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“Where Life Happens”

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Issue 18
June 12, 2009

REMINDERS OF MOSQUITOES AND WEST NILE VIRUS

The Skokie Health Department and the Evanston Health and Human Service Department works diligently each summer to monitor mosquito activity in the Villages in order to eliminate potential mosquito breeding sites. By doing so, this lowers the risk of West Nile Virus (WNV).

Although no positive mosquito pools have been detected and no human cases of WNV have been reported in Skokie in 2009, the Illinois Department of Public Health has confirmed a positive test for West Nile Virus from a pool of mosquitoes in Evanston, IL tested on May 11, 2009. Based on previous experience, mosquitoes carrying WNV will likely be identified in Skokie within the next few weeks.

Prevention is key to minimize the risk of mosquito-borne disease in our community. Property owners can eliminate mosquito breeding areas in the following manner:

- Remove standing water where mosquitoes can breed.
- Clean and maintain any catch basins that may be on the property.
- Change the water in birdbaths and plant pots at least once a week.
- Empty plastic pools at the end of each day and store indoors.
- Keep grass and shrubbery cut short. Adult mosquitoes accumulate in cool, shady areas.
- Keep gutters clean and free-flowing. Eliminate dips and low areas that collect water.
- Don't let water stand on flat roofs.

Most people infected with the virus will often show no symptoms or mild symptoms including fever, headache, body aches, skin rash and swollen lymph nodes. Severe infections can include headache, high fever, stiff neck, stupor, disorientation, coma, tremors, convulsions, muscle weakness, paralysis and rarely death. Symptoms generally occur three to 14 days following the bite of an infected mosquito. Anyone can get WNV, however, people over 50 years old or individuals with a weakened immune system have the highest risk of developing severe illness. If you experience any of these symptoms you should contact your personal physician.

Residents can reduce their risk of becoming infected by avoiding mosquito bites. Measures you can take to reduce your risk of being bitten include:

Avoid being outdoors when mosquitoes are most active, especially between dusk and dawn and use prevention methods whenever mosquitoes are present;

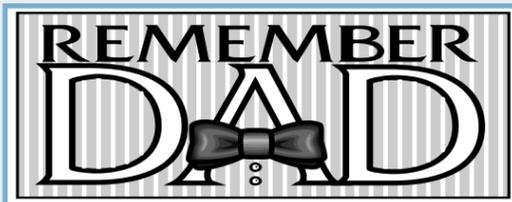
When outdoors, wear shoes and socks, long pants and a long-sleeved shirt, and apply insect repellent that includes DEET, picaridin, oil of lemon eucalyptus or IR 3535 according to label instructions. Consult a physician before using repellents on infants;

Make sure doors and windows have tight-fitting screens. Repair or replace screens that have tears or other openings. Try to keep doors and windows shut, especially at night; and

Citizens who observe a sick or dying crow, blue jay, robin or other perching bird should contact the Skokie Health Department, 847/933-8484 or the Evanston Health and Human Services Department at 847/866-2948 to collect the bird for testing. Historically, some birds have tested positive for WNV, and results from testing help to determine the extent of WNV activity.

For more information on WNV or to report potential mosquito breeding sites, please contact the North Shore Mosquito Abatement District at 847/446-9434.

HAPPY FATHER'S DAY



JUNE 21

WHAT MAKES A DAD

God took the strength of a mountain,
The majesty of a tree,
The warmth of a summer sun,
The calm of a quiet sea,
The generous soul of nature,
The comforting arm of night,
The wisdom of the ages,
The power of the eagle's flight,
The joy of a morning in spring,
The faith of a mustard seed,
The patience of eternity,
The depth of a family need,
Then God combined these qualities,
When there was nothing more to add,
He knew His masterpiece was complete,
And so, He called it ... Dad
Author Unknown

LOOK INSIDE FOR...

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Skokie Art Guild's 48th Annual Art Fair

Saturday, July 11th & Sunday July 12th

10:00 am to 5:00 pm

Beautiful Village Green, on 5200 block of
Oakton in Skokie (next to the library)



ORIGINAL FINE ART

CRAFTS AND JEWELRY

Live! Singer/Guitarist Steve Justman!

Face painting for the kids! Ice cream!



Free Admission - Plenty of Free Parking Available
Bring your Family, Neighbors and Friends!

www.skokieartguild.org

Get Skills, Get a Career at Computer Systems Institute

In a troubled economy everyone needs to find an edge when it comes to employment. Many people are finding that increasing their job-ready skills can be both a short and long-term solution to these difficulties. For people in the Chicagoland area, CSI is an excellent solution. We have four convenient locations in Downtown Chicago, Skokie, Gurnee and Lombard. CSI is in the business of creating opportunities for our students.

How do we create opportunities? CSI teaches every student the skills that the job market is looking for right now. Our focus is on high-growth fields, such as Computer Net-

working, Healthcare, and Business Administration. We understand that people come to school with one goal in mind – get a job that leads to a successful career. To do that, skills and certifications are required. We have created all-inclusive educational programs that will help make your dreams a reality.

CSI's experienced faculty and staff will take you from where you are



right now and, in only 8 months, transform you into a passionate and experienced professional. The kind of employee that employers are looking for.

In a bad economy affordability is always a question when considering an education. CSI has Financial Aid available for those that qualify

which will help you make the right investment in yourself. Our Financial Aid Department will sit down with you one-on-one and walk you through the process of applying for financial aid. And then the learning begins.

The educational experience at CSI

is like nothing you may have experienced before. You learn by doing, with a group of people like yourself, under the guidance of professional instructors. Our blended learning structure ensures that you won't be stuck in lectures all day, instead you will spend lots of time practicing what you learn. Our students prepare for industry certifications such as Microsoft, CompTIA and AHIMA. The costs of these certifications are included in your tuition so there are no extra costs, and exam prep classes, seminars and software are available at your fingertips!

We understand the financial difficulties you and other students face today and we are the only institution that pays a stipend for your academic success. You can earn up to \$800 while you are attending CSI!! Our students enjoy the atmosphere of a small school with all the services offered by large universities including the CSI Student Success Center, Student Services, Career Development Services, Social Events and much more.

By now you can probably tell how committed we are to our students! The first step to reaching your goals and celebrating your success is to contact the Admissions Department at 877-577-0237. (See our ad on page 12.)

In future editions we will be highlighting other local companies to enable you to...

Spend Locally and Save!

It is possible to pinch pennies and still have a good time! One easy way to trim budget bulge is to dine, shop, and play in our own neighborhood. A visit to your favorite local boutique, bowling alley, movie theater, and restaurant saves gas money and is more affordable than a trek to a downtown counterpart. Best of all, spending locally is a vote of confidence and an investment in the future health of our neighborhoods.



Visit us for neighborhood news at

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Go To our website at

www.ourvillagechicago.com

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sfh.reshealth.org

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For All of You, All of Your Life

Skokie People Speak

By Alfred S. Nathan

This new, periodic, column will contain the title, ideas and goals of my Comcast cable TV program, Skokie People Speak, which ended December, 2008, after a 15-year run and 251 shows. The articles will be about Skokie Village government, Park District, Library, Schools, and non-government organizations and, especially important, the people in charge. What makes Skokie such a wonderful place to live and raise your family? Why do people move here? What does the very diverse ethnic, cultural, racial, and religious mix mean to Skokie? What has been the long-term effect of our Council-Manager form of government? These and other questions will be explored. What better way to start than with our Mayor, Hon. George Van Dusen.

