie Farmers' Market held on Sundays beginning Sunday, June 28 through Sunday, October 25. The market is open from 7:30 a.m. until 12:45 p.m. Arrive early for the best selection. The market is conveniently located in the Village Hall parking lot, 5127 Oakton Street. The Skokie Consumer Affairs Commission, a volunteer commission, hosts the Skokie Farmers' Market. For more information on the Skokie Farmers' Market, contact Terry Oline, Market Master at 847/933-8224 or visit www.skokie.org.

Half-Price Beach Token Sale Begins Aug. 1

Evanston and Skokie residents can buy season beach tokens for half price, or \$15 each, beginning Saturday, Aug. 1. The half-price rate for a nonresident is \$27. Daily beach passes will continue to be sold at beach entrances for \$8 for those age 12 and older and \$6 for children age 1-11. Children under one year of age are admitted free. Tokens can be purchased at the Dempster St. beach office, open daily, as well as all community centers and the Civic Center, 2100 Ridge Ave. Proof of residency is required at the time of purchase. For more information, including facility hours, call 847-866-2900.

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"A Theatre Review"

"Cavalia"

*The White Big Top Tent Racine and Jackson St.
Chicago, Illinois*

Reviewed by Richard Allen Eisenhardt

"Cavalia" has opened under the White Big Top Tent that is or was used as a parking lot at Racine and Jackson St. Norman Latourelle who was a founder of the Cirque Du Soleil shows is the artistic director.

The show runs two hours and 40 minutes with a 30-minute intermission and if you come with a family the children should not be under 10 to hold their attention span. It has acrobats and aerialists but if you're expecting death defying routines that Cirque Du Soleil offers you may end up being disappointed.

The show is a combination of circus and rodeo but the major stars are not the dancers, opera singers or acrobats but the horses that are trained to commands and the music.

It's an expensive show and the tent accommodates 2,000. The show offers riders on horses in what some might consider death-defying routines in the sense that if there is an accident one of the riders could get hurt. There is no story and the show offers a variety of horses from Palomino-Arabian and so on.

Before the show begins you are asked questions and shown answers and you also see the birth of a horse as it is in nature and we see how it struggles at first.

I found the first half overly long and tedious but in the second half the pace picks up.

The horses are beautiful and watching them being braided in their stalls after the show was a highlight.

The horses are under the direction of Sylvia Zerbin, Estelle Delgado and Geraldine Boutel through ballet steps. Each horse knows where it is going and what it is doing.

"Cavalia" runs at this time through August 2. However it might be extended as performances have been added. For performance times, schedule and reservations call 866-999-8111 or cavalia.net. Tickets are \$45.80 - \$98.50. Premium seats are \$139.50 to \$190.50. Starting July 28th tickets will be \$50.50 and \$209.50.

"Foot Loose"

Theatre at the Center, 1040 Ridge Road, Munster, Indiana

Reviewed by Richard Allen Eisenhardt

"Foot Loose" has returned to the Chicago area and is currently at the Theatre at the Center in Munster, Indiana. The show has a score by Tom Snow and Dean Pitchford and has been adapted to the stage by Pitchford and Walter Robbie. Additional music is by Eric Carmen, Sammy Hagar, Kenny Loggins and Jim Steinman and features such songs as "Foot Loose," "Can You Find It In Your Heart," "Dancing is not a Crime" and "I'm Free."

It is a high energy show of singing and the dancing is incredible. Stacey Flaster has been one of Chicago's top dancers and has made a super mark as one of Chicago's top choreographers but for this show, she shows brilliance with her direction as well.

Stellar performances are in the hands of Matt Raftery, Andrea Prestinaro, Larry Adams, Cory Goodrich, Robert Deason, Mary Jane Guymon and Kent Haina to name a few.

It's perfect summer fare even if the book and music is less than memorable.

Ren is a rebel who hails from Chicago with his mother to a small town in the Midwest that bans dancing and is run by the Reverend Moore played by Larry Adams. Ren falls for Moore's high spirited daughter Ariel played by Andrea Prestinaro. While they stand up for their rights they run into opposition until the end when they prove dancing is not a sin.

It's a show for the young and the older generation and is worth seeing as it is light and sugar coated.

"Foot Loose" runs through August 16. For show times, performance days and reservations call 219-836-3255. Tickets are \$36 and \$40.

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Protecting our families and our assets after we are gone is an essential part of life. However, in planning our estates, we need to take into account the many potential life changes that may come up for our surviving family members and ensure that we have various protections built into our estate plan.