George Van Dusen was born and raised in Detroit. Growing up in modest surroundings, he, with his brother, played sand lot baseball in every spare moment. Playing with the Detroit Tigers became an unfulfilled dream. School played a secondary role, and he was conditionally admitted to the University of Detroit to which he commuted from home by streetcar. Four years later, in 1967, he graduated Magna Cum Laude! He then earned a Masters Degree followed by Doctor of Philosophy at Loyola University of Chicago in 1974 in American Political History. He taught history there and currently teaches American history at Oakton Community College. George was interested in politics and, in 1968, his first year in graduate school, he met Sidney Yates and helped his campaign for U.S. Congress. He was then employed by Rep. Yates in 1972 for 26 years, until Yates' retirement in 1999. He continued his graduate studies at the same time for two years to 1974. Working for Yates, including during time as Village Trustee, he gained invaluable experience as liaison to and working with municipal, state, and federal government officials, community organizations, and businesses. He was elected mayor of Skokie in April, 2001, after serving as elected Village Trustee for 15 years (from 1984 to 1999) and 2 years as appointed mayor when Mayor Jacqueline Gorrell resigned (1999 to 2001). As Trustee, he represented Skokie government on the Northwest Municipal Conference. This is a very important organization of 45 municipalities and 5 townships promoting intergovernmental cooperation of which Skokie is a member. He is current Chairman of the Solid Waste Agency of North Cook County. It is a group of municipalities for improvement of waste disposal.

Skokie is the only municipality in the United States with all of the following achievements: Certified Health Department and Nationally Accredited police, fire, and public works departments. Mayor Van Dusen has continued to build on Skokie's strong foundation, including fiscal responsibility with a AAA bond rating, no increase in property taxes for 18 years, major reinvigoration of downtown Skokie, a Skokie Swift station stop at Oakton in 2010, WI-FI in the Village Hall-library area, the coming commercial renovation at the southeast area of the Village, planned improvement on Dempster near the Swift, intersection-street improvement at Skokie Blvd. and Golf and Old Orchard Rd., and at the expressway and Old Orchard Rd., and other, major street improvements. A planned and much needed \$30,000,000 police station will be built on Niles Center Rd. just south of Howard. He has appointed outstanding, volunteer members to the many Commissions which report to him and the Trustees. Mayor Van Dusen attends very many events in his official capacity and sets an example of excellence and outstanding leadership.

One of the most dramatic events taking place in 2003 was the departure of Pfizer and thousands of employees from Skokie. This very large facility occupying several square blocks in downtown Skokie stood empty for two years until 2005 when it was purchased by Forest City as a science and technology park with a 5,000-employee potential. Congratulations and grateful thanks to our mayor for this major accomplishment! A future column will tell you how it all happened.

Mayor Van Dusen is married to Susan, who is famous in her own right as a TV and radio journalist and author of 3 history books for Skokie children. They have two grown children, David and Daniel. When they were young, he coached AYSO soccer, Little League baseball, and the Pony League. He loves baseball, especially the Detroit Tigers, and contributed to The Detroit Tigers Encyclopedia published in 2003. He enjoys running and has participated in a 26-mile marathon. He is a member of the Skokie Caucus Party and the Niles Township regular Democratic Party. He and Susan are members of Temple Judea Mizpah.

Feedback from readers is welcome at alfrednathan@sbcglobal.net. Watch next month for another, Skokie People Speak commentary.

2009 Starlight Concert Series Kicks Off June 18

Specializing in pan-ethnic party music with a touch of hip-hop, reggae and soul, Paul Cebar Tomorrow Sound performs at the first Starlight Concert of the 2009 season. The music begins at 7:30 p.m. Thursday, June 18, in James Park, Dodge Ave. at Mulford. In the season's second concert, local blues and soul outfit South Boulevard takes the stage at 7:30 p.m. Tuesday, June 23, in Harbert Park. Harbert Park is located east of the canal and just south of Dempster. A cover band, South Boulevard performs blues, soul and rock hits by Al Green, Otis Redding and more.

Both concerts are free and open to all. Bring a blanket, pack a picnic and enjoy the entertainment. In case of rain, performances will be moved indoors. If rain threatens, call 847-448-8058 after 4 p.m. the day of the concert for site updates.

The 2009 Starlight Concert Series includes 16 free concerts performed at four parks. For a complete concert schedule, go to www.cityofevanston.org/starlight. Starlight Concerts are presented by the City of Evanston's Cultural Arts Division and are partially supported by a grant from the Illinois Arts Council, a state agency. Sponsors include Chicago Reader, Chipotle Mexican Grill, Evanston RoundTable and Quince Restaurant and The Homestead.

Free Outdoor Concerts Rock On

Evanston's free Starlight Concert series rocks on with a performance by garage rock legends ? and the Mysterians starting at 7:30 p.m. on Thursday, June 25, at James Park, Dodge Ave. at Mulford St. The group will perform mega-hits from the 1960s. Then Milt Trenier steps out on stage at 7:30 p.m. Tuesday, June 30, in the first concert of the summer at Twiggs Park, Simpson St. at Dodge Ave. He is one of the famous Trenier Brothers, who helped link swing music to rock 'n' roll. In case of rain, concerts will be moved to indoor locations. If rain threatens on the day of a concert, call 847-448-8058 after 4 p.m. for the latest site information.

For information about future concerts, go to www.cityofevanston.org/starlight. Starlight Concerts are presented by the City of Evanston's Cultural Arts Division and are partially supported by a grant from the Illinois Arts Council, a state agency. Sponsors include The Homestead Hotel and Quince Restaurant, Chicago Reader, Chipotle Mexican Grill, and Evanston RoundTable.

Lincolnwood Parks & Recreation Concerts In The Park

Wednesday(s) June 17, July 22, August 19 6:00pm – 7:30pm
Proesel Park Shelter (Corner of Kostner & Morse) Lincolnwood, IL
FREE – Open to the Public

For more information contact the Lincolnwood Parks & Recreation Office at (847) 677-9740.

June 17th * Chicago Groove Collective

Led by international touring singer, band leader Matt Lewis, Chicago Groove Collective is one of Chicago's most dynamic bands. The band plays a diverse variety of music, including rock, Motown, R&B, funk, contemporary and jazz. The band performs throughout the Midwest and has performed at such events as Taste of Chicago.

St. Demetrios Church 60th Annual Greek Fest Seeks Crafters for our AGORA (Marketplace)

in our air-conditioned Miller Center. Booth set up with three eight-foot long tables plus two chairs. \$225.00 for all three nights. The deadline for reservation of space is **July 30, 2009**.

Fest Dates: Friday thru Sunday
August 21, 22, 23 5:00 - 11:00 p.m.

2727 West Winona - Chicago

We have large crowds that visit our Festival to eat, enjoy the company of family and friends and to dance under the stars along with entertainment, which we provide. Many activities for adults and kids.