For example, it's no secret that the divorce rate in this country is high and a significant percentage of Americans have been divorced several times. Additionally, in 2008 Americans filed more than 100,000 lawsuits, and the number is expected to increase dramatically because of the downturn in the economy.

These statistics should concern all of us, but especially those people who are planning, or failing to plan, their estates. These are very real and potential dangers that may come up for you or your surviving family members, and which can be managed with an effective estate plan.

However, not all estate plans are created equal. There are many Wills and Living Trusts available that are designed to be one-size fits all, and which leave out many important provisions that are intended to protect your family and assets from the very real world concerns that affect many Americans.

Therefore, the most important part of your estate plan is not the documents. It is the knowledge used by the attorney who creates your plan. How do you know if someone has the necessary knowledge? Be sure to check the background of the attorney you hire and make sure that they meet the following criteria:

Experienced. Only an experienced professional has seen what works and what does not work. You do not want to be someone's guinea pig.

Licensed. Many people purport to provide estate planning services, from annuity salespeople to paralegals. Estate planning involves complex legal issues which require a licensed attorney.

Focused. Licensed attorneys practice in areas from antitrust law to water rights law, and everything in between. An attorney who is focused in estate planning has the background, ability, and demonstrated commitment helping people with developing and implementing their estate plans.

The right attorney has the experience to avoid imprecision in the drafting of your documents. In addition to exposing your family and assets to the dangers of divorce and lawsuits, imprecision in documents can lead to family disputes which can wreak havoc on their emotional and financial well being. Further, an experienced, licensed, and focused attorney has the skills necessary to craft an estate plan that not only meets your goals, but also provides:

Remarriage Protection. If your surviving spouse remarries, it protects and passes your assets and your legacy to your children, instead of the new spouse.

Divorce Protection. It protects your children's inheritance in case of their own divorce, ensuring that up to 50% does not just walk away with your future ex in-law.

Creditor Protection. It protects your children's inheritance from the ravages of potential lawsuits and creditor claims, in case your children become the target of litigation.

Tax Savings. It provides the framework and flexibility to maximize savings on a range of taxes, including federal and state income taxes, local property taxes, and federal and state estate, gift, and inheritance taxes.

Tailored Solution. It is a plan that is tailored to take advantage of the laws of your state to best achieve your individual goals.

Your legacy and your family are the most important elements in your life. Protect them from the perilous times we live in and from untrained, inexperienced, or even unscrupulous "planners."

Chester M. Przybylo has been elected to the Board of Governors of the prestigious American Academy of Estate Planning Attorneys and has been engaged in the practice of law for the last 40 years. For more information or to attend an upcoming seminar, call (773) 631-2525.

Looking for Direction in This Volatile Market?

We are pleased to introduce Neil Gardner, a financial advisor with Edward Jones whose office is located at 9175 Gross Point Road in Skokie.

Neil will be submitting an ongoing series of articles in a column entitled 'Financial Focus'. The articles will be informative, practical and fun discussions of important issues such as investment strategies and much more.

Neil has over 15 years of experience in the financial services industry and joined Edward Jones after moving to Chicago from Baltimore, Maryland in 2008. He received his MBA from Loyola University in Maryland. "Not the Loyola University here in Chicago, mind you, where the mascot is the Ramblers", Neil quipped. "I actually went to graduate school at the Loyola in Maryland, where the mascot is the Greyhounds. Go Hounds!"

He received his undergraduate degree from Salisbury University. Neil is a lifetime member of the National Eagle Scout Association. He lives in the Bucktown neighborhood of Chicago with his wife, Allison, his one year old daughter, Sophie, and his orange tabby cat, Terrore. Neil is a member of the Wicker Park Committee. Neil's hobbies include golf, reading and winemaking. As a financial advisor with Edward Jones, Neil Gardner provides financial services for individual investors. Every aspect of Neil's business, from the types of investment options offered to the location of his branch office, is designed to cater to individual investors in the community. Neil works directly with clients to understand their personal goals – from college savings to retirement – and create long-term strategies for their investments that emphasize a well-balanced portfolio and a buy-and-hold strategy. Neil embraces the importance of building long-term, face-to-face relationships with clients, helping them to understand and make sense of the investment options available today.

Please join us in welcoming Neil Gardner and his financial focus column to our newspaper.



Neil Gardner

Bucktown A Joy-FULL Celebration of Friendship Dinner

Sunday, November 8, 2009

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More details of the Joy-FULL Celebration to follow

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Say NO To Bugs!

By Bosley

OK Furry Friends, please raise your paws and speak after me. "I (your name) a good and loving dog do solemnly swear to help my humans understand the importance of flea prevention and will kill all fleas I come across."