For More Information Call (773)561-5992

FINDING HIDDEN HEART ATTACKS: SAINT FRANCIS HOSPITAL IS FIRST IN ILLINOIS TO DETECT HIDDEN HEART ATTACKS WITH NEW TECHNOLOGY

According to the American Heart Association, "silent" or "hidden" heart attacks affect more than three million patients, many of whom are left untreated.

Saint Francis Hospital in Evanston, Ill. has become the first and only hospital in Illinois to offer a new test for chest pain patients that will identify heart attacks that might otherwise go undiagnosed. The uniqueness of the new test lies in a disposable vest containing 80 electrocardiogram (ECG) "leads" that detect heart rhythm and blockages in 360-degrees of the heart.

Traditional ECG tests contain only 12-leads that are applied only to the front of a patient's torso and can not monitor electrical impulses in the back or side areas of the heart, which may have undetected blockages and may be the source of chest pain. With the new ECG test, in 10 minutes or less, physicians will know more about the patient and the patient's heart condition than ever before.

The new technology, called PRIME ECG®, provides physicians with a full 360-degree view of the heart's arteries, without surgical intervention, and can more rapidly and accurately identify closed arteries that might go unnoticed using traditional ECG equipment.

"The 80-lead ECG is the next step in advancing emergency cardiac care. Traditional tests do not detect all heart attacks or heart muscle damage or blockages in all patients. This test is an additional safeguard that can be used on patients experiencing chest pain who have tests that are otherwise normal," said Shahriar Dadkhah, M.D., a world renowned cardiologist and director of Cardiology Research at Saint Francis Hospital. Dadkhah is also a Fellow, American College of Cardiology.

According to Dadkhah, the test can catch about 20 out of 100 silent heart attacks which would otherwise go undetected with 12-lead ECG equipment.

Saint Francis Hospital is a Level I Trauma Center and has a long history of leadership and "firsts" in cardiac medicine and technologies. Saint Francis Hospital performed the first cardiac bypass surgery in the Chicago metropolitan area; it was the first Accredited Chest Pain Center in Illinois and is the only Accredited Chest Pain Center on Chicago's North Shore; it was the first hospital in Illinois to offer a specialized, 64-slice 3-D Computed Tomography (CT) test for the heart; and it was the first hospital in the U.S. Midwest to use the cardiac marker Troponin to diagnose heart attacks.

Saint Francis Hospital is a part of Resurrection Health Care, which was ranked in the nation's top 20 "Best Places to Work in Healthcare" by Modern Healthcare magazine. Resurrection Health Care is a family of health care services providing advanced medical care and exceptional customer service with compassion and hope. Our hospitals, nursing homes, retirement communities, home health services, behavioral health programs and numerous outpatient services are conveniently located in many Chicagoland neighborhoods.

Evanston Public Library

1703 Orrington Ave.
847-448-8600
www.epl.org

Readers Go Wild! Tuesday, June 16, 6-7:30PM at South Branch
The South Branch summer reading game kicks off with a "wild rumpus." We'll read "Where the Wild Things Are" and enjoy animal stories, crafts and snacks.

Share your opinions about our book reviews, post your own on our Books, Movies and Music page, our Teen Loft page or our GoodReads.com page and win a pair of free Ravinia lawn tickets! Either submit a review or comment on a review to be eligible. (1 pair of tickets per reviewer). For details, call the Readers' Services desk, 847-448-8620 or the Loft at 847-448-8625

The Library peregrine falcons were banded, sampled and named on Wednesday, May 27. Their names are: Deborah for Deborah Cohen, a dedicated caretaker of several generations of the Evanston peregrines; Aldo for Aldo Leopold, an American ecologist, forester, and environmentalist; Ean, the Gaelic name for bird; Elinor for Elinor Hoyt Wylie, American poet and novelist who wrote a poem titled "The Falcon." You can see falcon activity on the library home page by clicking on the FalconCam link.

All By Myself at Main is a special storytime for children who are ready to attend a story program without parents and younger siblings. We'll share stories, songs and crafts for these "big kids in training." The storytime is for children ages 3-5 is scheduled on Mondays, July 7, 13, 20 & 27, 10:30-11:10am, Children's Room, Main Library at 1703 Orrington Avenue. Registration required. Please register online, in person or call 847-448-8610.

Come celebrate Bastille Day at South Branch, 949 Chicago Avenue. We'll read Madeline and Babar and have croissants and jam on Tuesday, July 14, 6-7:30PM. For information, call 847-866-0333.

Monday Movies at the Main Library will feature *The Trap* (2008, 106 min. Serbia) on Monday, June 15 at 7 pm, Community Meeting Room, Main Library. This is a modern film noir reflecting the true face of Serbian "society in transition." It's a story that could happen to you. An ordinary man is forced to choose between the life and death of his own child. *The Trap* is a film about post-Milosevic's Serbia, in which there is no more war, only a moral and existential desert. This is Serbia in transition, in which human life is worth little, and normal life remains almost unreachable.

Friday Films at the Main Library will feature *Rebecca* (1940, 130 min. not rated) on June 19 at 3 pm, Community Meeting Room, Main Library. This atmospheric drama is filled with the presence of a character who never appears—Rebecca, the deceased wife of mysterious Max de Winter (Laurence Olivier). His second wife (Joan Fontaine), finds her married life at the ancestral estate dominated by the continuing influence and pervasive presence of her predecessor—until she learns the truth about Rebecca.

Brian Peterson reads from his new book, *Burning Fight: The Nineties Hardcore Revolution in Ethics, Politics, Spirit, and Sound*. Peterson evokes this unique era of hardcore and its synthesis of music and ideology, a powerful counter-cultural movement where change was just around the corner. The reading is scheduled for Saturday June 20th at 2pm in the Community Meeting Room at the Main Library at 1703 Orrington Avenue. No registration required and the event is free. For more information, call 847-448-8621.

Liberty Bank for Savings Hosts Trip to Central Illinois

On Wednesday, June 24 Liberty Bank and guests will take the LaSalle Canal Boat Tour and visit the Lock 16 Visitor's Center in LaSalle, IL. One of North Central Illinois' newest attractions, the tour will feature exhibits and multimedia about the historic Illinois and Michigan Canal. Guests will also enjoy a boat ride on a replica 1800s boat on the I&M Canal. The trip will also stop at the Starved Rock Visitor's Center and have a lunch buffet at Starved Rock Lodge.

The cost is \$66 and advance reservations and payment is required. Please call the Marketing Department at 773-489-4471, or visit Liberty's Resource Center on their Web site at www.libertybank.com for trip departure times and locations or to make a reservation.

Liberty Bank for Savings has been providing safe and secure banking service since 1898. The community bank, with offices on the northwest side of Chicago, in Park Ridge and Lincolnwood, celebrates its 111th anniversary in 2009. For more information call 773-489-4471 or visit www.libertybank.com.



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Lincolnwood Parks & Recreation **Step Aquanastics**

STEP in the pool is not just another gimmick; it's an alternative to land step and traditional aquatic exercise in one class. It will prove to be a creative and fun class. We will be using steps and noodles for this class.

Class #1 * June 14 – August 16 Sundays from 9:00 – 10:00am \$50 Resident, \$65 Non-Resident

Class #2 * June 15 – August 5 Mondays & Wednesdays from 11:30am – 12:30pm, \$65 Resident, \$81 Non-Resident

Lincolnwood Aquatic Center, 7155 Kostner Ave., Lincolnwood, IL Registration is required, for more information contact the Lincolnwood Parks & Recreation Office at (847) 677-9740.

Aquanastics

A variety of fun and fitness activities set to music. Water exercise is not only beneficial for body toning, but has therapeutic value for those who need a regular program of rhythmic movement. Tuesdays & Thursdays, June 16 – August 6 10:30am – 11:30am. Lincolnwood Aquatic Center 7155 Kostner Ave., Lincolnwood, IL \$65 Residents, \$81 Non-Residents Registration is required, for more information contact the Lincolnwood Parks & Recreation Office at (847) 677-9740.

Free Evanston Youth Fishing Program Continues

Once again this summer, young anglers, age 5 to 15, can grab a pole and fish for free on Saturday mornings at the pond in Lovelace Park, located on Gross Point Road at Thayer St. Sponsored by the Illinois Department of Natural Resources, this is a catch-and-release program designed to give youth a chance to experience firsthand the fun of fishing. Free equipment and bait are provided, and staff from the Evanston Ecology Center are on hand to offer their expert advice. This fishing program is held from 10 A.M. to noon every Saturday, May 2- Oct. 31. Children must be accompanied by an adult. Fishing licenses are not needed for those under age 16. For more details, call 847-448-8256.

New Oakton Continuing Education Courses

Register now for new continuing education courses offered by the Alliance for Lifelong Learning at Oakton Community College.

Mastering the Change Curve (PRO F10-31) explores ways to successfully navigate through transitions. Single session course meets 6:30 – 8:30 p.m., Wednesday, June 24, at Oakton's Des Plaines campus, 1600 E. Golf Road. Course fee is \$24.

Import Export Now (BUS A28-330) is an online course that offers insight from an international trade expert into the steps needed to trade worldwide. Course requires Internet access using Internet Explorer or Firefox Web browser. Nine-week course meets 8 – 10 a.m., Wednesday, starting June 24. Course fee is \$95.

Become Your Own Home Designer (HEC B36-31) covers interior design fundamentals. Students are asked to bring a notebook or drawing pad, pen, pencil, colored markers or pastels, and photos of the interior spaces to be transformed. Six-week course meets 7 – 8:30 p.m., Thursday, starting June 25, at Oakton's Skokie campus, 7701 N. Lincoln Ave. Course fee is \$99.

Silver Metal Clay: Small Sculpture Techniques (ART F06-31) teaches how to create small sculpture and mixed-media projects using .999 fine silver. Four-week course meets 7 – 9 p.m., Tuesday, starting June 30, at Evanston Township High School, 1600 Dodge Ave., Evanston. Course fee is \$159.

Joshua Bell (MUS C45-31) presents the life, times, and music of the contemporary classical violinist. Two-week course meets 7 – 8:30 p.m., Wednesday, starting July 1, at the Glencoe Park District, 999 Green Bay Road, Glencoe. Course fee is \$39.

For a complete Alliance for Lifelong Learning class schedule, including registration and fee information, visit www.oakton.edu/all, or call 847-982-9888, press 3.

Join the Lincolnwood Social Club

Are you tired of staying home? Would you like to do fun and exciting things? Do you want to make a few new friends? Then why not join the Lincolnwood Social Club 55+. You do not have to be a resident of Lincolnwood to join. We go to exciting places every week in addition to the numerous special events held at our Community Center. Give us a call and find out what we are all about, our number is (847) 677-9740. This is one phone call you won't be sorry that you made.

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Two bedroom apartments in a four-story
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Call **773-477-4160** to learn more!



SKOKIE ART GUILD

SEE OUR ART FAIR AD ON PAGE 1

Skokie Art Guild Artists' Individual Exhibits Showing May 15 thru July 31.

Marina Nemsetva - Oil Paintings
Bank of Lincolnwood
4433 W. Touhy Ave., Lincolnwood

Paula Smiles - Drawings
Devonshire Cultural Center
4400 Greenwood St., Skokie

FIGURE DRAWING WORKSHOPS

THURSDAYS -7:00 PM - 9:45 PM, SATURDAYS 10:00 AM- 1:00PM
Devonshire Cultural Center, 4400 Greenwood, Skokie
Live Models/No Instructor. Fees per session:
Skokie Art Guild Members \$12: non-members \$20. For information
call: Richard Wilberg 847-677-3461

Evanston Festivals Call for Artists

The City of Evanston is seeking artists for its two summer arts festivals, the Ethnic Arts Festival, July 18-19, and the Lakeshore Arts Festival, Aug. 1-2. Set against the scenic backdrop of Evanston's lakefront, both festivals are held in Dawes Park, Church St. and Sheridan Road.

The Ethnic Arts Festival is a juried festival open to all ethnic, folk and fine artists whose work expresses the heritage of a national, regional, tribal or language group. Exhibitor fees are \$240 and the nonrefundable jury fee is \$35.

Always held the first weekend in August, the Lakeshore Arts Festival continues to earn its reputation as one of the North Shore's premiere fine arts summer festivals. Also a juried event, it is open to all fine visual artists and crafters. Exhibitor fees are \$310 and the nonrefundable jury fee is \$35.

Artist applications for both festivals are now available online at www.city-of-evanston.org/arts. For more details, call 847-448-8260. The Ethnic Arts Festival and Lakeshore Arts Festival are produced by the City of Evanston's Cultural Arts Division and are partially supported by a grant from the Illinois Arts Council, a state agency.

Skokie Theatre Music Foundation



847-677-7761
7924 N. Lincoln Ave.
Skokie, IL 60077
www.skokietheatre.com



Plenty of free parking!

Group Rate Available

Ticket prices do not include service fees

Buy tickets online at www.skokietheatre.org

FOR KIDS - Summer Youth Program

Summer Youth Program Tickets are \$4 in advance and \$5 at the door. Niles Township residents only \$2 unless otherwise listed.

July 8 at 10:30 am My Dreams - Victor Pacini
July 15 at 10:30 am Jigglejam with Jodi Koplin
July 22 at 10:30 am Jeff Bibik - "The Magician"
July 29 at 10:30 am Magic That Quacks You Up from Steve Belliveau
August 5 at 10:30 am Pocket Circus - The Smallest Circus in the World
August 12 at 10:30 am Jeffrey The Great

POP/JAZZ/FOLK

June 14, at 2pm SAMASAMA PROJECT: Independence Day 111 Tickets are \$20 in advance and \$25 at the door.
June 14, at 7pm Beckie Menzie Has NO Standards Tickets are \$20 in advance and \$25 at the door.
June 17, at 1:30pm THAT'S AMORE - Jack Muiccio salutes America's great Italian Crooners Tickets are \$10.
June 21, at 2pm A Sentimental Journey - Laura Freeman's Tribute to Doris Day Tickets are \$20 in advance and \$25 at the door.
June 24 at 1:30pm The chairman and his board starring Peter Oprisko - The Music of Sinatra and friends Tickets are \$10
June 26 at 8pm Blood On The Tracks - Tribute to Bob Dylan Tickets are \$20 in advance and \$25 at the door
NEW June 27 at 8pm "Always On My Mind" a musical tribute to Elvis by Tony Bernard Tickets are \$20 in advance and \$25 at the door
June 28 at 2pm WHERE THE BOYS ARE starring Keely Nicole Tickets are \$20 in advance and \$25 at the door
June 28, at 7pm Marlene Muzik: A Tribute to Marlene Dietrich the Actress, the Music, the Desire with Suzanne Petri and Musical Director Bob Moreen Tickets are \$20 in advance and \$25 at the door