I know we don't really need the oath, we dogs are taught the hazardous of fleas at a young age. However, some of our humans just don't seem to get it. How would they feel if something were crawling around in their fur? Or something sucking their blood and causing them to scratch like crazy? Plus, it is gross! Don't get me wrong I love to Roll in the dirt and swim in the lake, what self-respecting pooch doesn't? But, there is something about biting bugs in my fur that grosses me out!

So, what is a poor pup to do? I suggest biting your human on the rear. Just kidding, maybe! I asked my human to help make the following list:

Fleas are more prevalent now than in the spring. The buggers are looking for a warm place, so we find them more on us.

Talk with your Vet or Groomer about flea prevention and or treatment.

There are very effective treatments available from your Vet or at pet stores.

NOT all products are created equal. Some products don't work as well as others and some not at all. So buyer beware and follow the advice of your Vet and Groomer.

Flea baths are only a temporary fix to a flea problem and its prevention time is limited.

The topical flea treatments work the best in my opinion.

Any dog can get fleas! You can get them in your own backyard!

Any dog can get fleas! Finding yourself with fleas is not the end of the world and it doesn't mean that you are dirty. Fleas follow a life cycle and they need our blood to survive. They are clever little buggers that can find their way to any pooch. It is no one's fault when you get fleas, well except your human that didn't have you on a prevention treatment.

Fleas are treatable quickly. Please convince your human to get you the help you deserve!

So, now your job is to give this list repeatedly to your human. Because WE CAN WIN THE WAR ON FLEAS, but we need the cooperation of our human. If your human choose not to listen, then I suggest cuddling up in their bed. Maybe the fleas will bite them too! Go ahead I am giving you permission. Until next time play hard and be as good as you can!

Bosley

Submitted by Bosley's mom, Nicole Carfora, CMG, owner of Canine Corral.

Evanston Dog Beach Open

Evanston's dog beach, located north of the Church Street boat launch facility, opened for the 2009 season on Friday, May 1, and will remain open through Oct. 31. Hours are 7 a.m. to 8 p.m. daily. All dogs using the beach must have a pass. The fee for a 2009 dog beach pass is \$50 per dog owned by an Evanston resident and \$100 per dog owned by a nonresident. Applications for dog beach passes as well as dog beach rules and regulations are available at the Civic Center, 2100 Ridge Ave., or on the City's Web site at www.cityofevanston.org. Before obtaining a dog beach pass, owners must show written proof that their dogs are current on their vaccinations and have been examined within the past year for any communicable diseases. In addition, dogs must be currently licensed in Evanston or the city where the dog lives. For more information, call 847-866-2900.

Vaccinations in Dogs & Cats

Part 2

by Peter S. Sakas DVM, MS

Antibody levels of the newborn vary according to the antibody levels of the mother (the importance of maintaining vaccinations) and the amount of colostrum they obtain. You can see how important it is to be sure that the newborns are nursing the first 24 hours. It is especially critical because the levels of antibodies in the colostrum are at their highest and rapidly drop off over the next few days. Another factor to consider is that during the first 24 hours after birth the intestinal tract of the newborn is able to easily absorb antibodies through its lining. After the first day this ability diminishes so that colostrum provided later will provide no benefit. That is why it is essential that newborns are nursing the first day, for if they do not, they will receive little protection against disease. If they will not nurse initially you could collect some colostrum and force feed it to them. Even though there are milk replacement formulas available they do not possess these antibodies and hence no protection.

The antibodies provided through the colostrum will react to any vaccination given to the puppy/kitten until their levels wane adequately thus interfering with the effectiveness of the vaccination. That is why vaccinations are begun at 6-8 weeks when the maternal antibodies wane. However, we will discuss this in more detail in the next section.

"Active" Immunity

What is a vaccination anyway? It is a term that describes the production of an active immune response by an animal (or human) through the use of extracts of the actual disease-causing organism that we are trying to protect against or whole cultures of the organism in a weakened or killed form. By using this material we are causing the body to react against these foreign materials (antigens) and produce antibodies to them. The organisms (or extracts) in the vaccine are in such a state that they are unable to cause disease but will promote antibody protection against the organism if the animal is ever exposed to it. The system is "geared up" to produce large amounts of antibody against it and destroy it before it can cause illness. Thus the term "active" immunity. The body is actively reacting against the vaccination through the production of antibodies.