COMEDY

June 5-20 Mike Toomey's TV & ME Tickets are \$20 in advance and \$25 at the door. Showtimes: 6/5/09 8pm, 6/6/09 8pm, 6/12/09 8pm, 6/13/09 8pm, 6/19/09 8pm, 6/20/09 8pm

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July 11,12 - 18,19 · 8 & 2 pm THE ONE-MAN ONE-MAN PLAY FESTIVAL! Timothy Mooney presents TWO one man shows over two weekends, and you can see two of them in a single night! Tickets are \$20 in advance and \$25 at the door.
July 11 (8 pm) and 12 (2 pm) MOLIERE THAN THOU and CRITERIA(90 minutes later)
July 18 (8 pm) and 19 (2 pm) MOLIERE THAN THOU and CRITERIA (90 minutes later)

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GREAT OUTDOORS



Coleus

by Nick Urhausen

Coleus is an annual plant which is valued for its showy foliage rather than its flower. This fact makes coleus a little unusual. Coleus, however, are very versatile, wonderful plants with a variety of uses. There are always many questions about where and how tall coleus will grow. In order to answer those questions we must start from the beginning.

There are two main types of coleus. These two types are distinguished by how they are propagated or reproduced. One type of coleus is produced from seed. This means that one sows a seed, it germinates, and grows from a seedling to a mature plant. Therefore we will call this type of coleus "seed coleus."

Seed coleus grows exclusively in the shade. It can take a little early morning or late afternoon sun, but generally the hot mid-day sun in the heat of the summer will be too much for it. This coleus grows to a height somewhere between 10" - 14" tall depending on the location, watering practices, and fertility of the soil. This type of coleus is almost always sold in a flat and not in a pot.

The second type of coleus is produced from cuttings. To propagate another plant, one takes the top piece of one of the stems, cuts it off, and roots it in a sterile media. The main characteristic of this type of coleus is that it will grow, and even thrive, in the sun. Therefore this coleus produced from cuttings is called "sun coleus." Here is where some confusion lies: sun coleus will thrive in the sun, but it also thrives in the shade. That is why sun coleus is the more versatile coleus of the two.

Another special quality of sun coleus is the extensive array of colors its leaves can have including yellow, rose, green, red, pink, purple, orange, and all combinations of these colors. There is a sun coleus for you no matter what your favorite color is, or what mood you would like to create. For some varieties, the more sun these coleus receive, the more vibrant their colors become. And yet another special quality of sun coleus is how big it grows. Most varieties can grow from a simple plant in a 4 1/2" pot into a bushy, full 24" tall by 14" wide plant over the course of a summer. (This is one reason why sun coleus is only grown in 4 1/2" or larger pots, and not grown in flats.) One way to tell how tall a sun coleus will grow is to look at the shape of the leaf. The broad, flat leaf varieties tend to grow the tallest, 24" while the smaller, serrated edge varieties tend to stay more compact - 16".

Both types of coleus are very useful in the garden, and the colorful leaves never fail to attract attention. Amongst gardeners, there are many enthusiasts who are fans of one color combination or the next. Most people wouldn't believe that a plant which is grown for its showy foliage would ignite such passions amongst gardeners worldwide.

Urhausen Greenhouses is located at 6973 N. East Prairie Road in Lincolnwood. Their phone number 847-675-1573. urhausengreenhouses.com

VILLAGE OF SKOKIE DOCUMENT DESTRUCTION EVENT AT FARMERS MARKET

The Consumer Affairs Commission will host a document destruction event on Sunday, June 28, 2009, which will be on the opening day of the Skokie Farmers' Market. The event is sponsored and underwritten by First Bank and Trust of Skokie and Cintas Corporation, who will provide the truck and the paper shredding equipment. Proper destruction of documents such as residentially-generated paper, medical forms, bank statements, personal files, retired tax forms, etc. prevents identity theft. No materials from businesses, schools or institutions will be accepted.

The event will be held from 9:00 a.m. to 1:00 p.m. in the Village parking lot on the east side of Floral Avenue, next to the Skokie Historical Museum. The Skokie Consumer Affairs Commission is a volunteer commission. For more information on the Skokie Farmers' Market or this event contact Terry Oline, Market Master at 847/933-8224.

Rent a Boat or Kayak in Evanston and Sail Lake Michigan

This summer, sailboats and fishing kayaks will be available for rent by the hour, the day or the season at Evanston's Dempster St. Beach. The times watercraft may be rented are 3 to 7 p.m. Mondays-Fridays and 11 a.m. to 6:30 p.m. Saturdays and Sundays, beginning June 13. Kayak rentals start at \$25/hour for Evanston residents; sailboat fees start at \$30/hour for residents; and Hobie 16' rentals start at \$40/hour for residents. Multiple-hour discounts are available as is a reduced-fee punch pass option. Season rental (a maximum of two hours on a single day) is \$600 for residents. Nonresident adults may also rent boats, but fees are higher. Life vests are provided free for all passengers. Reserved for adults age 18 and older, all rentals are handled at the Dempster St. Beach office, which is now open daily. A valid driver's license and credit card are required to rent boats. For more information, call the beach office at 847-866-4167.

LOCAL FARMERS' MARKETS

LINCOLNWOOD

Beginning Thursday, June 4, the Lincolnwood Parks and Recreation Department will be operating Lincolnwood's 3rd Annual Farmers Market. The market will run every Thursday through August 20th, between the hours of 8 am - 1 pm, at St. John's Lutheran Church, 4707 W. Pratt Avenue. This location was chosen because of its visibility from Pratt Avenue, accessibility of parking, and neighborhood location.

The goal of the Lincolnwood Farmers Market is to offer an event that brings residents and the business community together, while offering the opportunity for individuals living and working in Lincolnwood to buy fresh produce and natural products. Our vendors will set up displays that may include fruits, vegetables, bread, pastries, cheese, flowers, honey, and more.

Thursdays, June 4 - August 20, 8:00am - 1:00pm St. John's Lutheran Church, 4707 W. Pratt Ave., Lincolnwood, IL FREE - Open to the Public

For more information contact the Lincolnwood Parks & Recreation Office at (847) 677-9740.

EVANSTON

Date: Saturdays, May 16 - Nov. 7, 2009 Time: 7:30am to 1pm

Place: Intersection of University Place and Oak Avenue

Enjoy the bounty of Midwest farmers every Saturday throughout the summer. For over 30 years, the Evanston Farmers' Market has been a crowd-pleaser with 30+ vendors of fruit, vegetables, meat, flowers, cheese and bakery items. Now We're Cookin' and Home Grown Artists are going to be at the Market certain Saturdays throughout the summer. Free parking is available in the Maple Avenue Parking Garage. Senior coupons for Farmers' Markets are available through the Commission on Aging.

SKOKIE

Visit the "Best on the North Shore" Skokie Farmers' Market held on Sundays beginning Sunday, June 28 through Sunday, October 25. The market is open from 7:30 a.m. until 12:45 p.m. Arrive early for the best selection. The market is conveniently located in the Village Hall parking lot, 5127 Oakton Street. The Skokie Consumer Affairs Commission, a volunteer commission, hosts the Skokie Farmers' Market. For more information on the Skokie Farmers' Market, contact Terry Oline, Market Master at 847/933-8224 or visit www.skokie.org.

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"A Theatre Review"

"Hedda Gabler"

Raven Theatre

6157 N. Clark St., Chicago, Illinois

Reviewed by Richard Allen Eisenhardt

Over the years there have been many adaptations of Henrik Ibsen, "Hedda Gabler." Michael Menendian, the founder and artistic director of the Raven Theatre which is celebrating 25 years has chosen to go with the adaptation of Jon Robin Baitz which he is directing. And it is a blockbuster production that is well worth going to see.

the show is set in the home of Hedda and George Tesman played by MacKenzie Kyle and Ian Novak in Christiana, Norway. The show runs two hours and 15 minutes with intermission.

Others in the strong cast of 7 are Ian Paul Custer as Eilert Lovberg, Claudia Garrison as Berta the Tesman Maid, JoAnne Montemurro as Miss Julie Tesman, Symphony Sanders as Mrs. Elvsted and Jon Steinhagen as Judge Brack.

While Ibsen was a 19th Century playwright, the show is set in the time period of the 1930's.

While the show offers its share of humor, Hedda is dominated by jealousy and control. Hedda lives her life a prisoner bound by tedium and lack of inspiration. Kyle as Hedda gives a strong performance as does Novak as her husband George. Montemurro as Aunt Julia plays her role graciously and without frills.

Hedda will stop at nothing to ensure her security rarely being true to anyone other than herself.

She destroys Lovberg's manuscript and when George finds out he is in a rage which all leads to Hedda's tragic end.

Jon Steinhagen is strong as Judge Brack the two-faced family friend.

Hedda Gabler runs through June 27. Tickets are \$25 with a \$5 discount for students and seniors. For performance dates, show times and reservations call 773-338-2177.

"Once on this Island"

Porchlight Music Theatre at the Theatre Building

1225 W. Belmont Avenue, Chicago, Illinois

The Porchlight Music Theatre is ending its 2008-2009 season with "Once on this Island" that ran for 487 performances in New York. The show runs 90 minutes and is based on Rosa Guy's novel "My Love, My Love."

The show for most theatres that do productions have it set on a Caribbean island as the author of the novel was from Trinidad.

The show for Porchlight Music Theatre that is under the directions of Mark Lococo is now set on the streets of New York City. Mr. Lococo is an excellent director who is associated with the Apple Tree Theatre in Highland Park.

The musical is a love story about a poor girl Ti Morine who has affections for Daniel who comes from a wealth family. Ti Morine also has support from the island gods.

The show offers such songs as "Why We Tell this Story," "When We are Wed," "One Small Girl," "Mama Will Provide" and "Forever Yours" that are a few from the show by the talented Lynn Ahrens and Stephen Flaherty.

Melanie Brezil who plays Ti is a beautiful young performer who has a great future ahead of her. Other quality performances are given by Caitlaine Rose Gureri, Jayson Brooks and Louis Herrera.

Euralie has brought Ti up but points out the impossibility of their different classes but the pair do become lovers. However there is a problem when Daniel realizes his responsibilities to his bride to be when the rich Andres Deverous makes the announcement his engagement at a Grand Hall. When Papa Gee arrives to claim Ti, he tells her only by killing Daniel can she escape the Devil's bargain.

I suggest you see the show to find out how this all turns out.

"Once on this Island" runs through June 28. For performance schedule, dates and reservations call 773-327-5252. Tickets are \$37.00.



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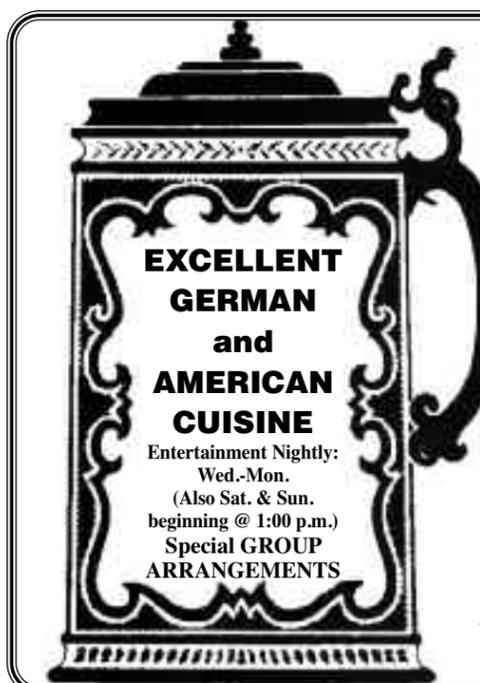
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Chester M. Przybylo

Death and incapacity are natural parts of the process of life. We are born; we grow up; we may experience incapacity; and we eventually pass away. Along the way, we develop our values and accumulate assets and experiences. Sure, when we die, we want to pass along our assets to our family while paying the least possible taxes, but, what is most important is passing along our lifetime of values and experiences.

A new paradigm in estate planning is emerging, Legacy Planning. This al-

lows your plan to consider everyone and everything that is important in your life. It considers not only how much money and assets you are going to leave to your family, but also your life story, your goals, your experiences, and your values.

The heart of Legacy Planning is a Family Wealth Trust. This Trust leaves your tangible assets to your family. You may choose to leave the assets in the Family Wealth Trust so that your beneficiary has the ability to withdraw all the assets at any time, called an Access Trust for the beneficiary. While an Access Trust may provide divorce protection, it does nothing to protect against other creditors. However, you may also choose to leave the assets in your Family Wealth Trust so that your beneficiary is protected from the risks of potential future creditors by leaving the assets in a continuing discretionary Trust, sometimes called a Sentry Trust for the beneficiary. With a Sentry Trust another person is the Trustee and makes decisions regarding when it is appropriate to make distributions to the beneficiary. This allows the Sentry Trust to protect your beneficiary from the many perils and pitfalls of life, even if you cannot be there to protect them yourself. For example, if your daughter is a physician and is sued for malpractice, the assets which you left for her in the Sentry Trust would not be in jeopardy.

In addition, a Legacy Plan includes Powers of Attorney for financial matters and health care matters, as well as a "HIPAA" power which ensures that those in need (whom you designate) have access to your health information. Perhaps most importantly, the Legacy Plan incorporates the My Legacy Workbook, in which you can share treasured memories, cherished values, and hard-earned lessons which you wish to preserve and pass on for those left behind.

You have more to share with your family than the things which you have accumulated during life. Legacy Planning recognizes that your most valuable possessions may be the values and life lessons you have to share...because the best things in life aren't things.

An estate planning attorney experienced in Legacy Planning can help you develop a plan that meets your needs and which your family will cherish for generations to come.

Chester M. Przybylo has been elected to the Board of Governors of the prestigious American Academy of Estate Planning Attorneys and has been engaged in the practice of law for the last 40 years. For more information or to attend an upcoming seminar, call (773) 631-2525.