The antibodies so produced can persist in the body for years. There are special types of cells, called "memory cells", that produce specific antibodies against a specific antigen (disease organism). This is of course very different than "passive" immunity where the antibodies were provided to give instant protection in the short term, however because there is no system to actively produce these antibodies in the body they will fade over time. In "active" immunity the immune system has been stimulated so that if the actual disease organism attempts to invade, the body is able to mount a rapid, dramatic response to effectively eliminate it from the body. Even though the system has been actively stimulated and can produce specific antibodies for years, its effectiveness diminishes over time. Therefore, booster vaccinations are given at periodic intervals (usually yearly) to restimulate the immune system, insuring an effective response should the disease organism invade.

"Active" immunity provides longer and stronger protection than "passive" immunity. A disadvantage is that there is a delayed response following the first vaccination and the development of protection. In "passive" immunity the protection is immediate. Following a vaccination it may take up to two weeks for antibody levels to reach effectiveness; in fact if it is a first time vaccination for a particular type of disease, a booster vaccination may be given two to four weeks after the initial vaccination to provide higher, more protective levels. After this initial boosting of the immune system then yearly boosters are required to maintain the readiness of the system.

At this point you may be wondering if an animal was not vaccinated but developed the disease and survived would it have "active" immunity? Definitely! The problem is that the diseases we are protecting against are usually deadly (or cause severe illness) so we do not want them to suffer through any illness, especially when it possesses a high risk of mortality. The protection provided by developing the disease and surviving could be highly effective, however, the vaccinations have been formulated to produce a high level of protection with no risk of disease development to the animal.

Continued next issue

Niles Animal Hospital & Bird Medical Center. 7278 N. Milwaukee Ave.
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JOIN US FOR AN ADVENTURE IN GREEK CUISINE AT ITS BEST — ST. DEMETRIOS FEST WILL TAKE PLACE ON AUGUST 21, 22, 23

by Anastasia E. Weaver

(Part 1)

You may have taken a trip to the sunny shores of Greece where the sun never hides behind a cloud and there is so much opportunity to enjoy the beautiful islands of the Mediterranean and Aegean seas. Or it may be just a dream! Or perhaps a plan for the future! You may have had an opportunity to visit Omonia Square or Syntagma Square and enjoy their Mediterranean cuisine. But with the economy being what it is, don't fret, just join us at St. Demetrios Church for our 60th Annual Greek Fest in another square called Lincoln Square nestled on a quiet residential street northwest section of the City of Chicago next to Swedish Covenant Hospital. There you will have the opportunity, without the major expense, of air fare and expensive hotels to enjoy the authentic cuisine of Greece. We will also extend to you the same warm hospitality that you would find in any island or mainland of Greece. We can't always promise the same sunny skies but rain or shine we promise to welcome you with open arms and to help make your weekend a pleasant one. You may also be happy to know that we have had no price increases as you may have noticed everywhere else that you stop to eat or shop!

So let's get together on Friday, Saturday and Sunday, August 21, 22, 23 at 2727 West Winona Street in Chicago's Lincoln Square. Bring the family, your friends and neighbors and let us welcome you for a wonderful summer weekend of great food, pastries, music and dancing.

The Greek Cuisine is a labor of love and although sometimes our recipes seem awfully long and time consuming, Greeks look at cooking as an art! It is not meant to be a fast food type cuisine but one that requires time and energy and the best in flavorful ingredients and seasonings. Just like the French start their meals whether large or small with the words Bon Appetit so the Greeks have always cared about the nutritional value of their food and use the words "Kali Orexi" (Good Appetite). You traditionally do not hear the words Good Appetite in America but the Greeks in America continue to say "Kali Orexi" upon sitting down for a meal. So my friends, we wish to all of you as you venture to our Festival "Kali Orexi".

If you have had an opportunity to visit Greece, you may have encountered many sidewalk cafes called Tavernas where you sit in a comfy chair in the sun and are served appetizers or Mezethes - a little snack along with a beverage of your choice. The tradition of mezethes (little snacks) of meat or cheese or other appetizers is usually served at a cocktail hour which can last way into the night. You may remember that the Greeks in Greece eat their dinner at a very late hour. And so the tradition continues at many Greek festivities where appetizers or mezethes are served first. You can visit our Greek Taverna where you can sit and relax and whet your appetite with our

grilled Greek sausage (Loukanika) and other delicacies, enjoy your cold beverage, whatever your choice, and talk to friends while listening to music. Loukanika are traditionally made of pork or pork butt and seasoned with salt, cracked pepper and fresh orange peel and thyme and savory as well as garlic. Pork recipes in Greece are not as prevalent as other meats mainly because pork was not permitted by the those who had occupied Greece for so many years before its independence. Pork was then considered a delicacy. The roasting of a pig in villages or towns was done on special occasions.