Tips for a Successful Job Interview

By Tammy Cook

When you submit a resume, chances are the employer will have a stack of equally appealing resumes sitting on his desk. The competition is fierce for both full-time jobs and part-time jobs; so what, other than a well-orchestrated resume and cover letter, is going to land you that perfect position?

The fact is, there is much more to selling yourself than simply having a successful work history and adequate computer skills. There are a number of personal attributes that will never show up on a resume, but may truly be the difference between a job offer and the unemployment line. It is up to you, during your interview, to touch on some of the intangibles that are often difficult to include within the confines of your resume. Below are some points which will help lead you to a successful job interview.

TEAMWORK. Nobody ever lost a job offer by giving others credit where credit was due. Including the terms "my team" or "I worked with the ad reps to create a..." during your interview will not only give you the chance to discuss an achievement, but will also evoke the spirit of a team player. Take the time to explain your key role in the success of the team.

STRONG WORK ETHIC. It is incredibly valuable to mention in an interview, in a nonaggressive way, the times when you went the extra mile to complete a project. When asked about a success, you could amend your story about hammering out a 100 page financial projection by including the fact that you were on a three-day deadline and worked 13-hour days to get it completed. Employers appreciate people who are willing to go the extra mile to deliver results for their company.

DETAIL ORIENTED. This topic covers several related valuable characteristics like critical thinking and analytical skills. Have you caught a misplaced decimal point in an accounting spreadsheet that saved your company a boatload of money? Did you catch the misspelling of "Milwaukee" before the Wisconsin office sent its new brochure to press? Highlighting several examples of your eye for detail will underscore your abilities go beyond a standard job description.

SELF-CONFIDENCE. No matter how great you look on paper, it is vital to be assertive in your self-advocacy, while not projecting yourself as pompous or egotistical. Speak clearly, maintain comfortable eye contact and don't be afraid to take honor in your past successes.

TACTFULNESS. So you despised your last employer and felt the company's business plan was a blueprint for failure. While any of these things certainly might be factual, is it wise to mention them during your interview? Absolutely not. Answering the inevitable "Why did you leave your last job?" question can be a veritable minefield, but it is important to toe the line between truth and respectfulness... even if your last boss was a total jerk. This is actually a great opportunity to project your worth as both an A-One employee and a diplomat. "I had been my team's top producer for the last three quarters of my tenure. Unfortunately, my department experienced a great deal of downsizing. I really value my time there and am proud that I left in good-standing."

Practice incorporating these suggestions and techniques into conversations before your next interview. And one last interview tip: Don't forget to smile.

Tammy Cook is the owner of 10 til 2 - The Part-time Placement Service - Chicago North Shore. (See our ad on page 6.)



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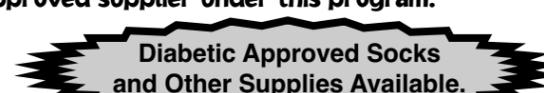
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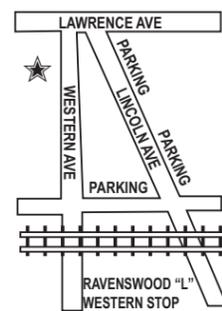
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Busy Poodle

By Bosley

I must apologize to all my loyal furry friends. I know that my articles have been few and far between. But, you will forgive me because you understand that my Human needed my help (I know, they always need our help, but sometimes she requires a lot of attention from me.) She has been busy planning and organizing her open house, and of course who do you think was the star attraction? Me naturally, so I have been busy! Thanks to everyone who came out to see me at the open house; I meet a lot of new fans..er..friends!



Dog Food Continued

To recap from my last article; did everyone read their bag of dog chow? What are the first 5 ingredients? You had plenty of time to do this so I am hoping everyone can follow along. Basically we are what we eat, if we eat nothing but "junk" we will be unhealthy. We also develop ear, eye, skin irritations or allergies. The better quality of food equals the healthier the dog! Sounds simple enough, but those wonderful Human's of ours are tricked by advertising. Just because a food company advertises a lot and says their food is great, doesn't necessarily mean that it is. Note: when reading the ingredients, the first one listed is the greatest quantity of that item in the food.

The Very Hungry Bosley

This article from Bosley will be continued next issue...

For more information check out www.dogfoodproject.com

Submitted by Bosley's mom, Nicole Carfora, CMG, owner of Canine Corral.

THE ANTI-CRUELTY SOCIETY IS CELEBRATING ADOPT A CAT MONTH IN JUNE

We have the Purrrrr-fect kitty for you!

Cats are very special pets! They are playful, loving, loyal, and low-maintenance, with wonderful personalities.

Cats love attention – They come when they are called (if they feel like it). They greet you at the door after a long day at the office, only to say they've missed you. They listen to anything you say and answer it with a gently purr or a calming meow. And you can even teach them tricks!

Cats are easy – They don't need to be taken out at 6 a.m. in the freezing cold winter weather, only to be walked six blocks, while you beg them to do their duty. And they definitely don't need wardrobes!

Cats love you back – You love them. They love you back. Simple as it may sound, they love you unconditionally. Particularly the adopted ones that know what it's like to not have a home. And it makes you wonder, who rescued who?

The Anti-Cruelty Society has many wonderful cats that are looking for a forever home. Help us celebrate Adopt a Cat Month in June and adopt one of our very special cats! And if you already have a cat, visit Charlotte's Cat Corner for a very socialized kitty to befriend your cat.

Did you know:

Most cat owners have more than one cat

There are 75% more cats in shelters than dogs

All About Dr. Peter S. Sakas

Continued from last issue

Over the past year, Dr. Peter S. Sakas, DVM, MS, owner of Niles Animal Hospital & Bird Medical Center at 7278 N. Milwaukee Avenue, has been sharing with us and our readers a wide range of information on a variety of topics pertaining to the treatment, health and well-being of our pets. Now we thought you should know a little about the man himself.

Dr Sakas lectures frequently to veterinary associations, veterinary colleges, bird clubs, wildlife organizations and avicultural groups. He has lectured at University of Illinois College of Veterinary Medicine for over 23 years conducting various guest lectures and labs in avian medicine. He has also lectured at Veterinary Colleges at Minnesota, Wisconsin, Iowa (Iowa State), Indiana (Purdue) and Ohio (Ohio State). He regularly lectures at Parkland College about avian medicine for the veterinary technician students. He has lectured at national and regional veterinary meetings including the AVMA (American Veterinary Medical Association), SCAVMA (Student Chapter of AVMA) Convention, AAHA (American Animal Hospital Association), Missouri State Veterinary Association, Wisconsin State Veterinary Association, Minnesota State Veterinary Association and others. He regularly lectures to bird clubs and aviculture conventions locally, throughout the Midwest and nationally. He has also lectured at the International Wildlife Rehabilitator Association Meetings and conducted wet labs (hands on experiences for attendees).

Dr Sakas is dedicated to education and has been actively involved with local high schools and their practicum programs, whereby students get experiences in field of their interest. These students are able to spend time at the practice and see what is involved with a career in veterinary medicine. He frequently will speak at career day programs at various junior high schools and high schools as well.

Dr. Sakas has written numerous articles related to various aspects of dog/cat care, wildlife, avian medicine and pet bird care. He contributes to various bird club question and answer sections or articles for their newsletters. Many of his articles can be viewed on a wide variety of avicultural web sites as well. He has authored the avian section of American Animal Hospital Association's publication, Exotic Formulary. He is also the author of book, "Essentials of Avian Medicine. A Guide for Practitioners" second edition (2002), also published by AAHA. He has contributed to other avian books as well. He is on the editorial board for Veterinary Forum Magazine and was a contributor for Pet Veterinarian Magazine. He also is a regular columnist for this newspaper with columns covering a wide range of pet related topics.

He has served (and is still serving) on the boards of several veterinary organizations and has held directorships for various humane and wildlife associations. He is on the advisory board for Phi Kappa Psi Fraternity at Northwestern University and is the editor of the alumni newsletter. He is active in various community activities, including serving as a Little League Manager for several years. He is married with a daughter and son. His household is controlled pandemonium with eleven pets, including dogs, cats and birds.

We thank Dr. Sakas for his valuable contributions to our community and for allowing all of us to benefit from his extensive expertise. Dr. Sakas, who is committed to education, will continue to provide articles for us. Watch for the upcoming issues of Our Village, Street Level and Village Ivy. Dr. Sakas may be reached at 847-647-9325.

9th Annual Wooftop Party and Adopt-A-Thon

Saturday June 13, 12:00 PM - 4:00 PM

This dog days of summer fun fest features a KISSFM Adopt-A-Thon, food, refreshments, dog and human games, raffles, Denise Zak, Pet Psychic, Doggie Massages and much more. The event takes place on the upper levels of The Society's parking garage with a great view of the City's skyline, 169 W. Grand Ave, Chicago. \$20 Adults, \$5 for Children includes food and fun (Adopt-A-Thon is free). For more information call Emily Ledergerber (312)644-8338 ext. 319.

Evanston Dog Beach Now Open

Evanston's dog beach, located north of the Church Street boat launch facility, opened for the 2009 season on Friday, May 1, and will remain open through Oct. 31. Hours are 7 a.m. to 8 p.m. daily. All dogs using the beach must have a pass. The fee for a 2009 dog beach pass is \$50 per dog owned by an Evanston resident and \$100 per dog owned by a nonresident. Applications for dog beach passes as well as dog beach rules and regulations are available at the Civic Center, 2100 Ridge Ave., or on the City's Web site at www.cityofevanston.org. Before obtaining a dog beach pass, owners must show written proof that their dogs are current on their vaccinations and have been examined within the past year for any communicable diseases. In addition, dogs must be currently licensed in Evanston or the city where the dog lives. For more information, call 847-866-2900.



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Village of Skokie Home Delivered Meals

The Village of Skokie Human Services Division offers a Home Delivered Meals program. This is one of many services the Human Services Division provides to support and assist persons in the community with an illness or disabilities. The program ensures a nutritionally balanced meal five days a week. The cost is \$4.75 per meal.

Participants in the Home Delivered Meals Program receive one hot meal daily, Monday through Friday that is delivered by caring and committed volunteers. The meals are delivered between 11:30 a.m. and 12:30 p.m.

To be eligible for the program the applicant must be:

A Skokie resident

Homebound

Unable to prepare hot meals

Please contact the Human Service Division at 847/933-8208 for further information.

Skokie TeenLink Program

The Village of Skokie offers the TeenLink program that unites Skokie residents who are in need of outside seasonal yard work, including snow shoveling, raking and lawn care with teens who are available for hire to do the work.

The TeenLink program list provides contact information for Skokie teens available to do seasonal yard work. The list includes the name and address of the teen, days available, type of work they are willing to do and their expected rate of pay. Residents can receive the list by mail or email.

The resident is responsible for contacting the teen and for making financial and scheduling arrangements.

If you would like the TeenLink contact list please call the Village Manager's Office at 847/933-8210. Skokie teens can also complete an application to be added to the TeenLink program by contacting the Village Manager's Office or visiting www.skokie.org to download an application.

Bike to Work Week and Bike Commuter Stations Take on the Bike Commuter Challenge

Go helmet-to-helmet with other Chicagoland companies in the 2009 Bike Commuter Challenge. Businesses compete to be the greenest and healthiest by having the highest percentage of employees bike to work during Bike to Work Week, June 13-19. Employees can bike their entire commutes every day or bike once to the train station – it's that easy. It's the perfect time to try out commuting by bike. Active Trans will support you with bike to work guides, presentations, motivational materials and more. Sign up for the Challenge at www.activetrans.org/commuterchallenge.

Bike Commuter Stations and Bike to Metra

Celebrate your two-wheeled commute – fuel up with free air, goodies and coffee at a Bike Commuter Station on your way to work during Bike to Work Week, June 13-19. See a complete listing of Bike Commuter Stations in the City of Chicago and at suburban Metra stations.

For more information Active Transportation Alliance | 9 West Hubbard St. #402 | Chicago, IL 60654 | 312.427.3325 <http://www.activetrans.org/>

Village Cooking Corner

TREAT DAD TO THIS BREAKFAST ON FATHER'S DAY!

Egg-Sausage Casserole

Serves 8-10

9 eggs

3 cups milk

1 1/2 tsp. salt

3 slices bread (remove crust and break into pieces)

1 lb. bulk pork sausage

1 1/2 tsp. dry mustard

1 1/2 cups shredded cheddar cheese

Brown sausage - pour off grease. Tear bread into pieces. Mix but do not beat eggs - add milk, salt, mustard and broken bread pieces.

Add cheese and sausage. Pour into greased casserole.

Cover and store in refrigerator overnight.

Bake 350° oven for 1 hour.

From the Kitchens of Rose Suter

Skokie Bicycle Registration

Don't forget to register your bicycle with the Village to assist in the return of lost or stolen bicycles. To register your bicycle free of charge, simply complete a bicycle registration form for each bicycle you own. The form includes a description of the bicycle, serial number, type and brand of bike.

If a lost bike is found and returned, the information you provide by registering your bicycle will greatly help the Police Department in identifying the rightful owner and expedite its return to you.

Forms are available at the Village Clerk's Office at Village Hall, 5127 Oakton Street, or at the Skokie Police Station, located at the intersection of Laramie Avenue and Main Street. For more information, contact the Skokie Police Department at 847/982-5996.

Please be reminded that all bike riders in the Village of Skokie under the age of 16 must wear a helmet.

Appliance Rebate Program

According to ComEd, most second household refrigerators or freezers are 15 years or older and use up to five times more electricity than newer models. That means you could be wasting as much as \$150 a year in electricity.

For a limited time, through ComEd's Smart Ideas for Your Home Program, Com Ed will pay you \$25 for your old working refrigerator or freezer, pick it up for free and recycle it in an environmentally-responsible way. ComEd also will pick up and recycle old working room air conditioners when they come to collect your old refrigerator or freezer. This program is limited to two large appliances (refrigerator/freezer) and one room air conditioner per customer.

To qualify for this program, you must be a ComEd residential delivery service customer and your refrigerator or freezer must meet these minimum requirements:

Must be in working condition

Must be between 10 and 30 cubic feet in size

Accessible with a clear path for removal by contractor

Room air conditioners will only be picked up in conjunction with a refrigerator or freezer.

More information about the program is available from ComEd's website, comed.com/homesavings/programs/incentives/appliancerecycling.htm.

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