When you are ready for your dinner, whatever the hour you choose, you can visit our Food tent for a wonderful assortment of authentically prepared Greek cuisine, which we create with the freshest and finest ingredients we can obtain. You may want to enjoy our GRECIAN CHICKEN - one half roasted chicken, marinated and seasoned with lemon, oregano and wine and served with the fluffiest rice pilaf. Or you may decide on our popular SOUVLAKI - succulent pork loin shish-kabob which we marinate Greek-style with lemon, garlic and oregano. Although Shish-kabob is a Turkish word, the Greek shepherds from ancient times skewered pieces of meat and vegetables and cooked them over coals in the ground. Remember knives and forks were not always available. But how easy it is to eat a Souvlaki - no fork or knife necessary, even today! Or why not try our ROASTED GREEK LAMB - we buy the finest meats to please our guests, and roast it after marinating with cloves of garlic, salt and pepper, oregano, thyme, spearmint flakes, lemons and wine and then roast it carefully till it melts in your mouth. Traditionally the roasting of lamb was always a man's job and still today you will find that the men of the household always are ready and proud to handle this job. Our GYROS is delicious and it is carved right there in front of your eyes and why not try our French Fried potatoes sprinkled with Feta cheese!

Or perhaps it is PASTITSIO that will hit the spot - a macaroni and ground beef seasoned with salt and pepper, cinnamon, red wine, and tomato sauce which is then topped with a rich cream sauce of eggs and milk and than baked to perfection. Pastitsio is a favorite Greek family recipe for celebrations and holidays and if you have had an opportunity to tour on a Greek ship you would have seen it on their sumptuous buffet suppers. We will also have TYROPITA - home made Greek-style cheese pie in crispy filo crust and our famous SPANAKOPITA - homemade (not bought) Greek style Spinach Pie, which we prepare with fresh spinach, feta cheese, green onions and seasonings of the Greek cuisine and bake it in a crispy filo crust. Unforgettable food.

See Next Issue for Part 2: The Desserts of the Fest

Evanston Public Library

1703 Orrington Ave.
847-448-8600
www.epl.org

Illinois State Poetry Society display

August 2009 - 40 local poets will display their summer themed poems at EPL, on the 2nd floor bulletin board throughout the month of August

African American Literature Discussion Group meets with discussion leader Susan McClelland in the Community Meeting room at 7:00 pm. All are welcome! Call 847-448-8620 for details or to reserve a copy of the book. The Good Negro by A.J. Verdelle 8/12/2009

Instant Message the Library for Help

Got a question? Text or IM a librarian at the Main Library and get live help. Send an IM to the Evanston Library reference staff via the "Ask a question" box at www.epl.org/search, from our Facebook page, www.facebook.com/evanstonpubliclibrary, or any of the four IM services below. This service is available during regular Library hours.

AOL (AIM) : EPLRef Google Talk: EPLReference

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For more information, call the Reference Desk, (847) 448-8630.

Computer Training Classes

Computer Training Lab, 3rd floor, Main Library Learn to use the Internet at the library by taking our free Saturday morning classes, or coming to our Wednesday night drop in sessions. All classes meet in the 3rd floor Training Room. To register, call the Reference Desk at 847-448-8630

Career Counseling Offered at Main Library

Schedule a free half-hour consultation with a professional career counselor Jewish Vocational Service by calling the Main Library's Reference Desk at 847-448-8630 to reserve a time-slot. Sessions are the second Monday and the last Thursday of each month from 9 a.m. to noon, in the

Small Community Meeting Room on the first floor.

Free Ravinia Tickets for Book Lovers!

Share your opinions about our book reviews, or post your own at www.epl.org/booksmoviesmusic, our Teen Loft page, eplteen.wordpress.com, or goodreads.com/evanstonpubliclibrary and win a pair of free Ravinia lawn tickets! Either submit a review or comment on a review to be eligible. (1 pair of tickets per reviewer).

For details, call the Readers' Services desk, 847-448-8620 or the Loft at 847-448-8625

Online Computer Reservations

Library patrons can now book computers from home, either online or by phone. Reservations can be made up to two days in advance for all Internet computers on the second and third floors of the Main library except for the Accessible station and the computers in the Loft. If you are in the library, you can make a future reservation at one of the Reservation/Printing stations located on the second and third floors. You can also call the Magazines and Newspapers desk at 847-448-8635 during library hours to make a reservation.

Books on Wheels

Do you know someone who loves to read, but can't make it over to the Library? Sign them up for Books on Wheels! Evanston residents of any age who have difficulty coming in because of illness or disability may receive home delivery of books, movies or music from a volunteer. To register, or for more information, leave a message at 847-448-8618, or email booksonwheels@cityofevanston.org

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